

Mountain Youth

2023 Healthy Kids Colorado Survey Executive Summary

Background:

The Healthy Kids Colorado Survey (HKCS) collects anonymous health information from middle and high school students throughout the state and is used to better understand youth health and the factors that help young people make healthy choices. This report includes the weighted results from the 2023 HKCS and represents students that participated in the survey in the Eagle River Valley. The HKCS is supported by the Colorado Departments of Public Health and Environment, Education, Human Services, and Public Safety, and is administered by the Colorado School of Public Health (CSPH).

The questionnaire measures comprehensive health topics for adolescents including safety, violence, bullying, mental health, substance use, sexual health, nutrition, physical activity, and risk and protective factors related to adverse health outcomes. Teachers and trained volunteers provide instructions to students emphasizing the anonymous and voluntary nature of the survey. Parental/guardian consent procedures are followed according to each district's guidelines, with advance notification of the administration. Parents/guardians may choose not to allow their child to participate, and students may also decline participation.

There have been nine administrations of the HKCS in Eagle County: 2007, 2009, 2011, 2013, 2015, 2017, 2019, 2021, and 2023. It is important to note that while Eagle County includes the towns of El Jebel and Basalt, located in the extreme southwest part of the county, youth from these communities are served by Roaring Fork School District and are not included in the Eagle County survey sample.

Participating middle schools: Berry Creek Middle School, Eagle County Charter Academy, Eagle Valley Middle School, Gypsum Creek Middle School, Homestake Peak School, Vail Mountain School, Vail Ski and Snowboard Academy (VSSA), Zealous School - Eagle

Participating high schools: Battle Mountain High School, Eagle Valley High School, Red Canyon High School - Edwards, Red Canyon High School - Gypsum, Vail Christian High School, Vail Mountain School, Vail Ski and Snowboard Academy (VSSA)

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This report is broken down into each health measure provided by the Healthy Kids Colorado Survey. Each section contains all questions asked along with averages and descriptions of notable differences across demographics. The label MS indicates that the question was asked to middle schoolers, and the label HS indicates that it was asked to high schoolers. Some questions contain both labels. Some demographics were not included because there was not a large enough sample size.

Each health measure contains a trend analysis graph and summarized findings as well as a 'key takeaway' section summarizing the findings by demographics for 2023.

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Disclaimer: The results contained confidence intervals that varied greatly across demographics and questions. Each value provided below is an average. These values do not necessarily reflect the true population. Proceed with interpretations and conclusions from the data cautiously and refer to the official data and confidence intervals for a more detailed analysis.

Demographic	Middle School Number	Middle School Number/Total Sample	High School Number	High School Number/Total Sample
Participants				
Total	1251	100.0%	2069	100.0%
Gender				
Female	542	44.2%	952	46.8%
Male	648	52.9%	1036	51.0%
Genderqueer/Nonbinary	18	1.5%	23	1.1%
Not Sure	13	1.1%	13	0.4%
Other	4	0.3%	9	0.6%
Grade				
6th or 9th Grade	414	34%	557	27.7%
7th or 10th Grade	388	31.8%	488	24.2%
8th or 11th Grade	417	34.2%	503	25%
12th Grade	N/A	N/A	466	23.1%
Race/Ethnicity				
White	463	39.5%	932	46.4%
Hispanic/Latinx	513	43.8%	794	39.5%
Black/African American	17	1.5%	24	1.2%
East/Southeast Asian	3	0.3%	14	0.7%
South Asian	6	0.5%	3	0.1%
American Indian/Alaska Native	21	1.8%	5	0.2%
Native Hawaiian/Other Pacific Islander	3	0.3%	2	0.1%
Middle Eastern/North African/Arab	1	0.1%	2	0.1%
Multi-racial	131	11.2%	218	10.9%
Other	14	1.2%	14	0.7%
Sexual Orientation				
Heterosexual (Straight)	954	84.7%	1745	88%
Bisexual	50	4.4%	86	4.3%
Gay or Lesbian	18	1.6%	39	2%
Asexual	6	0.5%	20	1%
Not Sure	69	6.1%	50	2.5%
Other	10	0.9%	17	0.9%
Gender Identity				
Cisgender	1133	95.4%	1924	96.2%
Transgender	18	1.5%	34	1.7%
Not Sure	37	3.1%	42	2.1%

*The higher the response rate, the more confidence that the results represent your student population. For response rates less than 60%, results should be interpreted with caution.

Driving Safety:

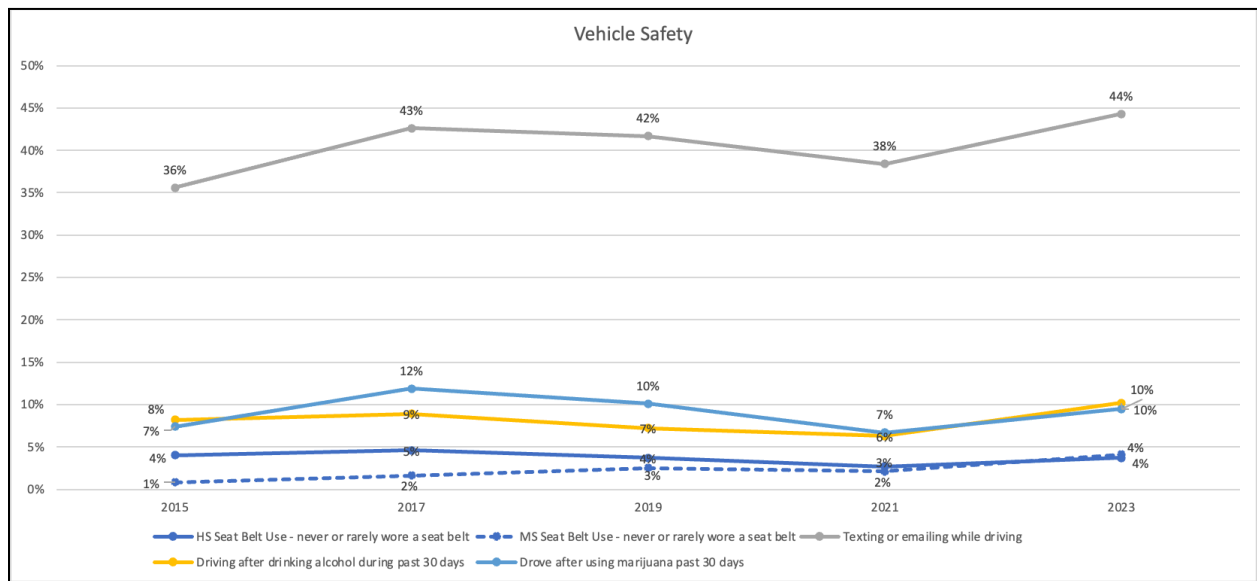
This section focuses on youth driving and passenger behaviors.

Key Takeaways:

1. The number of youth driving distracted by technology increases about 57% from 9th grade to 12th grade.
2. Seatbelt education should be focused on 9th graders, especially Males.
3. There is a significant increase in youth driving under the influence of Marijuana from 9th to 12th grade, especially Males.

Historical Trends:

In 2023, more youth are reporting driving in the past 30 days while texting or emailing while driving, as well as driving after drinking alcohol. Youth reporting driving after marijuana use in the past 30 days is rising, after many years of declining, in alignment with those who drove after drinking alcohol. The percentage of youth who never or rarely wore a seat belt remains consistent for high school youth but is slightly increasing for middle school youth.



Key results by question:

MS/HS: Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else.

- Average is 4.1% in MS and 3.7% in HS.
- Highest percentage is from 9th grade students.
- Slightly more Hispanic/Latinx students and fewer White students.

- In HS, twice as many Male students (4.8%) than Female students (2.3%).
- Twice as many Bisexual students (6.9%) than Straight (3.5%).
- Nearly three times as many Transgender students (8%) than Cisgender (3.5%).

HS: Among students who drove a car or other vehicle during the past 30 days, the percentage who drove when they had been drinking alcohol one or more times.

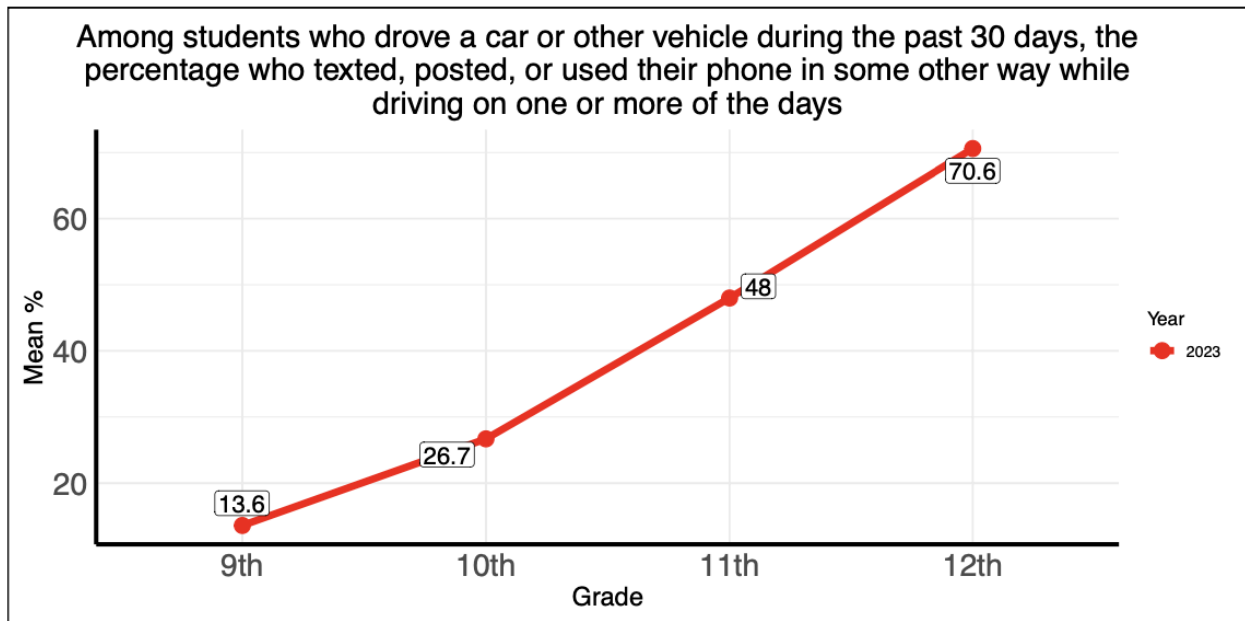
- In HS, Average is 10.2% (3.9% more than 2021).
- There is an increase after 10th grade.
- In HS, more Multiracial students (16.1%) than Hispanic/Latinx (11.3%) and White (8.1%).

HS: Among students who drove a car or other vehicle during the past 30 days, the percentage who drove when they had been using marijuana one or more times.

- Average is 9.5% (2.8% more than 2021), increasing from 3.8% in 9th grade to 13.8% in 12th grade.
- In HS, about twice as many Male students (11.7%) as Female students (6.6%).
- In HS, more Multiracial students (13%) than White students (11.4%) and Hispanic/Latinx students (6.9%).
- In HS, more than twice as many Bisexual students (20.9%) than Straight students (9%).

HS: Among students who drove a car or other vehicle during the past 30 days, the percentage who texted, posted, or used their phone in some other way while driving on one or more of the days.

- Average is 44.3% (5.9% more than 2021), with a 57% increase from 9th grade to 12th grade. This trend also existed in 2019 and 2021.
- In HS, slightly more Male students (47.2%) than Female students (41.9%).
- In HS, more White (48.9%) and Multiracial students (46.6%) than Hispanic/Latinx students (38.8%).



Violence:

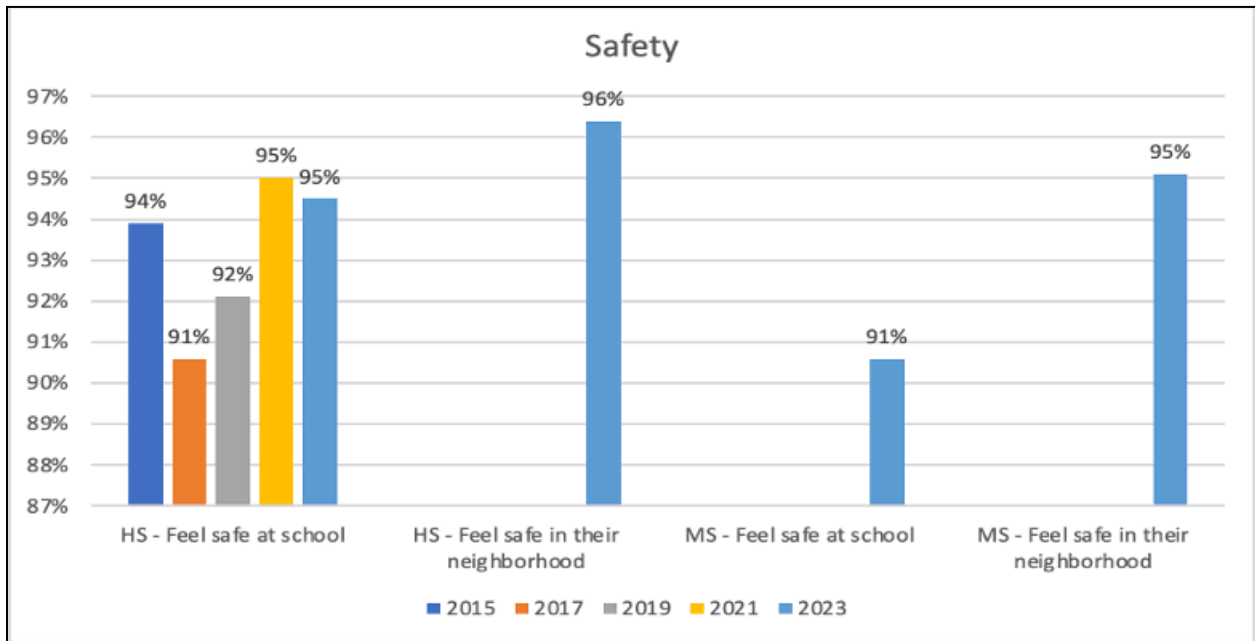
This section focuses on youth feelings of safety and physical violence.

2023 Key Takeaways:

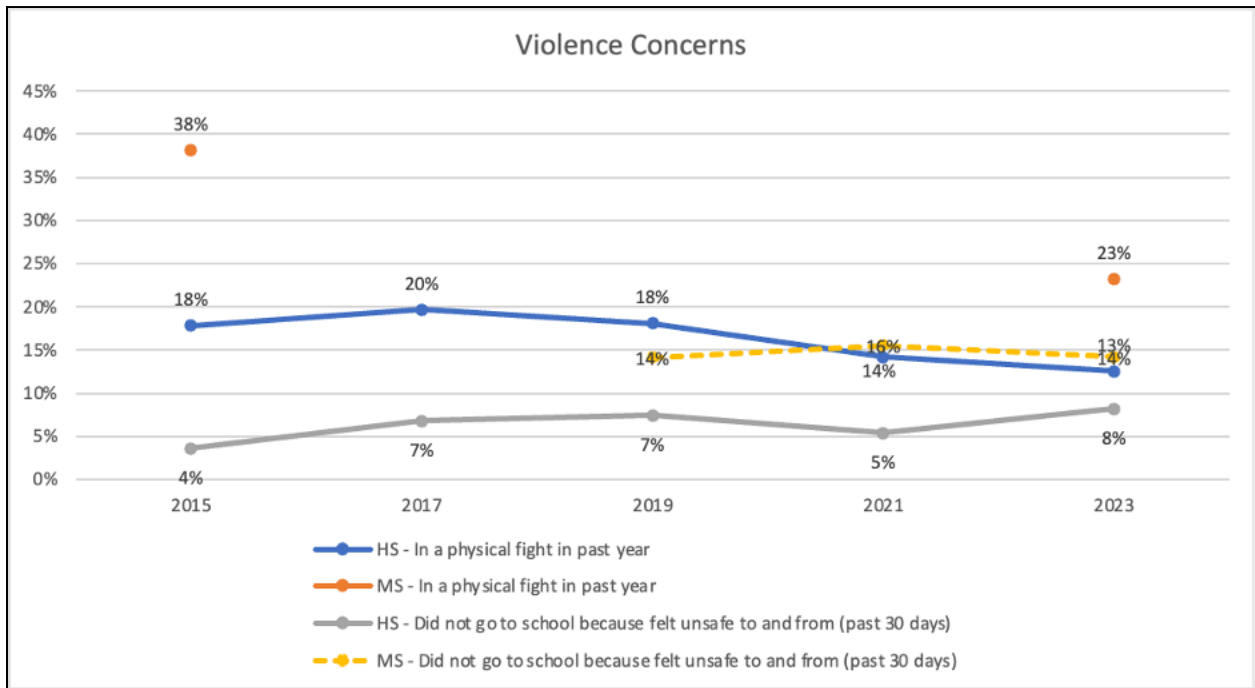
1. Male youth are in physical fights about twice as often as Females.
2. Physical fights become less common as youth get older.
3. MS students feel less safe at school than HS youth.
4. Physical violence in relationships is experienced essentially the same between Female and Male youth, but Females experience about twice as much emotional and controlling violence in relationships than Males.
5. Multiracial youth experience about twice as much abuse in relationships as Whites, with Hispanic/Latinx between the two.
6. Bisexual youth experience more abuse in relationships than Straight youth.

Historical Trends:

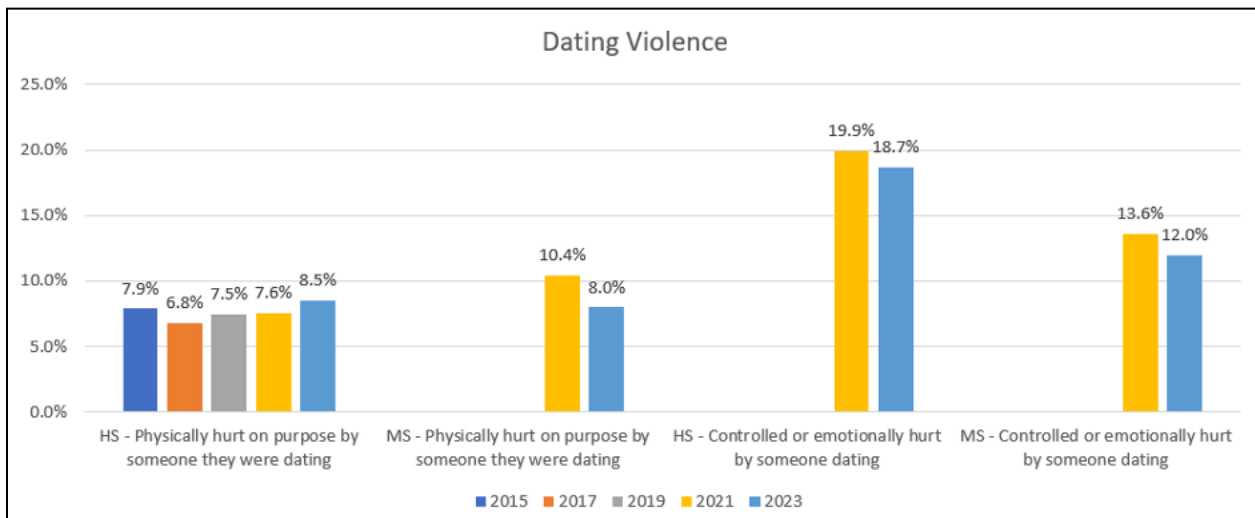
Since 2015, high school youth have maintained high rates of feeling safe, over 90% each administration. In 2023, youth were also asked to reflect on their feelings of safety in their neighborhood and more youth reported feeling safe in their neighborhood than at school. Of the groups, the lowest percentage was middle school youth at school, at 91%.



In 2023, more high school youth are reporting being physically hurt on purpose by someone they are dating, with fewer middle school youth reporting dating violence. Additionally, slightly fewer youth are reporting being controlled or emotionally hurt by someone they are dating.



In 2023, more high school youth are reporting being physically hurt on purpose by someone they are dating, with fewer middle school youth reporting dating violence. Slightly fewer youth are reporting being controlled or emotionally hurt by someone they are dating.



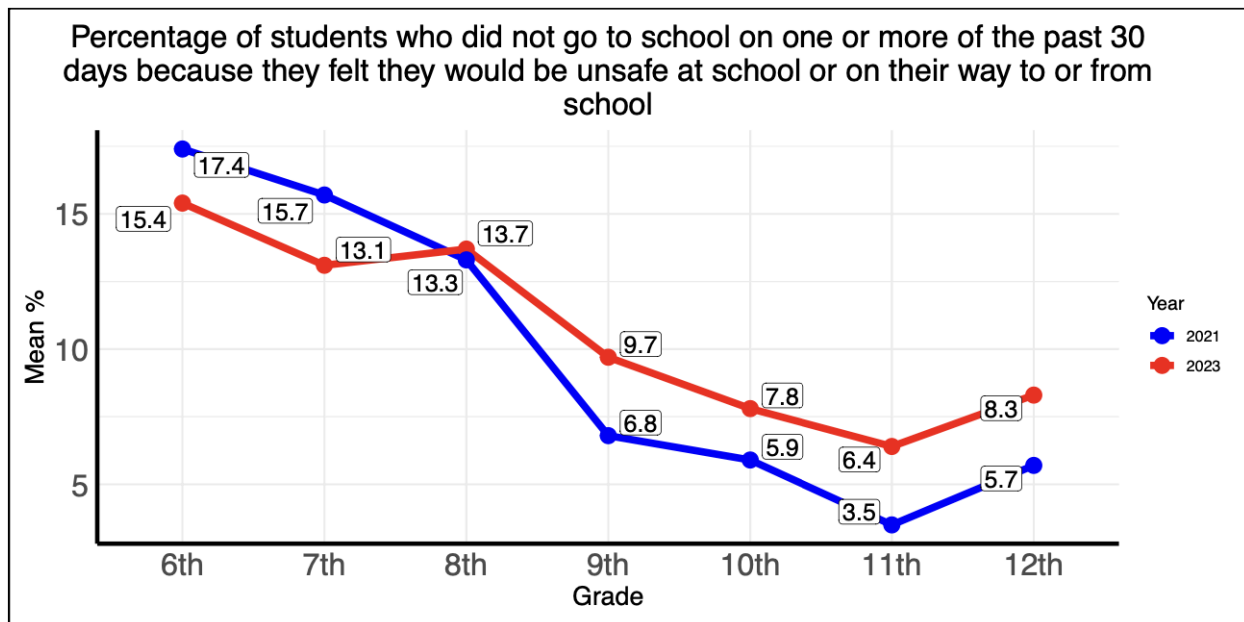
Key results by question:

MS/HS: Percentage of students who have ever carried a weapon on school campus.

- Average is 1.7% in MS and 3.1% in HS.
- More Male students (2.3% in MS and 4.5% in HS) than Female students (0.8% in MS and 2.3% in HS).
- In HS, nearly three times as many Multiracial students (8%) as White (3.3%) or Hispanic/Latinx students (2.7%).
- In HS, nearly three times as many Bisexual students (8.2%) than Straight students (2.8%).

MS/HS: Percentage of students who did not go to school on one or more of the past 30 days because they felt they would be unsafe at school or on their way to or from school.

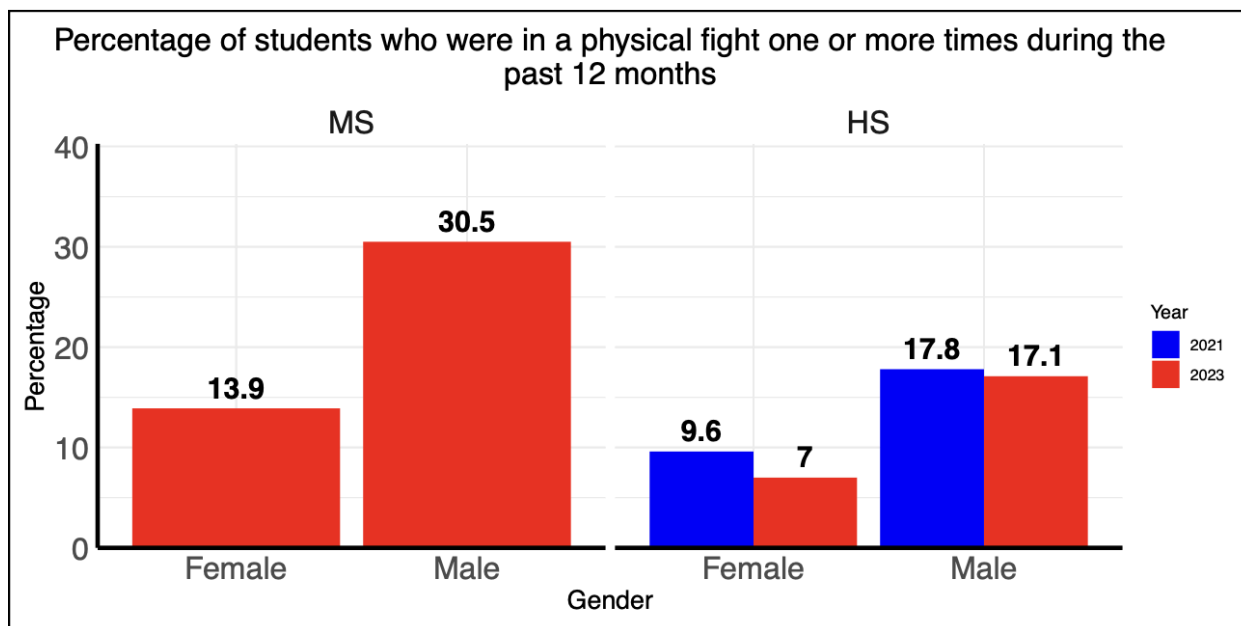
- Average is 14.2% in MS and 8.2% in HS, generally decreasing, from 15.4% in 6th grade to 8.3% in 12th grade.
- More Female students (17.1% in MS and 11% in HS) than Male students (11.2% in MS and 5.2% in HS).
- More Hispanic/Latinx (19.8% in MS and 9.8% in HS) and Multiracial students (17% in MS and 15.4% in HS) than White students (8.5% in MS and 5.9% in HS).
- In MS, Bisexual and Gay/Lesbian reported about two times higher than heterosexual. In HS, Bisexual dropped to match heterosexual, while Gay/Lesbian remained high.
- In HS, more Transgender students (19.6%) than Cisgender students (7.8%).



*This graph shows students feel safer at school as they get older. That being said, more students are not attending school because they did not feel safe in 2023 than they did in 2021.

MS/HS: Percentage of students who were in a physical fight one or more times during the past 12 months.

- Average is 23.2% in MS and 12.5% in HS, suggesting fights are becoming less frequent as students get older.
- More Male students (30.5% in MS and 17.1% in HS) than Female students (13.9% in MS and 7% in HS).
- More Multiracial students (29.1% in MS and 19.6% in HS) than White and Hispanic/Latinx students.
- In MS, more Bisexual students (30.9%) than Straight students (22.7%). Fewer HS Gay/Lesbian students at 5.3%.



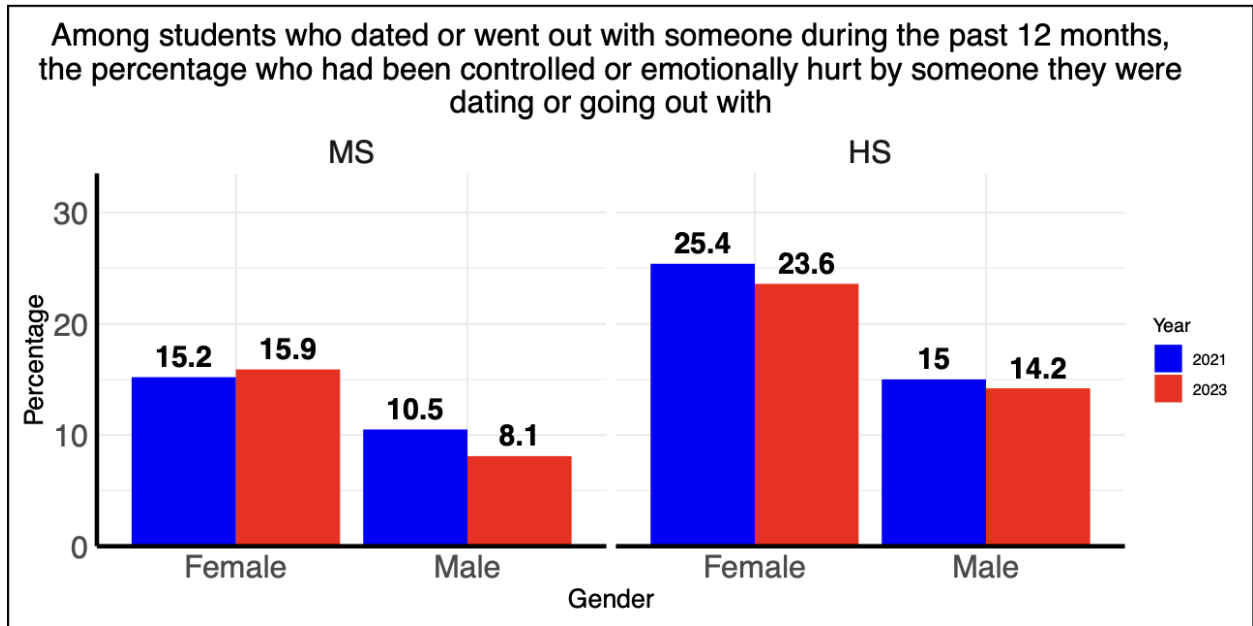
MS/HS: Among students who dated or went out with someone during the past 12 months, the percentage who had been physically hurt on purpose by someone they were dating or going out with one or more times.

- Average is 8% in MS and 8.5% in HS.
- Increases from 7.7% in 11th grade to 11.2% in 12th grade.
- More Multiracial students (11.4% in MS and 15.7% in HS) than Hispanic/Latinx (8.3% in MS and 7.2% in HS) and White students (6.9% in MS and 8.5% in HS).
- In HS, more than twice as many Bisexual students (18.8%) than Straight students (7.8%).

MS/HS: Among students who dated or went out with someone during the past 12 months, the percentage who had been controlled or emotionally hurt by someone they were dating or going out with.

- Average is 12% in MS and 18.7% in HS, generally increasing, from 8.6% in 6th grade to 22.6% in 12th grade.
- Increases from 9.5% in 7th grade to 16.4% in 8th grade.

- Nearly twice as many Female students (15.9% in MS and 23.6% in HS) than Male students (8.1% in MS and 14.2% in HS).
- About twice as many Multiracial students (16.4% in MS and 38.6% in HS) than Hispanic/Latinx (12.7% in MS and 18% in HS) and White students (10.8% in MS and 17.9% in HS).
- In HS, more than twice as many Bisexual students (39.9%) than Straight students (17.6%).



Consent:

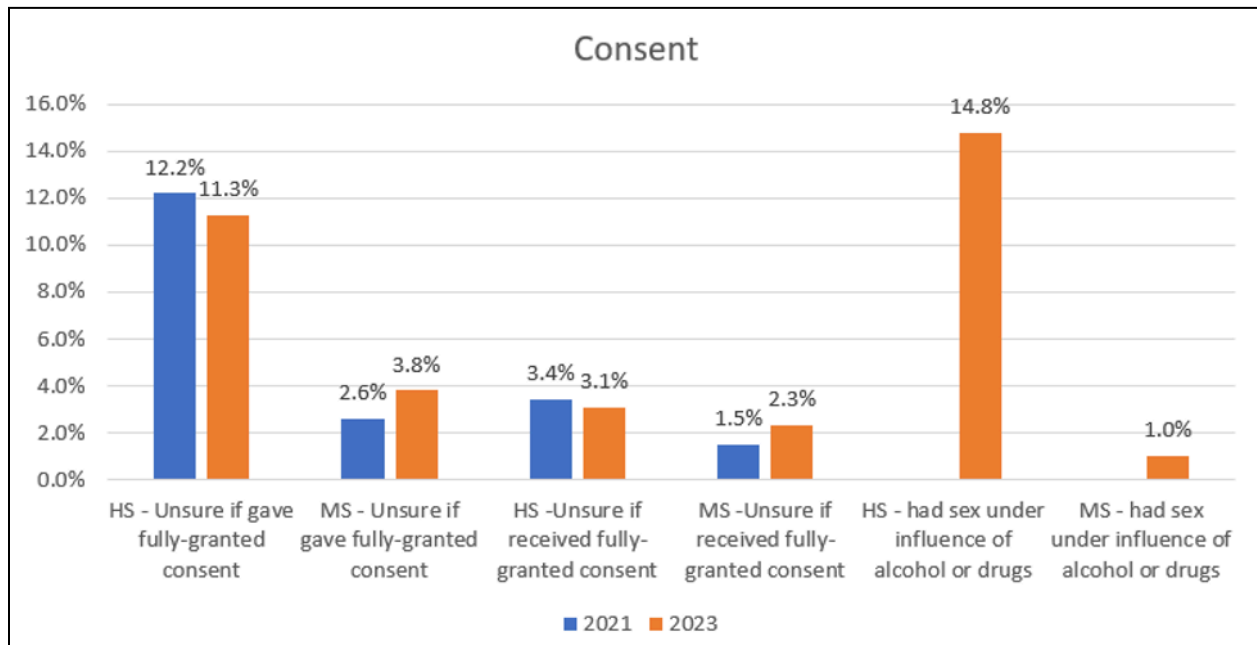
This section focuses on sexual health and consent related topics.

2023 Key Takeaways:

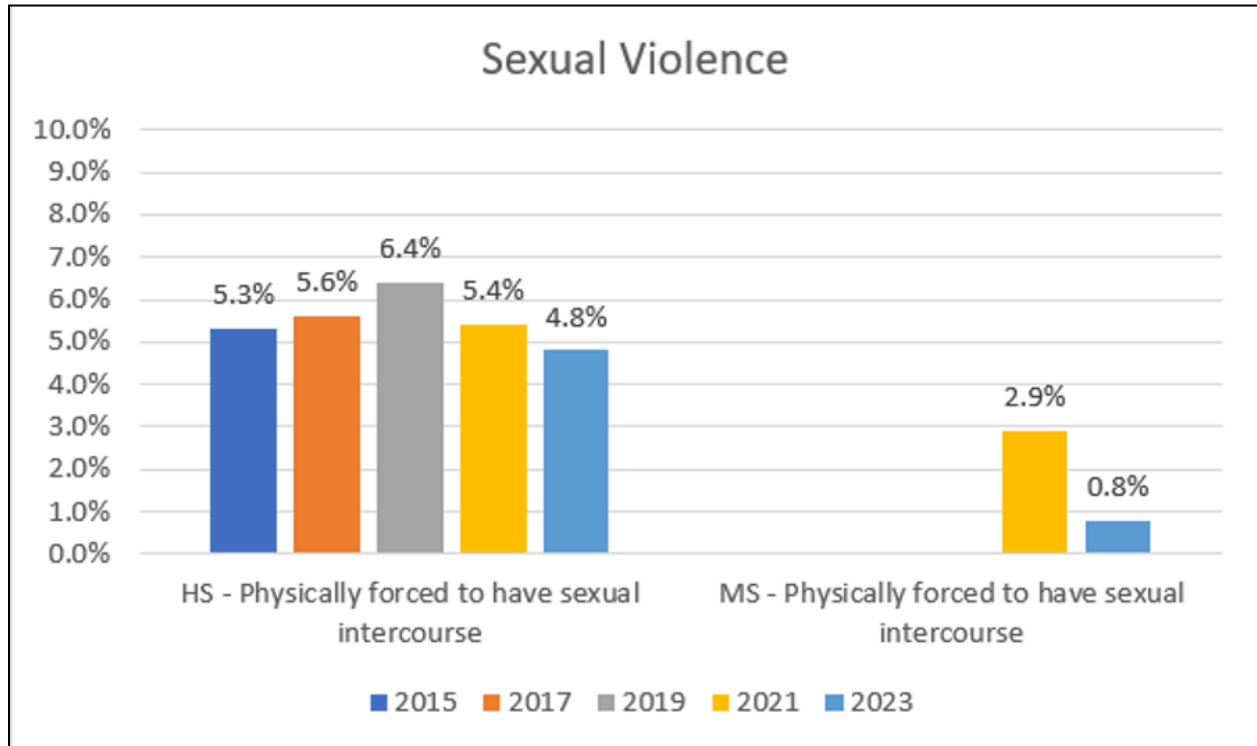
1. Youth are more unsure if they give consent than if they receive it.
2. Female youth are much more likely to be unsure if they gave fully-granted consent, and to have been physically forced to have sexual intercourse when they did not want to.
3. Bisexual, Gay/Lesbian and Transgender youth are much more likely to be unsure if they gave fully-granted consent, to have a revealing or sexual photo or video of themselves distributed, and to be physically forced to have sexual intercourse when they did not want to.

Historical Trends:

While fewer high school youth in 2023 were unsure if they gave fully-granted consent than 2021, more middle school youth were unsure if they gave consent. This same trend is noticed for receiving fully-granted consent, but are much lower percentages. In 2023, youth were asked to report if they had sex after using alcohol or drugs, with nearly 15% of high school youth reporting yes.



In 2023, slightly fewer youth reported being physically forced to have sexual intercourse.



Key results by question:

MS/HS: Percentage of students who had a sexual experience where they were unsure if they gave their fully-granted consent to the other person.

- Average is 3.8% in MS and 11.3% in HS.
- In HS, nearly three times higher for Female students (17%) than Male students (5.6%).
- Steadily increasing from 6th (0.8%) to 12th grade (16.7%), with the most significant increase during 11th and 12th grade.
- No difference between race/ethnicity in MS, but more HS Multiracial students (17.4%) than White (12.4%) and Hispanic/Latinx students (9.7%).
- Three times as many Bisexual (10% in MS and 31.8% for HS) and Gay/Lesbian students (24.8% in HS) than Straight students (3.3% in MS and 9.6% in HS).
- In HS, nearly four times as many Transgender students at (39.4%).

MS/HS: Percentage of students who had a sexual experience where they were unsure if they received fully-granted consent from the other person.

- Average is 2.3% in MS and 3.1% in HS.
- In HS, twice as many Male students (4.1%) than Female students (1.8%).
- In HS, more Multiracial students (5.4%) than other races/ethnicities.

MS/HS: Percentage of students who had a revealing or sexual photo or video of themselves texted, e-mailed, or posted electronically without their permission in the past 12 months.

- Average is 4.1% in MS and 4.7% in HS.
- Peaks in 9th grade at 6.5%.
- In HS, more Multiracial (9.1%) and White students (6.3%) than Hispanic/Latinx students (2.9%).
- Twice as many Bisexual students (7.6% in MS and 9.4% in HS) and nearly three times as many HS Transgender students (13.1%).

MS/HS: Percentage of students who have made sexual comments, jokes, gestures or looks at someone when unwanted.

- Average is 9% in MS and 8.6% in HS.
- About twice as many Male students (11.7% in MS and 11.4% in HS) than Female students (5.7% in MS and 5.3% in HS).
- Peaks in 8th grade at 13.4%.
- Race/Ethnicity is similar in MS but there are far more HS Multiracial (17.6%) and White students (12%) than Hispanic/Latinx students (4.7%).

MS/HS: Percentage of students who touched, grabbed or pinched someone in a sexual way when unwanted.

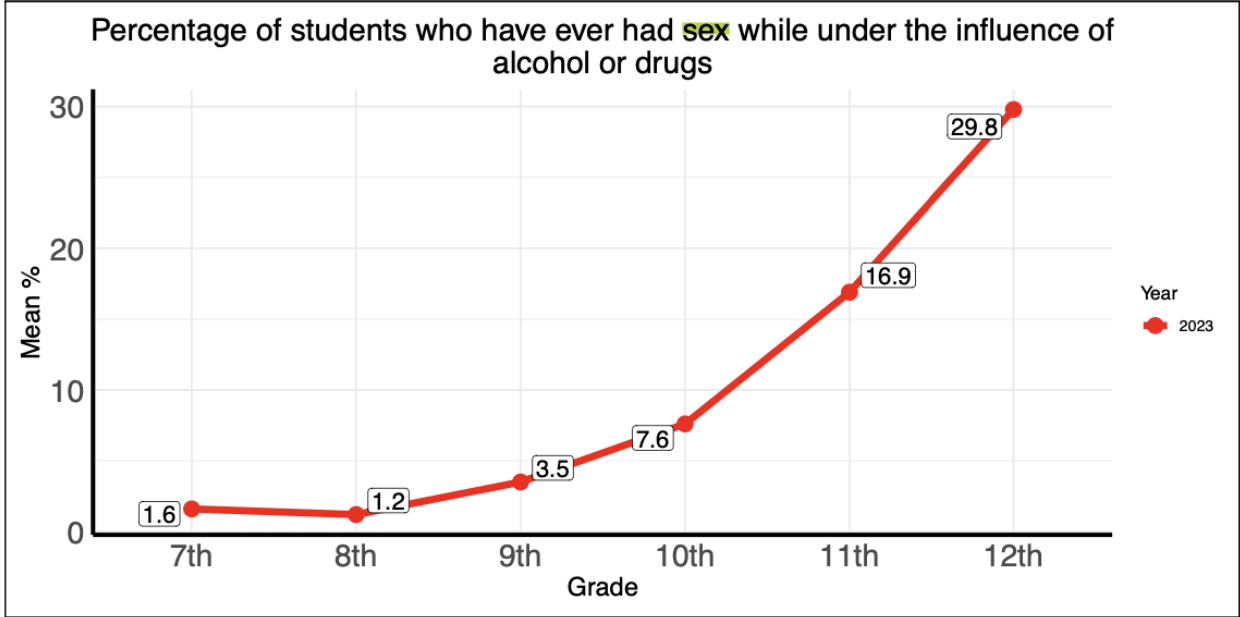
- Average is 3.9% in MS and 3.5% in HS.
- In MS, twice as many Male students (5.5%) than Female students (2.2%), but no noticeable difference in HS.
- Peaks in 8th (5.4%) and 12th (4.8%) grade.
- In HS, more HS Multiracial (10.7%) and White students (5.1%) than Hispanic/Latinx students (1.4%).

MS/HS: Percentage of students who have ever been physically forced to have sex when they did not want to.

- Average is 0.8% in MS and 4.8% in HS.
- Steadily increases from 9th (1.4%) to 12th grade (8.9%).
- In HS, twice as many Female students (6.3%) than Male students (2.9%).
- In HS, about three times as many Bisexual (11.7%) and Gay/Lesbian students (13.5%) than Straight students (3.9%).
- In HS, far more Transgender students at (30.9%).

MS/HS: Percentage of students who have ever had sex while under the influence of alcohol or drugs.

- Average is 1% in MS and 14.8% in HS, steadily increasing, from 1.6% in 7th grade to 29.8% in 12th grade (no data in 6th grade).
- In HS, more White (19.3%) and Multiracial students (21.1%) than Hispanic/Latinx students (10.1%).
- In HS, more Bisexual (31.4%) and Gay/Lesbian students (32.6%) than Straight students (14.2%).



Bullying:

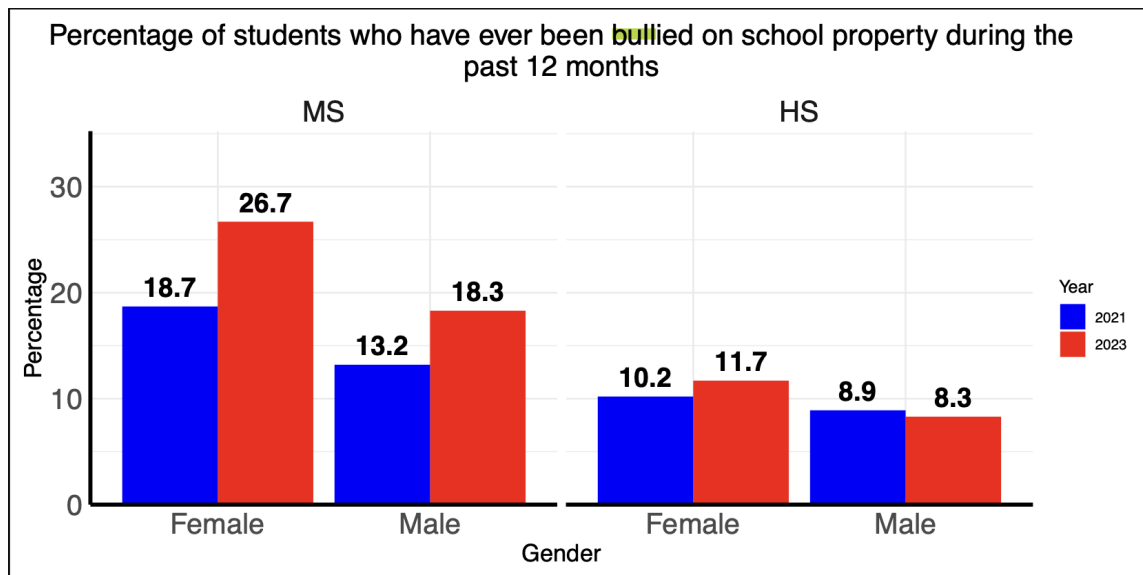
This section focuses on types and locations of bullying across youth.

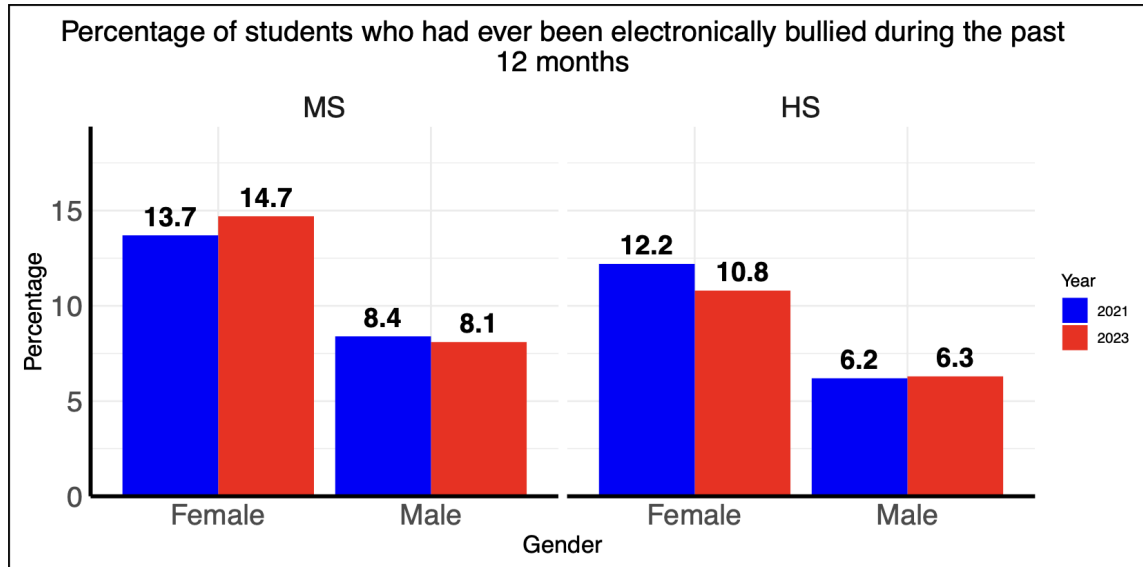
Key Takeaways:

1. Physical appearance is the most common reason youth are bullied.
2. Far more Bisexual, Gay/Lesbian and Transgender youth are being bullied at school and electronically, especially because of sexual orientation and gender identity. There was limited data on Transgender youth this year because of sample size.
3. Multiracial and Hispanic/Latinx youth experience more bullying than Whites, especially out of school and at bus stops.
4. Hispanic/Latinx youth are bullied because of gender identity and religion much less than White and Multiracial youth are.
5. Male youth experience far more physical forms of bullying than Females, whereas Females experience more emotional forms of bullying.

Historical Trends:

Bullying on school property is increasing from 2021 and electronic bullying is generally decreasing, except for middle school Females.





Key results by question:

MS/HS: Percentage of students who have ever been bullied on school property during the past 12 months.

- Average is 23.1% in MS and 10.4% in HS, generally decreasing, from 6th grade (27.3%) to 12th grade (10.4%).
- More Female students (26.7% in MS and 11.7% in HS) than Male students (18.3% in MS and 8.3% in HS).
- Significantly more Bisexual (59% in MS and 19.1% in HS), Gay/Lesbian (31.8% in HS) and Transgender students (35.2% in HS).

MS/HS: Among students bullied on school property, the percentage who were bullied in a classroom in the past 12 months.

- Average is 53.5% in MS and 59.6% in HS.
- Peaks in 9th grade at 64.2%.

MS/HS: Among students bullied on school property, the percentage who were bullied in a hallway or stairwell in the past 12 months.

- Average is 36.2% in MS and 46.1% in HS, generally increasing, from 30.4% in 6th grade to 52% in 12th grade.
- More Female students (42.4% in MS and 45.9% in HS) than Male students (27.2% in MS and 40.4% in HS).

MS/HS: Among students bullied on school property, the percentage who were bullied in a locker room or bathroom in the past 12 months.

- Average is 14.6% in MS and 22.6% in HS.
- In HS, more Male students (28%) than Female students (16.8%).

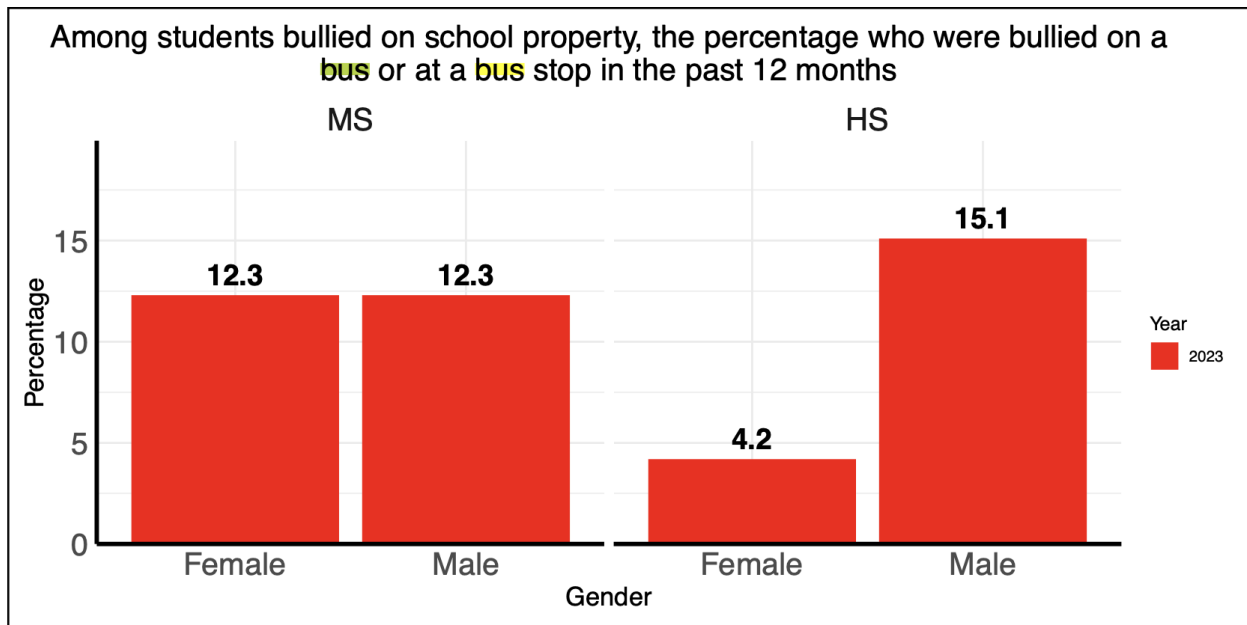
- In HS, more Multiracial students (36.6%) than White (22.8%) and Hispanic/Latinx students (18.5%).

MS/HS: Among students bullied on school property, the percentage who were bullied in a cafeteria or lunch room in the past 12 months.

- Average is 28.9% in MS and 23.3% in HS.
- Rises until 8th grade.

MS/HS: Among students bullied on school property, the percentage who were bullied on a bus or at a bus stop in the past 12 months.

- Average is 11.7% in MS and 9% in HS.
- In HS, three times as many Male students (15.1%) than Female students (4.2%).
- Far more Multiracial students (13.7% in MS and 22.1% in HS) and MS Hispanic/Latinx students (19.7%) than White students (5% in MS and 7.8% in HS).



MS/HS: Among students bullied on school property, the percentage who were bullied outside before school in the past 12 months.

- Average is 13.5% in MS and 20.2% in HS.

MS/HS: Among students bullied on school property, the percentage who were bullied outside after school in the past 12 months.

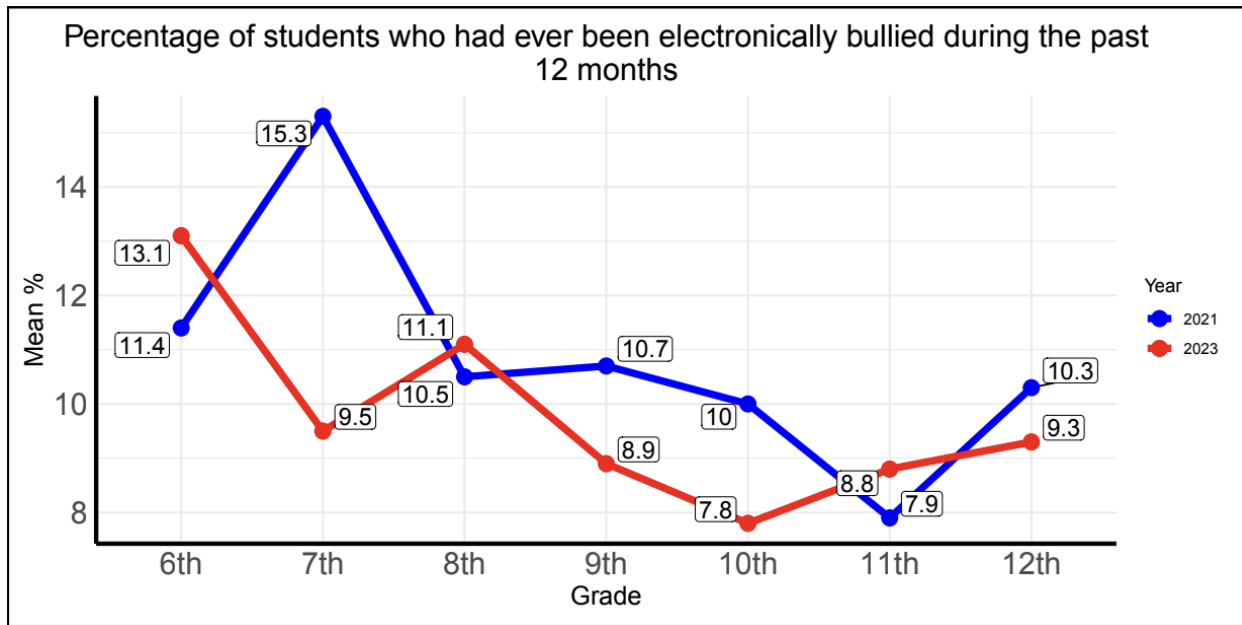
- Average is 16.9% in MS and 26.6% in HS.

MS/HS: Among students bullied on school property, the percentage who were bullied outside during lunch or break in the past 12 months.

- Average is 24.5% in MS and 23.1% in HS.
- More Male students (32.3% in MS and 27.8% in HS) than Female students (19.4% in MS and 20.7% in HS).
- More Multiracial (23.8% in MS and 30.4% in HS) and White students (36% in MS and 24.2% in HS) than Hispanic/Latinx students (10.8% in MS and 17.5% in HS).

MS/HS: Percentage of students who had ever been electronically bullied during the past 12 months.

- Average is 11.2% in MS and 8.7% in HS.
- More Female students (14.7% in MS and 10.8% in HS) than Male students (8.1% in MS and 6.3% in HS).
- In HS, fewer Hispanic/Latinx students at 6.1%.
- More Bisexual students (28.5% in MS and 10.9% in HS) and HS Transgender (20.6%) than Straight students (10.4% in MS and 7.9% in HS).



MS/HS: Among students who were teased in the past 12 months, the percentage who were teased because of sexual orientation.

- Average is 12.1% in MS 23.7% in HS.
- In HS, more Multiracial (42.5%) and White (29%) students than Hispanic/Latinx students (12.7%).

MS/HS: Among students who were teased in the past 12 months, the percentage who were teased because of gender identity.

- Average is 12.2% in MS and 17.7% in HS.

- About twice as many Male students (10.8% in MS and 20% in HS) than Female students (5.1% in MS and 6.2% in HS).
- In HS, more Multiracial (30.8%) and White (24.7%) students than Hispanic/Latinx students (5.8%).
- In HS, significantly more Bisexual students (25.4%).

MS/HS: Among students who were teased in the past 12 months, the percentage who were teased because of religion.

- Average is 11.5% in MS and 11.7% in HS.
- In HS, more Multiracial students at 26.9%.

MS/HS: Among students who were teased in the past 12 months, the percentage who were teased because of disability.

- Average is 12.2% in MS and 22.7% in HS, generally increasing in HS, from 14.7% in 9th grade to 36.6% in 12th grade.

MS/HS: Among students who were teased in the past 12 months, the percentage who were teased because of physical appearance.

- Average is 72.4% in HS and 65.4% in MS.
- In HS, more Female students (70.8%) than Male students (61.1%).
- This is the most significant form of bullying.

MS/HS: Among students who were teased in the past 12 months, the percentage who were teased because of race or ethnicity.

- Average is 24% in MS and 24.4% in HS.
- In HS, more Male students (32.1%) than Female students (17.3%).
- Far more Hispanic/Latinx (33.2% in MS and 40.4% in HS) and HS Multiracial students (60.1%), than White students (13.3% in MS and 7.2% in HS).

MS: Percentage of students who saw someone else being bullied on school property in the past 30 days.

- Average is 27%.
- In MS, more Multiracial (39.4%) and White students (32%) than Hispanic/Latinx students (21.3%).
- In MS, more Bisexual students (34%) than Straight students (25.9%).

Mental Health:

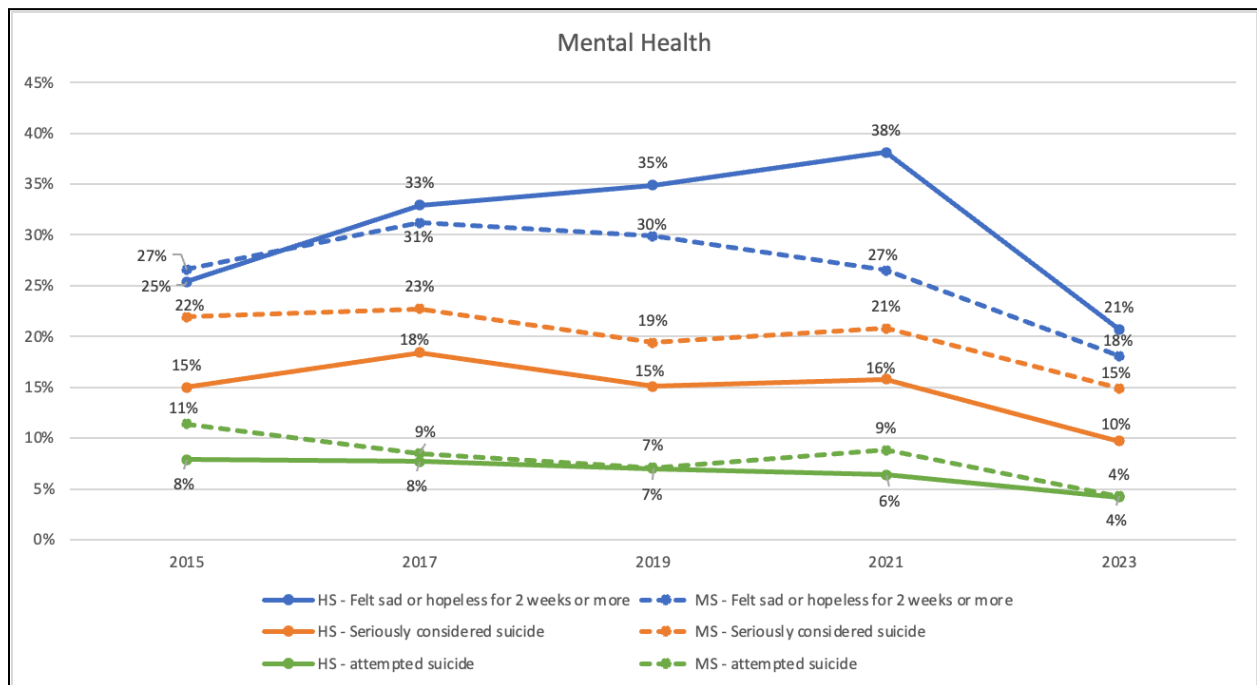
This section focuses on feelings of sadness, stress, hopelessness and suicide.

Key Takeaways:

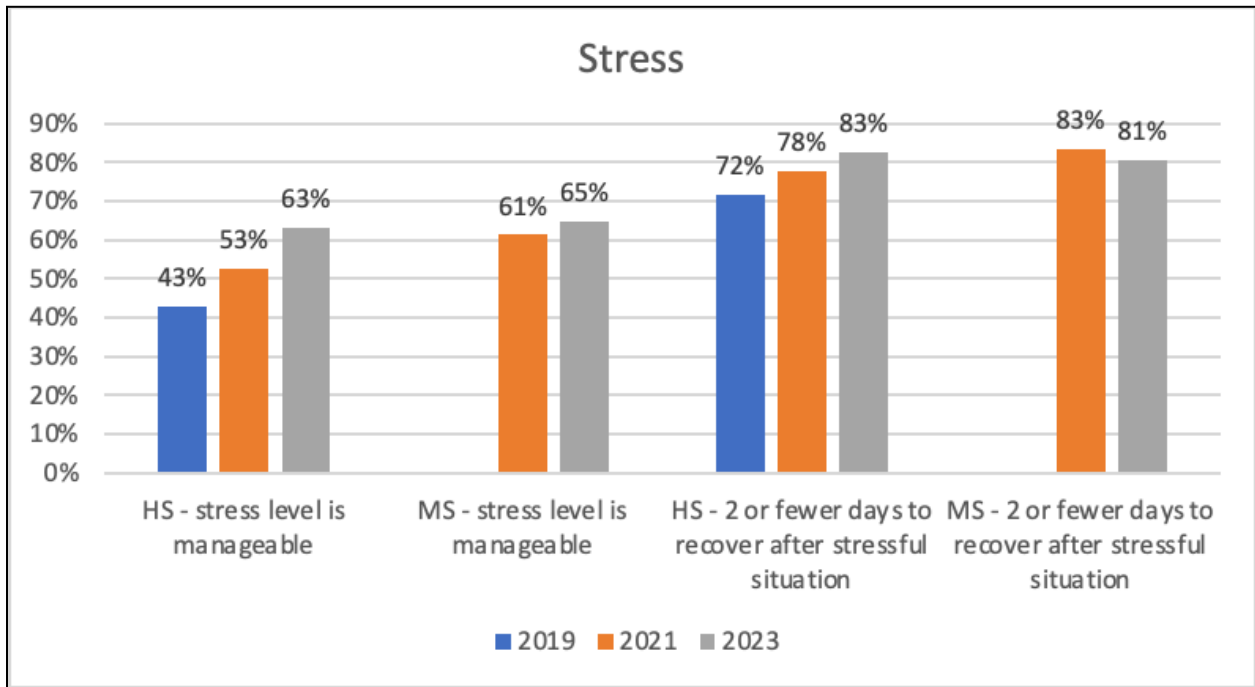
1. Risk of self harm and suicide seems to be most associated with sexual orientation. Bisexual, Gay/Lesbian, and Transgender youth were often at a far greater risk than Straight youth.
2. Of the students who have considered suicide, most of them made a plan, but less than half actually attempted it.
3. More Female youth consider, plan and attempt suicide in MS, but that trend disappears in HS.

Historical Trends:

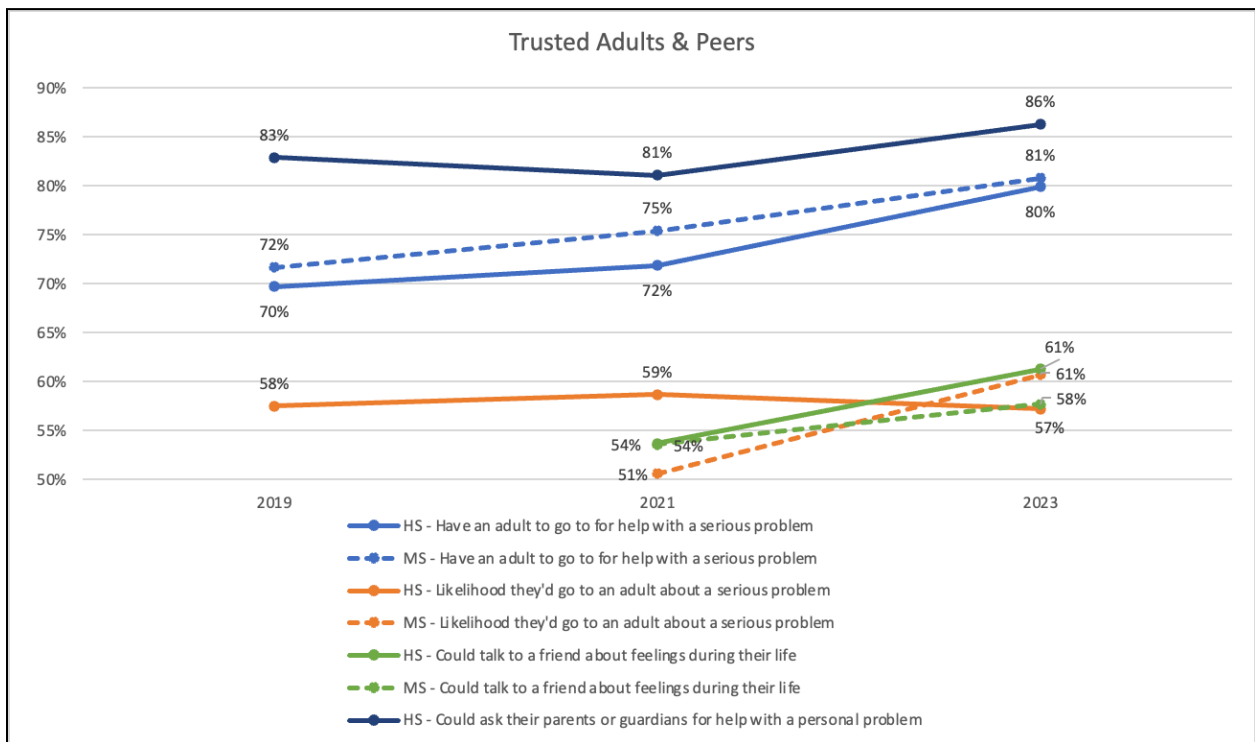
There seems to be a general improvement in most mental health categories since 2021. Feelings of hopelessness and thoughts/attempts of suicide are decreasing.



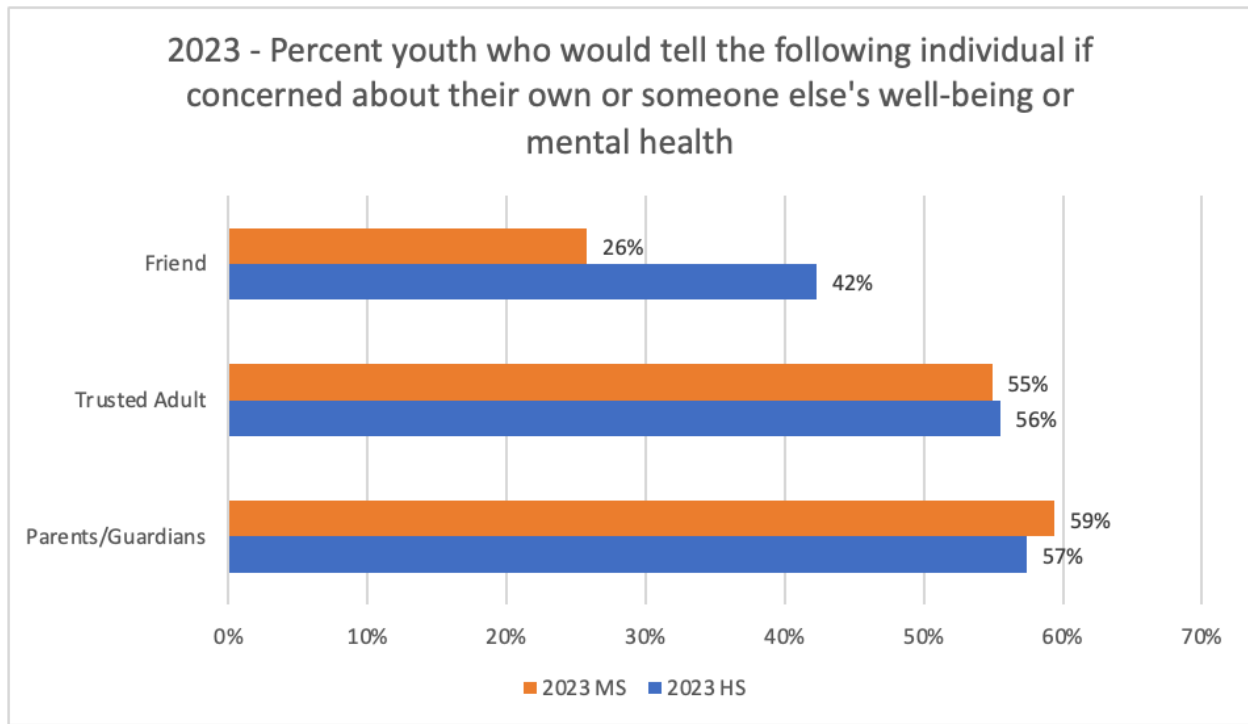
The amount of stress that is manageable and the number of days that students can recover from stressful situations is generally improving since 2019.



The percentage of students with adults and friends to go to for help is improving since 2021 in both middle school and high school.



The percentage of youth that would tell a friend if they were concerned about their own or someone else's well-being or mental health nearly doubles from middle school to high school. There is essentially no change for trusted adults and parents/guardians.



Key results by question:

MS/HS: Percentage of students who purposefully hurt themselves without wanting to die in the past 12 months.

- Average is 9.3% in MS and 10.1% in HS.
- More than twice as many Female students (13% in MS and 13.8% in HS) than Male students (4.9% in MS and 6.1% in HS).
- About five times as many Bisexual (38% in MS and 39.7% in HS) and HS Transgender students (32.9%) than Straight students (7.4% in MS and 7.9% in HS).

MS/HS: Percentage of students who agree or strongly agree their stress level is manageable most days.

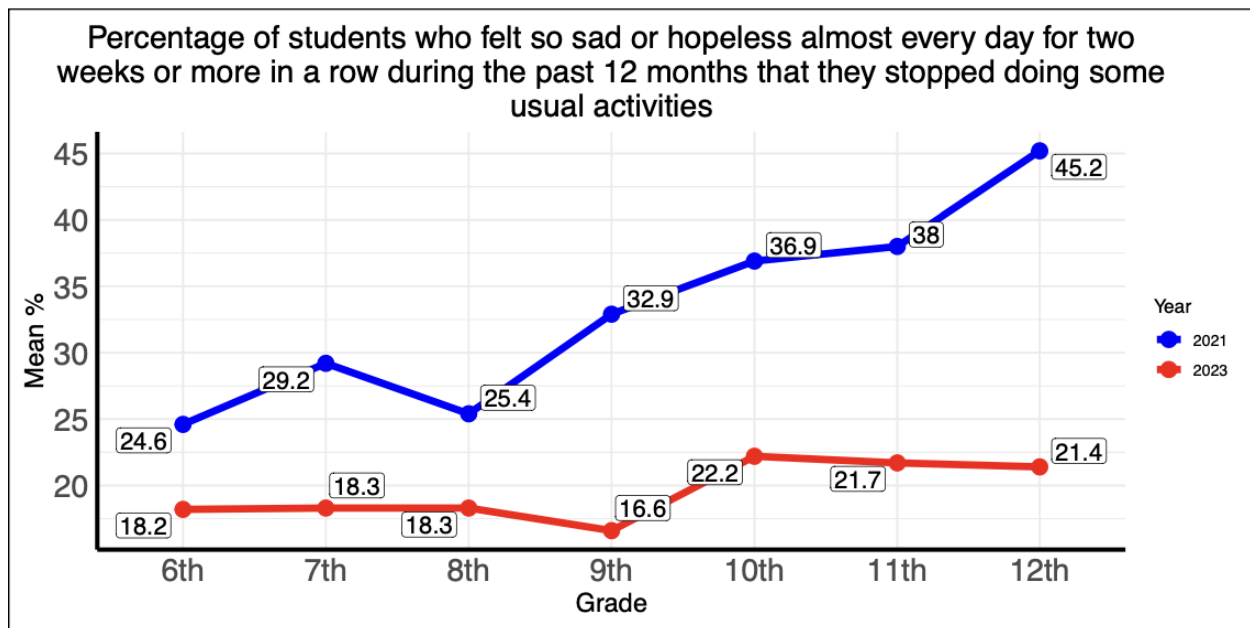
- Average is 64.8% in MS and 63% in HS.
- Fewer Female students (59.3% in MS and 54.9% in HS) than Male students (71.5% in MS and 71.1% in HS).
- Fewer MS Multiracial (56.3%) and Hispanic/Latinx students (58.2%) than White students (73.6%), this difference disappeared in HS.
- Significantly fewer Bisexual (41.2% in MS and 39.3% in HS) and HS Gay/Lesbian (38.3%) and Transgender students (27.5%) than Straight students (68.6% in MS and 66.3% in HS).

MS/HS: Percentage of students who take two or fewer days to feel fully recovered after a stressful situation.

- Average is 80.5% in MS and 82.6% in HS .
- Fewer Female students (73.7% in MS and 77.3% in HS) than Male students (87.4% in MS and 88.2% in HS).
- Significantly fewer Bisexual (56.8% in MS and 70.4% in HS) than Straight students (83.6% in MS and 84.4% in HS).

MS/HS: Percentage of students who felt so sad or hopeless almost every day for two weeks or more in a row during the past 12 months that they stopped doing some usual activities.

- Average is 18.1% in MS and 20.7% in HS.
- About twice as many Female students (25.4% in MS and 26.7% in HS) than Male students (10.2% in MS and 13.9% in HS).
- More Hispanic/Latinx (23.7% in MS and 22.6% in HS) and Multiracial students (21.2% in MS and 23.8% in HS) than White students (12.7% in MS and 18.4% in HS).
- Far more Bisexual (47.1% in MS and 44% in HS) and HS Gay/Lesbian (43.5%) and HS Transgender students (43.7%) than HS Straight students (17.9%).



MS: Percentage of students who ever seriously thought about killing themselves.

- Average is 14.9%, generally decreasing as students get older.
- In MS, more Female students (18%) than Male students (10.7%).
- In MS, more Bisexual students (42.5%) than Straight students (13.1%).

HS: Percentage of students who seriously considered attempting suicide during the past 12 months.

- Average is 9.7%.
- In HS, twice as many Bisexual students (23.2%) and Gay/Lesbian students (26.1%) than Straight students (8.2%).
- In HS, highest for Transgender students (39.8%).

MS: Percentage of students who ever made a plan about how they would kill themselves.

- Average is 10.3%, generally decreasing.
- In MS, more Female students (12.8%) than Male students (7.1%).
- In MS, more Bisexual students (40.9%) than Straight students (8.3%).

HS: Percentage of students who made a plan about how they would attempt suicide during the past 12 months.

- Average is 8.2%.
- In HS, far more Bisexual students (20.8%) and Gay/Lesbian (14.7%) and Transgender students (20.4%) than Straight students (7.2%).

MS: Percentage of students who ever tried to kill themselves.

- Average is 4.3%, increasing from 1.1% in 6th grade to 6.3% in 8th grade.
- In MS, more Female students (5.6%) than Male students (2.8%).
- In MS, more Multiracial students (9.2%) than Hispanic/Latinx (5.6%) and White students (3.1%).
- In MS, more Bisexual students (7.8%) than Straight students (3.8%).

HS: Percentage of students who attempted suicide one or more times during the past 12 months.

- Average is 4.2%.
- In HS, more Multiracial students at 10.5%.
- In HS, more Bisexual (13.4%) and Transgender students (22.7%) than Straight students (3.4%).

MS/HS: Percentage of students who have an adult to go to for help with a serious problem.

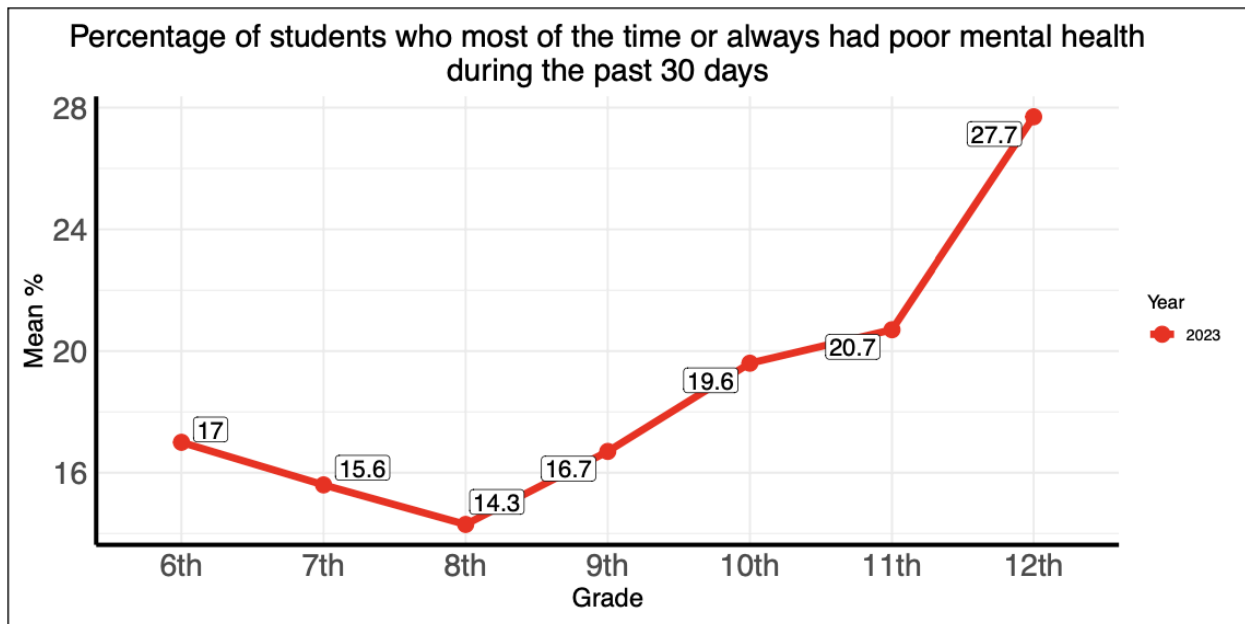
- Average is 80.8% in MS and 79.9% in HS.
- Fewer Bisexual students (62.3% in MS and 68.6% in HS) than Straight students (82.4% in MS and 80.5% in HS).

MS/HS: Percentage of students who most of the time or always could talk to a friend about feelings during their life.

- Average is 57.7% in MS and 61.3% in HS.
- Fewer Hispanic/Latinx (48.5% in MS and 55.9% in HS) and Multiracial students (49.8% in MS and 54.9% in HS) than White students (68.5% in MS and 66.9% in HS).
- Fewer Bisexual students (44% in MS and 52.9% in HS) than Straight students (59.7% in MS and 62.6% in HS).

MS/HS: Percentage of students who most of the time or always had poor mental health during the past 30 days.

- Average is 15.4% in MS and 21.2% in HS, generally increasing, from 17% in 6th grade to 27.7% in 12th grade.
- More Female students (17.2% in MS and 25.2% in HS) than Male students (11.6% in MS and 16.2% in HS).
- More Multiracial students, at 22.8% in MS and 28.5% in HS.
- More Bisexual students (41.5% in MS and 53.1% in HS) than Straight students (12.5% in MS and 18.4% in HS).



MS/HS: Percentage of students who had a friend tell them they had thoughts of suicide one or more times during the past 12 months.

- Average is 27.3% in MS and 29.2% in HS.
- More Female students (36.2% in MS and 33.9% in HS) than Male students (18.4% in MS and 24% in HS).
- More Bisexual (64.3% in MS and 45% in HS) and HS Gay/Lesbian students (46%) than Straight students (25.6% in MS and 27.2% in HS).

MS/HS: Percentage of students who would tell their parents or guardians if they were concerned about their own or someone else's well-being or mental health.

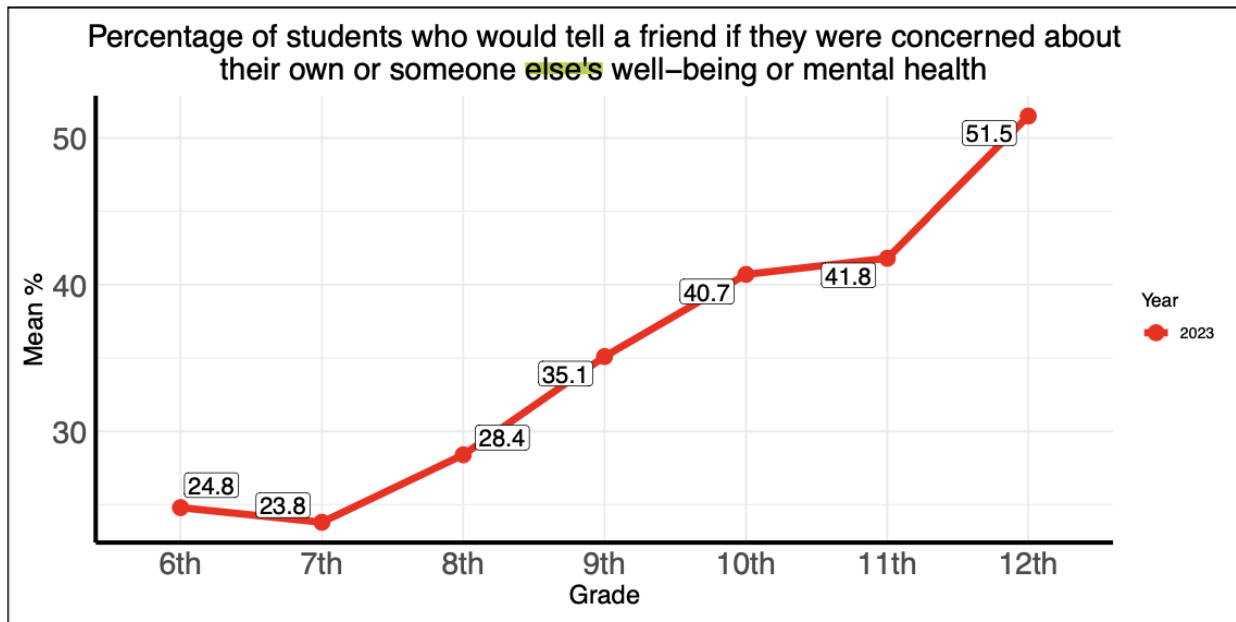
- Average is 54.9% in MS and 57.4% in HS.
- Fewer Bisexual (55.2% in MS and 41% in HS) and HS Gay/Lesbian students (43.5%) than Straight students (60.5% in MS and 59.7% in HS).

MS/HS: Percentage of students who would tell another trusted adult (who is not their parents or guardians) if they were concerned about their own or someone else's well-being or mental health.

- Average is 59.4% in MS and 55.5% in HS.

MS/HS: Percentage of students who would tell a friend if they were concerned about their own or someone else's well-being or mental health.

- Average is 25.8% in MS and 42.3% in HS, generally increasing, from 24.8% in 6th grade to 51.5% in 12th grade.



MS/HS: Percentage of students who would submit an anonymous report through their school's safety reporting system if they were concerned about their own or someone else's well-being or mental health.

- Average is 34.4% in MS and 29.5% in HS.

MS/HS: Percentage of students who would contact a crisis line if they were concerned about their own or someone else's well-being or mental health.

- Average is 17.3% in MS and 26.7% in HS.

MS/HS: Percentage of students who have ever experienced the death of a family member or close friend.

- Average is 72.2% in MS and 72.4% in HS.

Tobacco:

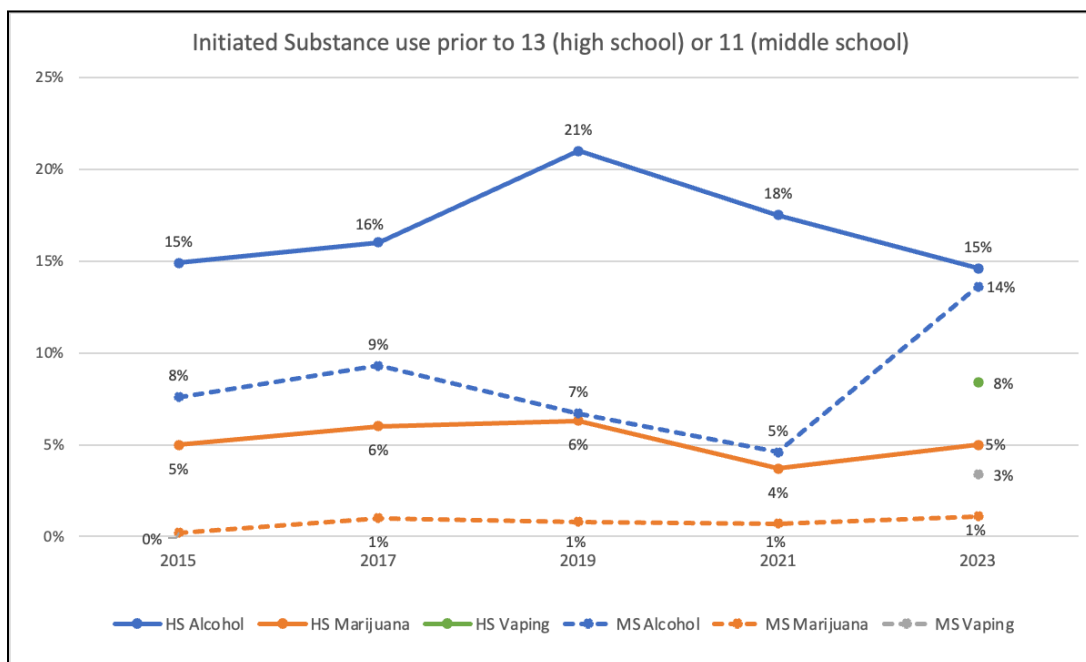
This section focuses on tobacco/nicotine use and distribution.

Key Takeaways:

1. Half of youth smoking cigarettes or using electronic vapor products are trying to quit. That being said, only a very small percentage of youth using electronic vapor products are doing so to quit other tobacco products.
2. The percentage of youth who think it is wrong or very wrong for someone of the same age to use electronic vapor products is steadily decreasing from 6th grade to 12th grade.
3. Among youth who have used vapor products, the percentage who used them because they are flavored is much higher for younger youth.
4. The percentage of youth who smoked cigarettes on one or more of the past 30 days shows a significant increase in senior year, from 11th to 12th grade.
5. Among youth who smoked cigarettes or used electronic vapor products in the past 30 days, the most common form of purchase is from a gas station, convenience store, grocery store, or drug store. Among those underage students who tried to buy tobacco or vaping products in a store, the percentage who were not refused because of age was 82.9%.

Historical Trends:

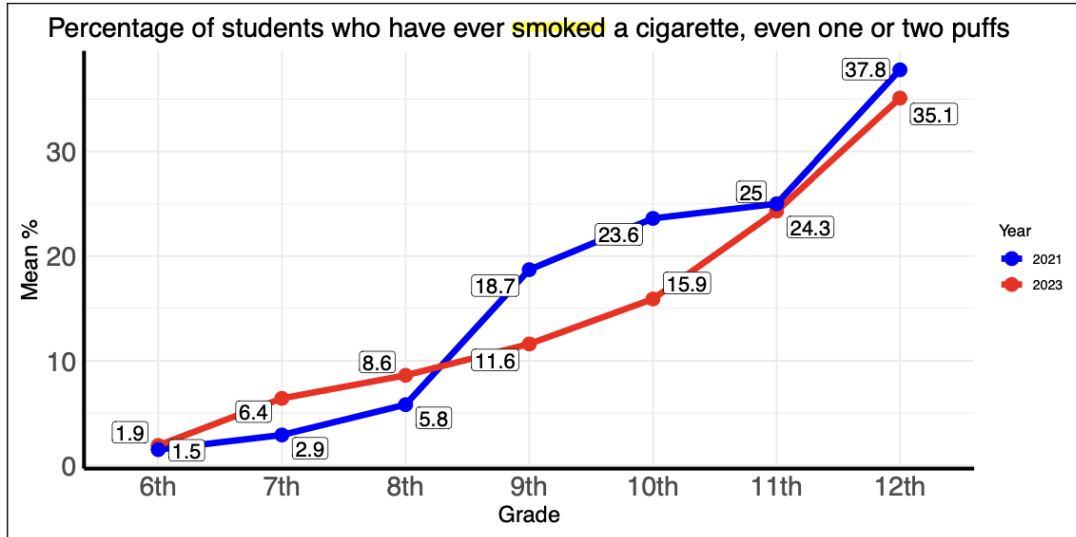
In 2023, fewer students are smoking cigarettes than 2021. Fewer students also feel that it is easy to get cigarettes and/or electronic vapor products. Access to vaping has changed the most, compared to other substances.



Key results by question:

MS/HS: Percentage of students who have ever smoked a cigarette, even one or two puffs.

- Average is 5.8% in MS and 22.2% in HS, steadily increasing from 6th grade (1.9%) to 12th grade (35.1%).
- In HS, more Bisexual (31.6%) and Gay/Lesbian students (35.1%) than Straight students (21.9%).



MS: Percentage of students who ever smoked a whole cigarette before the age of 11.

- Average is 1.8%.

HS: Percentage of students who smoked a cigarette, even one or two puffs, for the first time before age 13.

- Average is 5.1%.
- In HS, more Hispanic/Latinx (6.5%) and Multiracial students (9%) than White students (3.6%).
- In HS, more Bisexual (11.5%) and Transgender students (8.9%) than Straight students (4.5%).

MS: Percentage of students who think their parents or guardians would feel it is wrong or very wrong if they smoked cigarettes.

- Average is 98.4%.

MS/HS: Percentage of students who smoked cigarettes on one or more of the past 30 days.

- Average is 1% in MS and 4.8% in HS.
- There is a significant increase in 12th grade, senior year (4.6% in 11th to 10.2% in 12th).
- In HS, more Multiracial (7.9%) and Hispanic/Latinx students (6.8%) than White students (2.3%).

- Far more Bisexual students (8.6% in MS and 7.7% in HS) and HS Gay/Lesbian students (8.3%) than Straight students (0.8% in MS and 4.8% in HS).

HS: Among students who smoked in the past 30 days, the percentage who smoked menthol cigarettes.

- Average is 23.2%, limited data otherwise.

HS: Among underage students who smoked cigarettes in the past 30 days, the percentage who bought them over the internet.

- Average is 7.4%.
- In HS, nearly three times as many Multiracial students at (16.1%).

HS: Among underage students who smoked cigarettes in the past 30 days, the percentage who bought them through the mail.

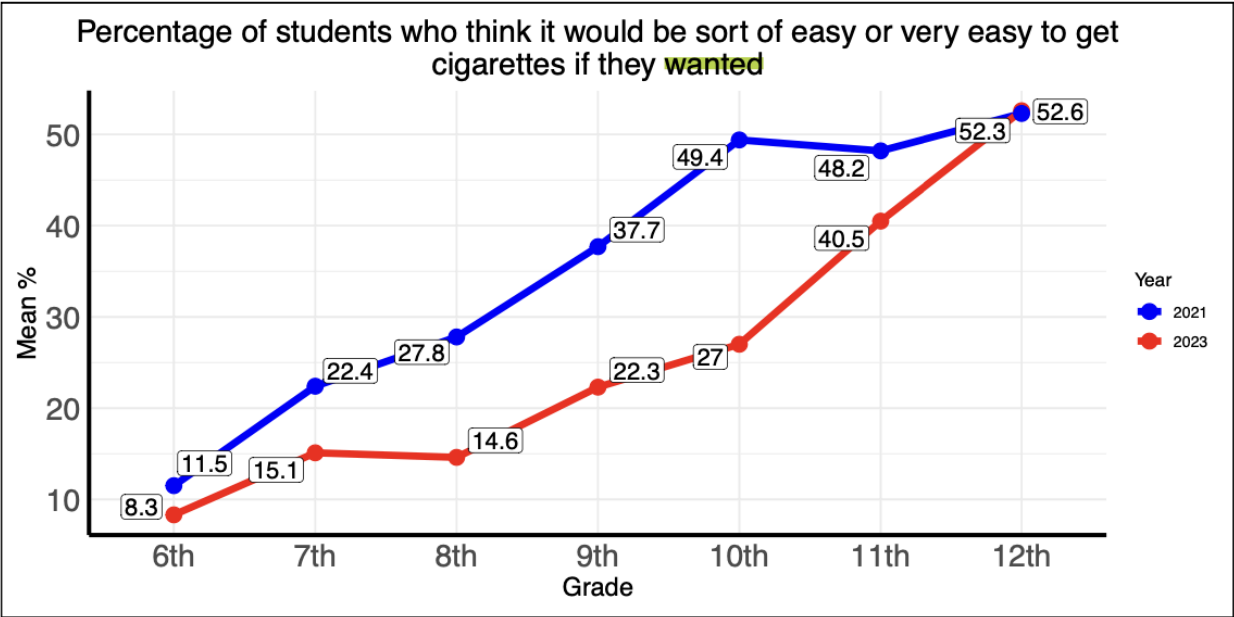
- Average is 6.2%.
- In HS, nearly three times as many Multiracial students (16%).

HS: Among underage students who smoked cigarettes in the past 30 days, the percentage who bought them from a gas station, convenience store, grocery store, or drug store.

- Average is 27.7%, about four times higher than over the internet or mail.
- In HS, more Male students (31.8%) than Female students (18.7%).

MS/HS: Percentage of students who think it would be sort of easy or very easy to get cigarettes if they wanted.

- Average is 12.9% in MS and 35.7% in HS, generally increasing, from 8.3% in 6th grade to 52.6% in 12th grade.
- More Multiracial (19.6% in MS and 40.8% in HS) and White students (14.6% in MS and 40.7% in HS) than Hispanic/Latinx students (10.7% in MS and 29.5% in HS).



HS: Among students who reported current tobacco use, the percentage who ever tried to quit using all tobacco products during the past 12 months.

- Average is 50.9%.

MS/HS: Percentage of students who think people who smoke one or more packs of cigarettes per day have a moderate or great risk of harming themselves physically or in other ways.

- Average is 83.7% in MS and 88% in HS.
- In MS, fewer Bisexual students (64.6%).

MS/HS: Percentage of students who think their parents would feel it is wrong or very wrong for them to smoke tobacco.

- Average is 96.9% in MS and 95.3% in HS.

MS/HS: Percentage of students who think their friends would feel it is wrong or very wrong for them to smoke tobacco.

- Average is 94.5% in MS and 74.6% in HS, steadily decreasing, from 98% in 6th grade to 67.7% in 12th grade.
- Fewer HS Multiracial (65.6%) and White students (70.6%) than Hispanic/Latinx students (80.3%).

MS: Percentage of students who used electronic vapor products for the first time before age 11.

- Average is 3.4%.
- In MS, more Hispanic/Latinx (5.2%) and Multiracial students (3.3%) than White students (1.6%).

- In MS, more Bisexual students (7%) than Straight students (3.6%).

MS/HS: Percentage of students who think people who use electronic vapor products every day have a moderate or great risk of harm.

- Average is 86.2% in MS and 84.9% in HS.
- In HS, fewer Male students (81.1%) than Female students (89.3%).

HS: Percentage of students who think it is wrong or very wrong for someone of the same age to use electronic vapor products.

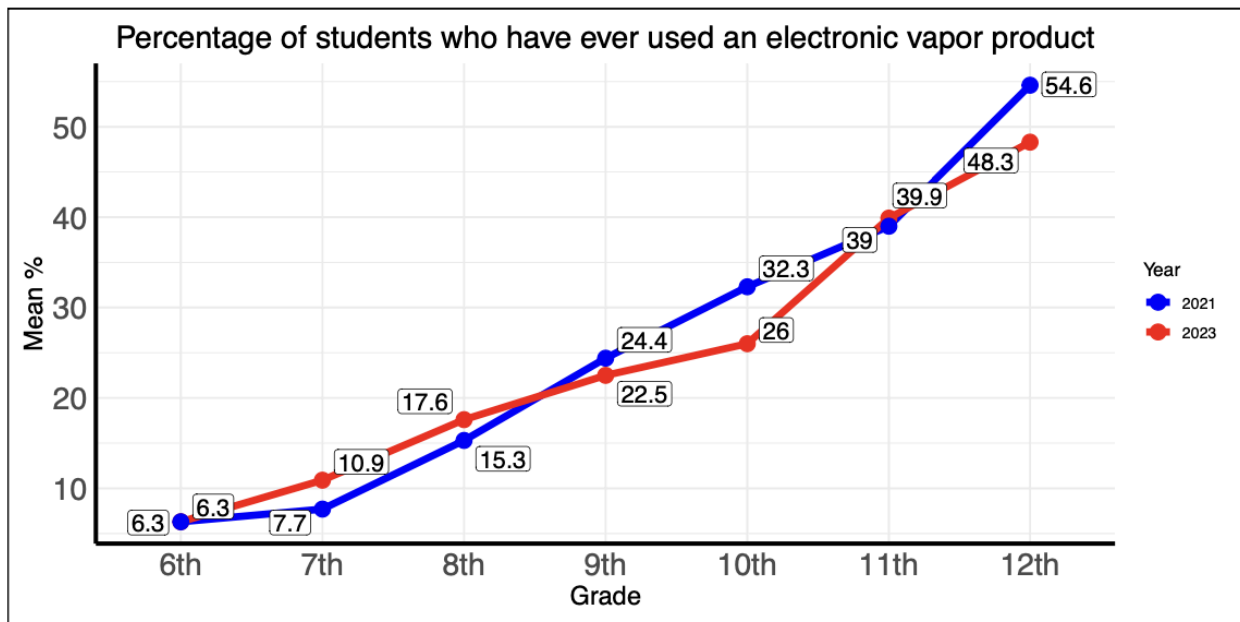
- Average is 91.5% in MS and 81.4% in HS, generally decreasing as students get older.

MS/HS: Percentage of students who think their parents or guardians would feel it is wrong or very wrong if they used electronic vapor products.

- Average is 97.3% in MS and 95.5% in HS.
- In HS, fewer Transgender students at 83.2%.

MS/HS: Percentage of students who have ever used an electronic vapor product.

- Average is 11.9% in MS and 34.5% in HS, steadily increasing from 6.3% in 6th grade to 48.3% in 12th grade.
- More Hispanic/Latinx (17.4% in MS and 38.7% in HS) and Multiracial students (10.9% in MS and 39.7% in HS) than White students (6.6% in MS and 30.1% in HS).



HS: Among students who have used vapor products, the percentage who tried it for the first time before age 13.

- Average is 8.4%.

MS/HS: Percentage of students who used an electronic vapor product in the past 30 days.

- Average is 3% in MS and 10.3% in HS, steadily increasing from 1.6% in 6th grade to 17.3% in 12th grade.
- Far more Bisexual students (14.9% in MS and 22.4% in HS) than Straight students (2.8% in MS and 9.9% in HS).

HS: Among students who have used vapor products, the percentage who used them because friend(s) or family used them.

- Average is 49%.
- In HS, higher for Female students (53.9%) than Male students (43.5%).

HS: Among students who have used vapor products, the percentage who used them because they were trying to quit other tobacco products.

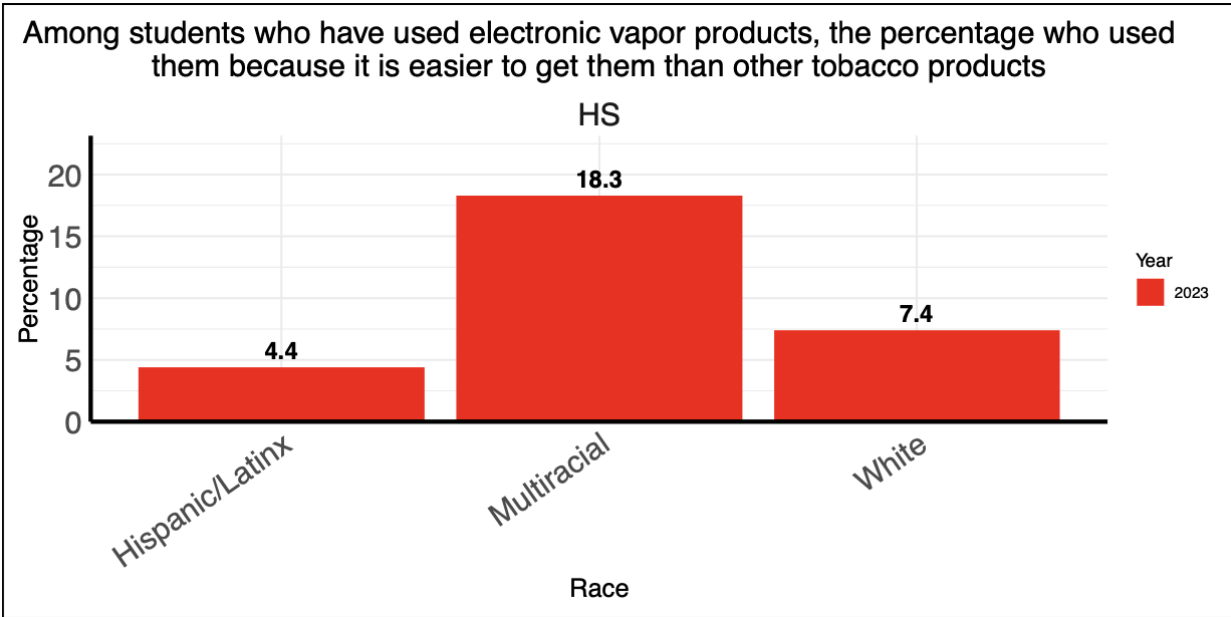
- Average is 1.8%, limited data otherwise.

HS: Among students who have used vapor products, the percentage who used them because they cost less than other tobacco products.

- Average is 1.8%, limited data otherwise.

HS: Among students who have used vapor products, the percentage who used them because it is easier to get them than other tobacco products.

- Average is 6.7%, decreasing from 13.2% in 9th grade to 3.2% in 12th grade. This suggests that access is a key factor related to usage.
- In HS, far more Multiracial students (18.3%) than White (7.4%) and Hispanic/Latinx students (4.4%).



HS: Among students who have used vapor products, the percentage who used them because they are less harmful than other tobacco products.

- Average is 7.2%.

HS: Among students who have used electronic vapor products, the percentage who used them because they are available in flavors.

- Average is 17.6%, steadily decreasing (31.6% in 9th grade to 18.7% in 12th grade).
- In HS, more Multiracial students (30.2%) than Hispanic/Latinx (17.6%) and White students (15.5%).
- In HS, more Bisexual students (30.1%) than Straight students (16.5%).

HS: Among students who have used electronic vapor products, the percentage who used them because they can be used in areas where other tobacco products are not allowed.

- Average is 6.5%.
- In HS, more Multiracial students (16%) than Hispanic/Latinx (6%) and White students (5.4%).

HS: Percentage of students who feel it would be sort of easy or very easy to get electronic vapor products if they wanted.

- Average is 48.9%, steadily increasing from 37.4% in 9th grade to 61.6% in 12th grade.

HS: Among those underage students who tried to buy tobacco or vaping products in a store, the percentage who were not refused because of age.

- Average is 82.9%, steadily decreasing from 93.2% in 9th grade to 65.2% in 12th grade.

HS: Percentage of students who think breathing second hand vapor has a moderate or great risk.

- Average is 68.7%.
- In HS, fewer Male students (65%) than Female students (73.5%).
- In HS, fewer Bisexual students (53.1%) than Straight students (69.3%).

HS: Percentage of students who have used cigars, chewing tobacco, hookah or bidis in the past 30 days.

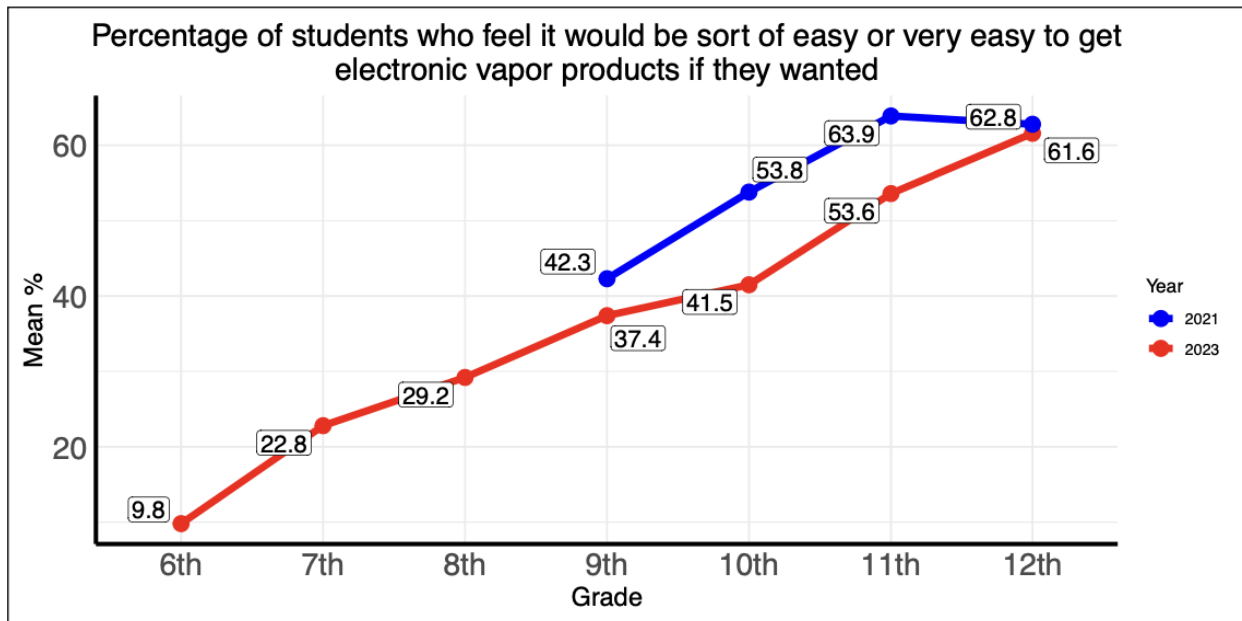
- Average is 4.9%, increasing from 2% in 9th grade to 7% in 12th grade.
- In HS, more Male students (6.7%) than Female students (2.8%).
- In HS, more Multiracial (7.2%) and White students (6.7%) than Hispanic/Latinx students (2.6%).

HS: Percentage of students who were inside their home while someone was smoking a cigarette, cigar, pipe, or using an electronic vapor product for one or more days in the past 7 days.

- Average is 16%, increasing from 13.9% in 9th grade to 18.6% in 12th grade.

MS: Percentage of students who feel it would be sort of easy or very easy to get electronic vapor products if they wanted.

- Average is 21%, steadily increasing, from 9.8% in 6th grade to 29.2% in 8th grade.
- In MS, more Multiracial students (31.5%) than Hispanic/Latinx (21%) and White students (21.1%).



HS: Among students who use electronic vapor products, the percentage who most of the time or always reach for them without thinking about it.

- Average is 12.4%, steadily increasing, from 7.4% in 9th grade to 14.6% in 12th grade.
- In HS, more Female students (15.4%) than Male students (9.6%).
- In HS, more Multiracial students (24.6%) than Hispanic/Latinx (10.9%) and White students (12.8%).
- In HS, more Bisexual students (18.3%) than Straight students (11.3%).

HS: Percentage of students who probably or definitely will use an electronic vapor product if one of their best friends offers it.

- Average is 18.1%, steadily increasing, from 11% in 9th grade to 26.9% in 12th grade.
- In HS, more Female students (15.4%) than Male students (9.6%).
- In HS, more Bisexual (26.8%) and Gay/Lesbian students (30.9%) than Straight students (17.7%).

HS: Percentage of students who have seen or heard ads for electronic vapor products in the past 30 days.

- Average is 56.7%.

Alcohol:

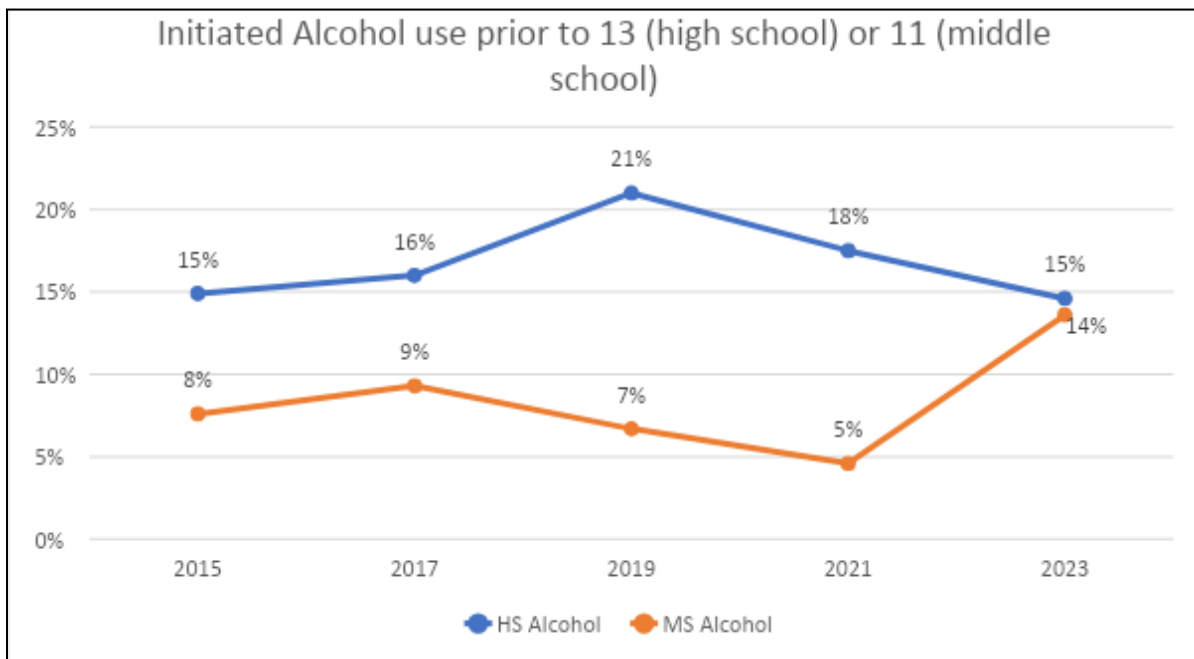
This section focuses on alcohol consumption, access and perceptions of harm.

2023 Key Takeaways:

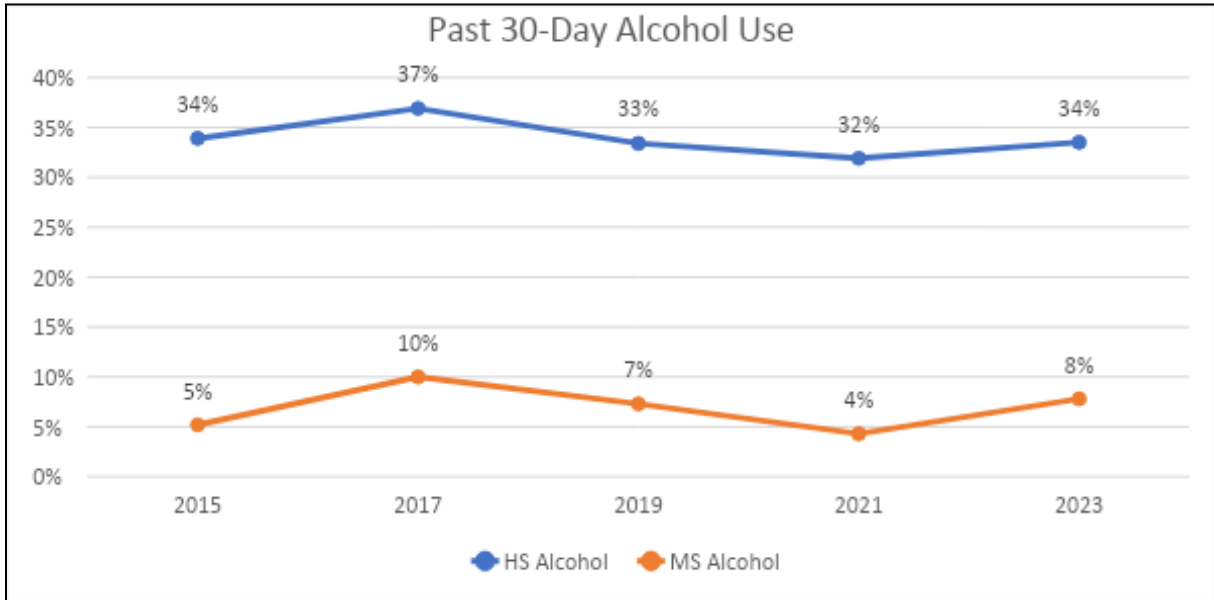
1. About 50% of seniors consumed alcohol in the past 30 days.
2. More Female youth perceive that students are consuming alcohol than Male students.
3. Bisexual and Gay/Lesbian youth consume alcohol much earlier than other students.

Historical Trends:

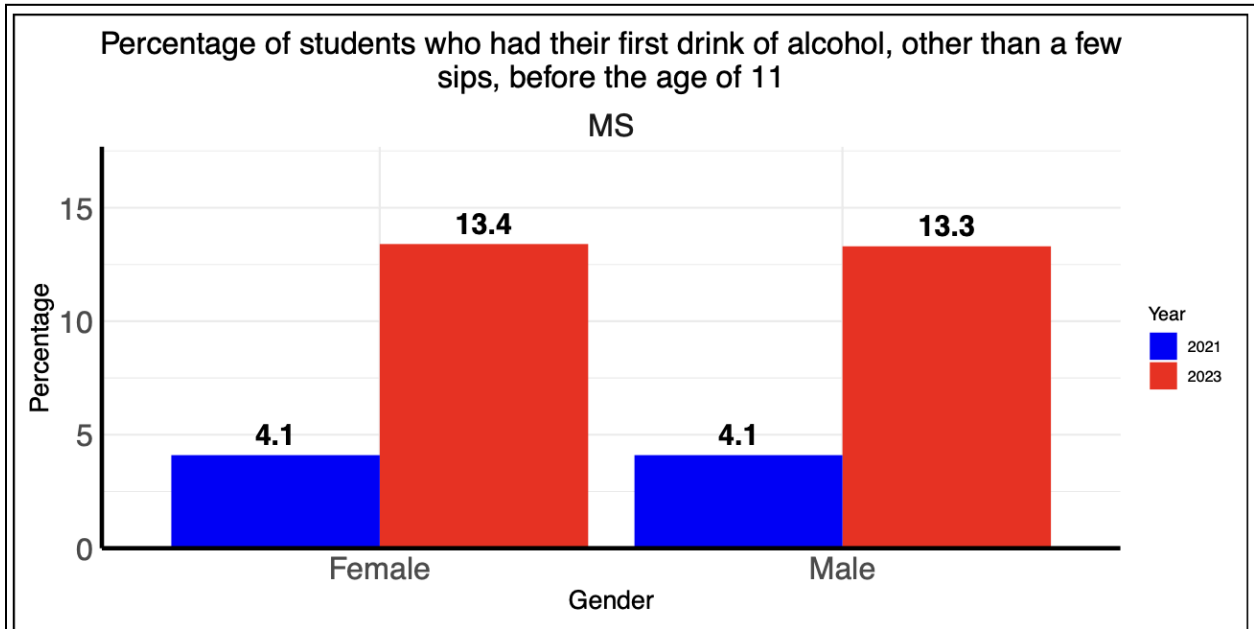
Middle School alcohol use prior to age 11 has been declining from 2017 to 2021, however, there is a 9% increase between 2021 to 2023. High School alcohol use prior to age 13 has been declining since 2019.



Past 30-day alcohol use has remained fairly consistent since 2019.



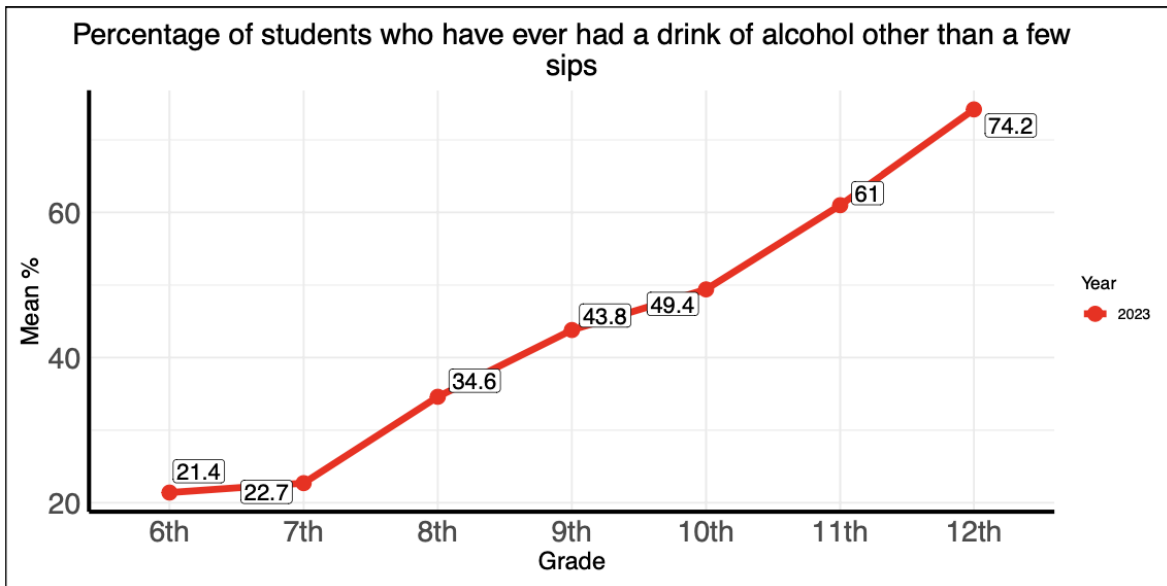
The number of students who had their first drink before 11 tripled since 2021.



Key results by question:

MS/HS: Percentage of students who had ever had a drink of alcohol, other than a few sips.

- Average is 26.7% in MS and 57.6% in HS, steadily increasing from 21.4% in 6th grade to 74.2% in 12th grade.
- More Bisexual students (40.2% in MS and 73.2% in HS) than Straight students (26.7% in MS and 57.5%).



MS: Percentage of students who had their first drink of alcohol, other than a few sips, before the age of 11.

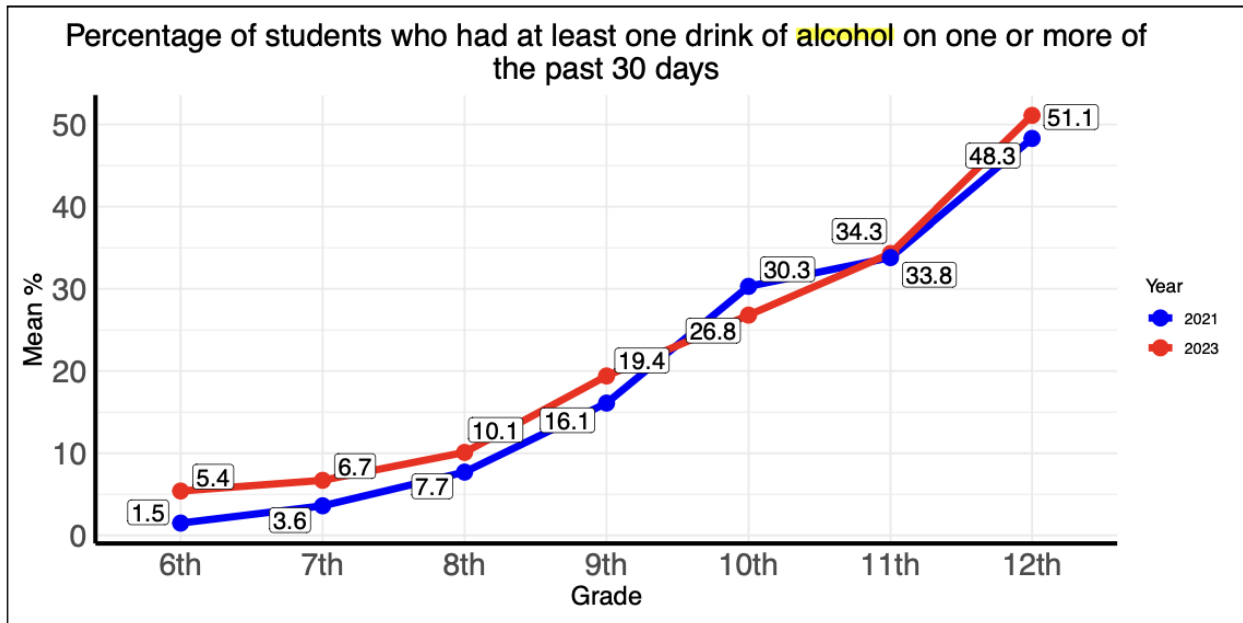
- Average is 13.6%, tripling since 2021.
- In MS, more Hispanic/Latinx (17.4%) and Multiracial students (13.3%) than White students (9.4%).

HS: Percentage of students who had their first drink of alcohol, other than a few sips, before age 13.

- Average is 14.6%.
- In HS, more Multiracial students (25.2%) than Hispanic/Latinx students (14.8%) and White students (15.0%).
- In HS, more Bisexual (25.2%) and Transgender students (30.9%) than Straight students (13.5%).

MS/HS: Percentage of students who had at least one drink of alcohol on one or more of the past 30 days.

- Average is 7.8% in MS and 33.5% in HS, steadily increasing (from 5.4% in 6th grade to 51.1% in 12th grade).
- More Bisexual students (20.4% in MS and 45% in HS) than Straight students (8% in MS and 33.9% in HS).



HS: Percentage of students who binge drank (4+ drinks for Females, 5+ drinks for Males, within a couple of hours) on one or more of the past 30 days.

- Average is 20%, steadily increasing (from 11.7% in 9th grade to 30.5% in 12th grade).
- In HS, more Multiracial students (21.6%) and White students (25.9%) than Hispanic/Latinx students (13.4%).
- In HS, fewer Bisexual students (11.2%) than Straight students (21.2%).

MS: Percentage of students who thought 5 or more out of every 10 students in their grade drank alcohol in the past 30 days.

- Average is 12.8%, steadily increasing from 4.1% in 6th grade to 24.3% in 8th grade.
- In MS, more Female students (17.3%) than Male students (9.5%).

HS: Percentage of students who thought 5 or more out of every 10 students in the same grade had 5 or more drinks on at least one day in the past 30 days.

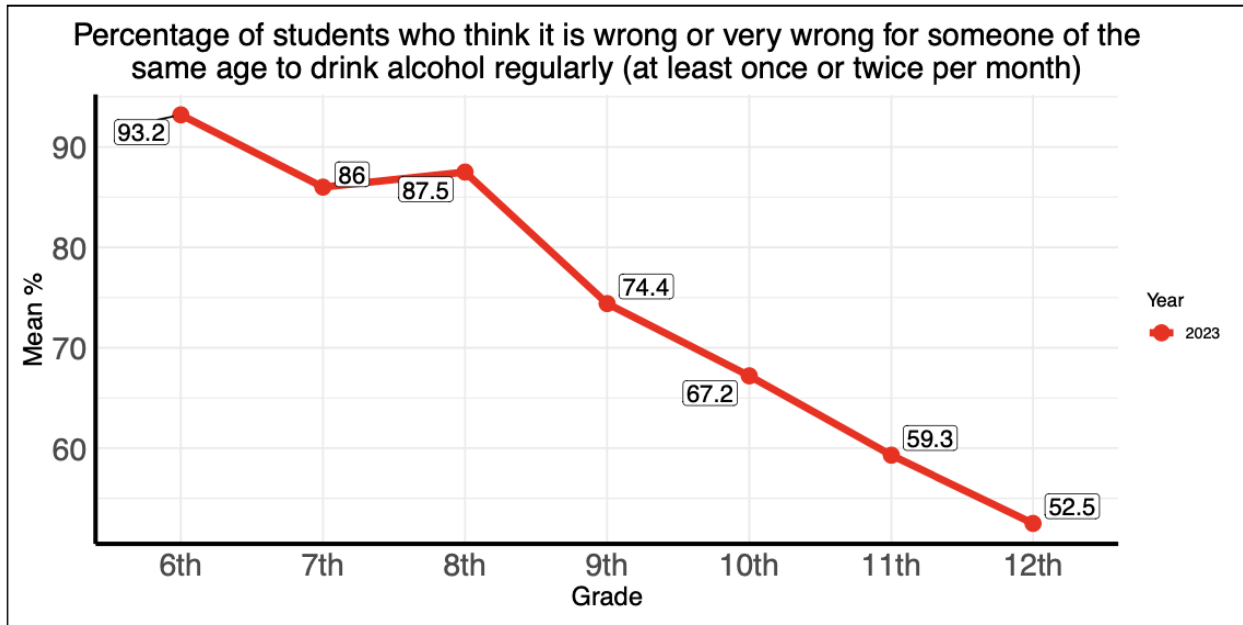
- Average is 52.5%, steadily increasing (from 41.3% in 9th grade to 61.2% in 12th grade).
- In HS, more Female students (62.4%) than Male students (44.8%).

MS/HS: Percentage of students who feel it would be sort of easy or very easy to get alcohol if they wanted.

- Average is 31.6% in MS and 56.6% in HS, steadily increasing from 25% in 6th grade to 65.8% in 12th grade.
- More HS White (69.4%) and Multiracial students (54.9%) than Hispanic/Latinx students (42.8%).
- More HS Transgender (74.2%) and Bisexual students (67.5%) than Straight students (55.8%).

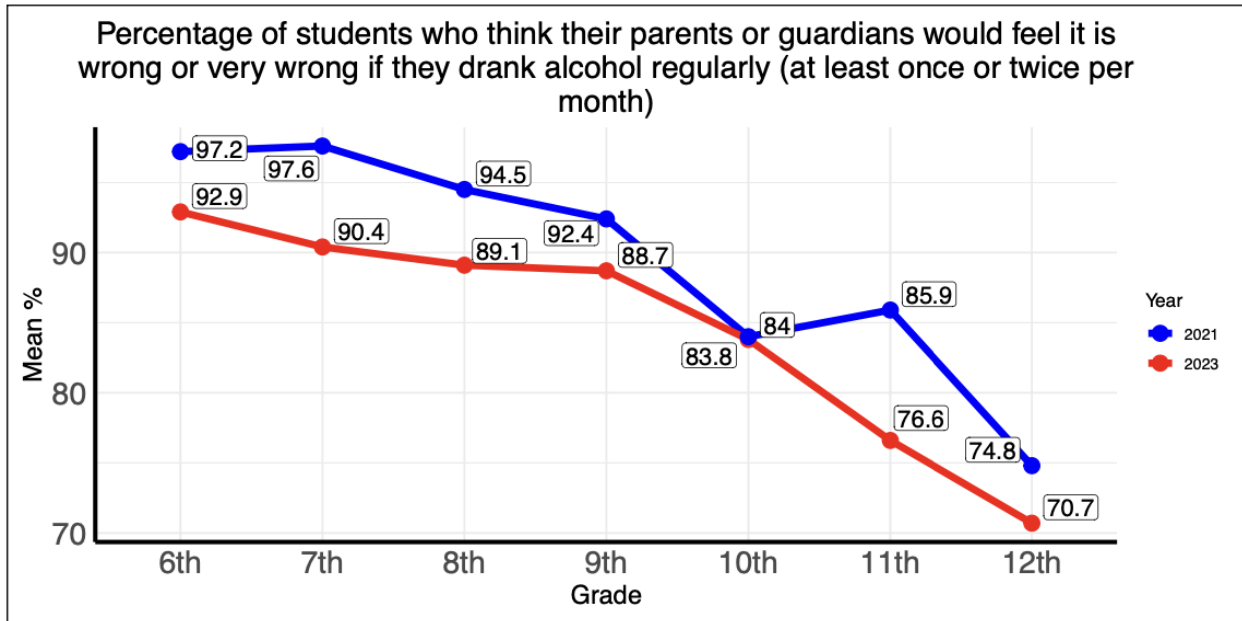
MS/HS: Percentage of students who think it is wrong or very wrong for someone the same age to drink alcohol regularly (at least once or twice per month).

- Average is 89.1% in MS and 63.3% in HS, generally decreasing from 93.2% in 6th grade to 52.5% in 12th grade.
- No differences across races in MS, but one appears in HS, with Hispanic/Latinx students as highest (73.8%), followed by Multiracial (56%) and White students (54.2%). Same trend in the following four questions.



MS/HS: Percentage of students who think their parents or guardians would feel it is wrong or very wrong if they drank alcohol regularly (at least once or twice per month).

- Average is 90.8% in MS and 84.9% in HS, steadily decreasing from 92.9% in 6th grade to 70.7% in 12th grade.
- No differences across races in MS, but one appears in HS, with Hispanic/Latinx students as highest (87.3%), followed by Multiracial (74.2%) and White students (73.1%).



MS/HS: Percentage of students who think their friends would feel it was wrong or very wrong if they had one or two drinks of an alcoholic beverage nearly every day.

- Average is 89.1% in MS and 67.6% in HS, steadily decreasing, from 93.7% in 6th grade to 62.4% in 12th grade.

MS/HS: Percentage of students who think people who have five or more drinks of an alcoholic beverage once or twice a week have a moderate or great risk of harming themselves physically or in other ways.

- Average is 74.6% in MS and 74.8% in HS.

MS/HS: Percentage of students who think their parents would feel it is wrong or very wrong if they drank 1 or 2 drinks of an alcoholic beverage nearly every day.

- Average is 94.1% in MS and 89.9% in HS.

Marijuana:

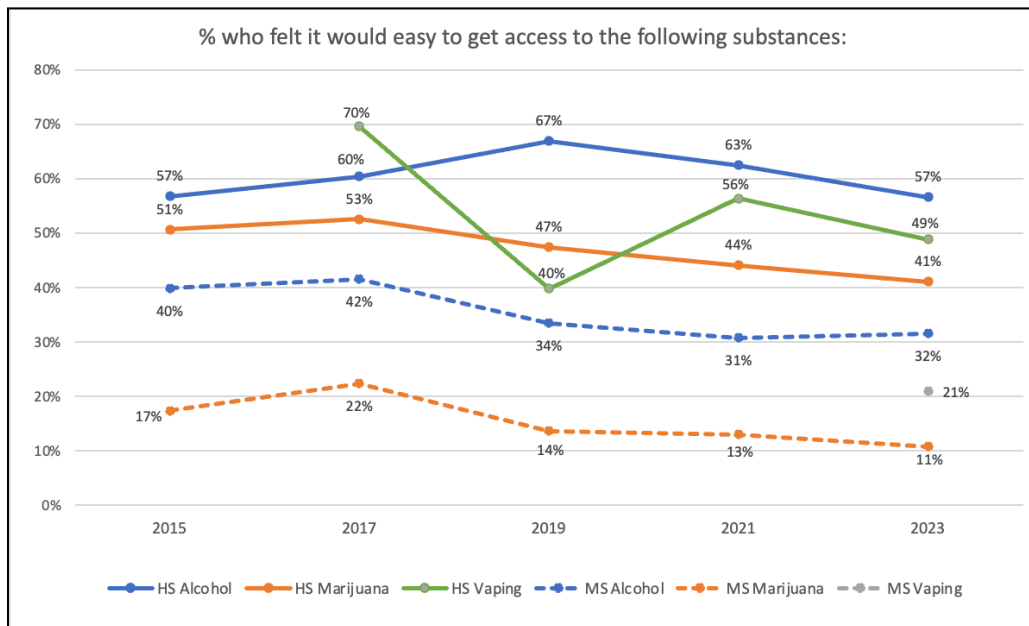
This section focuses on marijuana use, access, and perceptions of harm amongst youth.

2023 Key Takeaways:

1. Significant jump in marijuana use from MS to HS.
2. Almost 50% of youth have tried marijuana by senior year, 12th grade.
3. Bisexual youth seem to try marijuana sooner and use it more frequently.
4. More youth perceive that their parents think using marijuana is wrong than alcohol.
5. Access to marijuana from adults increases most dramatically during senior year, 12th grade.
6. About twice as many Hispanic/Latinx access marijuana from adults than Multiracial and White youth.
7. The percentage of youth who think it is wrong or very wrong for someone of the same age to use marijuana is steadily decreasing from 99.5% in 6th grade to 60.1% in 12th grade.
8. More Hispanic/Latinx youth perceive that their peers, parents, and community members think using marijuana 'is wrong'.

Historical Trends:

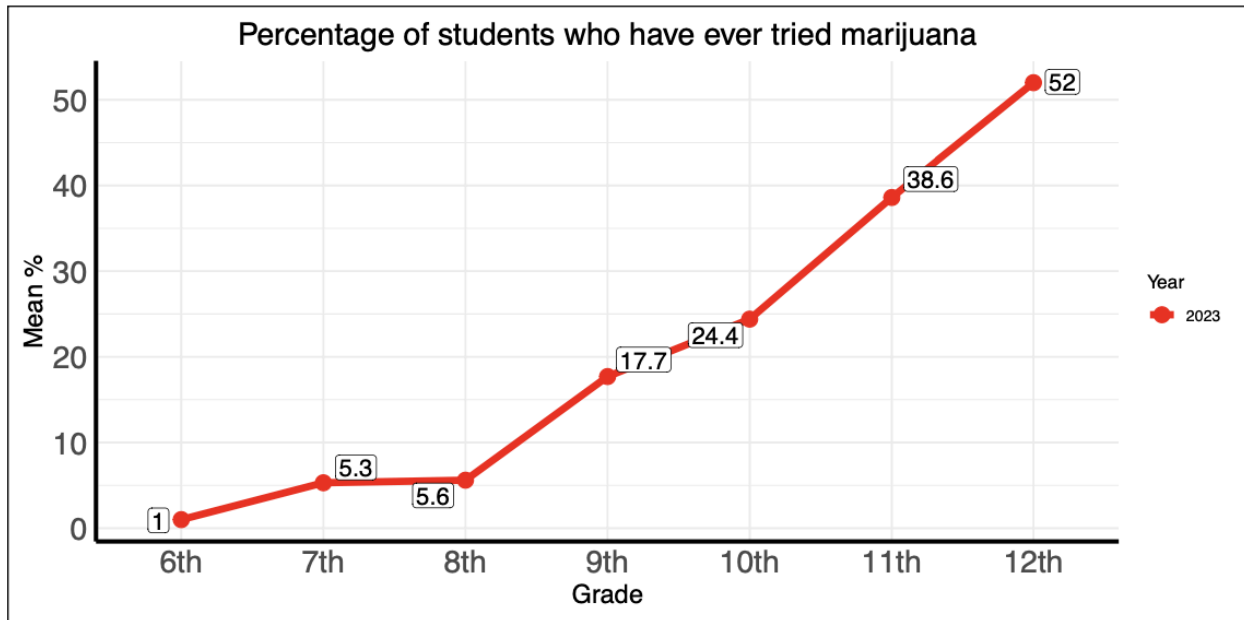
Access to Marijuana has been decreasing since 2017 in both middle school and high school.



Key results by question:

MS/HS: Percentage of students who have ever tried marijuana.

- Average is 4.1% in MS and 33.6% in HS, significantly increasing from 1% in 6th grade to 52% in 12th grade.
- More Bisexual (6.6% in MS and 51.1% in HS) and HS Gay/Lesbian students (50.4%) than Straight students (4.4% in MS and 33.1% in HS).



MS: Percentage of students who tried marijuana for the first time before the age of 11.

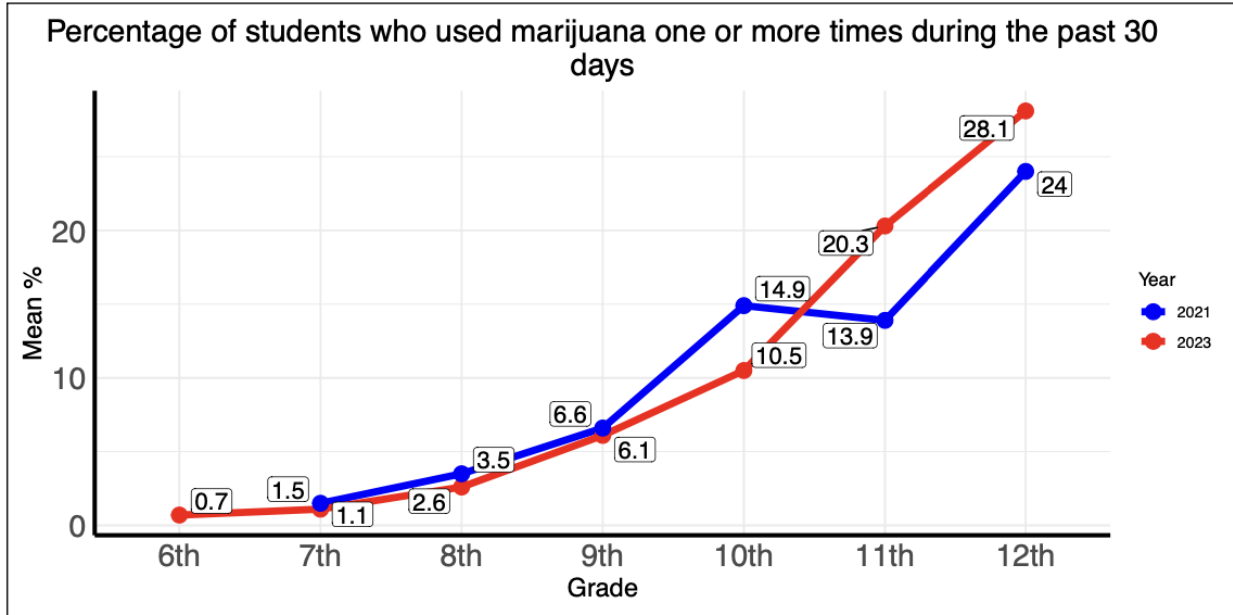
- Average is 1.1%.

HS: Percentage of students who tried marijuana for the first time before age 13.

- Average is 5%.
- In HS, more Bisexual students (9%) than Straight students (4.7%).

MS/HS: Percentage of students who used marijuana one or more times during the past 30 days.

- Average is 1.6% in MS and 16.3% in HS, steadily increasing from 0.7% in 6th grade to 28.1% in 12th grade).
- More Male students (1.9% in MS and 18.1% in HS) than Female students (1.2% in MS than 14.3%).
- In HS, more White (21.6%) and Multiracial students (19.8%) than Hispanic/Latinx students (10.3%).
- Seniors are reporting 28.1%, thus about half of students in 12th grade that have ever used, are currently using.



MS/HS: Among students who used marijuana in the past 30 days, the percentage who smoked it.

- No valid data for MS sample.
- In HS, average is 77.4%.
- In HS, more Multiracial students at 91.5%.

MS/HS: Among students who used marijuana in the past 30 days, the percentage who ate it.

- No valid data for MS sample.
- Average is 41.1%.

MS/HS: Among students who used marijuana in the past 30 days, the percentage who vaporized it.

- No valid data for MS sample.
- Average is 48.4%.

MS/HS: Among students who used marijuana in the past 30 days, the percentage who dabbled it.

- No valid data for MS sample.
- Average is 36.3%.

HS: Among students who used marijuana in the past 30 days, the percentage who usually smoked it.

- Average is 52%.

HS: Among students who used marijuana in the past 30 days, the percentage who usually got it from an adult over the age of 21.

- Average is 32.1%, steadily increasing from 7.6% in 9th grade to 41.4% in 12th grade.
- In HS, more Hispanic/Latinx students (41.1%) than Multiracial (22.5%) and White students (28.8%).

HS: Percentage of students who used THC concentrates, hash oil, or waxes one or more times during the past 30 days.

- Average is 8.9%, steadily increasing from 4.5% in 9th grade to 14.4% in 12th grade.

MS/HS: Percentage of students who feel it would be sort of easy or very easy to get marijuana if they wanted.

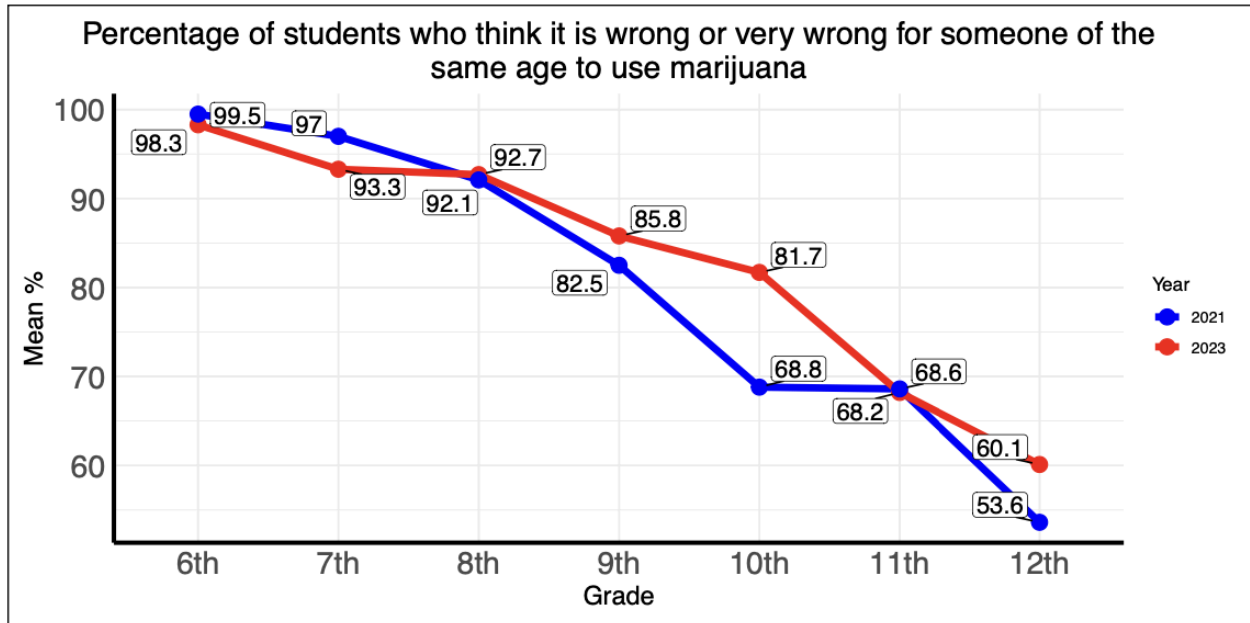
- Average is 10.8% in MS and 41.1% in HS, steadily increasing from 5.3% in 6th grade to 55.9% in 12th grade.
- More White students at 50.6%.
- More Bisexual students at 65.6%.

MS/HS: Percentage of students who thought 5 or more out of every 10 students in their grade used marijuana in the past 30 days.

- Average is 9.4% in MS and 51.2% in HS, steadily increasing from 2.4% in 6th grade to 60.4% in 12th grade.
- More Female students (12.6% in MS and 56.9% in HS) than Male students (6.5% in MS and 46.4% in HS).

MS/HS: Percentage of students who think it is wrong or very wrong for someone of the same age to use marijuana.

- Average is 94.7% in MS and 73.8% in HS, steadily decreasing from 99.5% in 6th grade to 60.1% in 12th grade.
- In HS, fewer White (64.4%) and Multiracial students (70.9%) Hispanic/Latinx students (84.2%).
- In HS, fewer Bisexual students (55.4%) and Gay/Lesbian students (57.3%) than Straight students (74.7%).



MS/HS: Percentage of students who think their parents or guardians feel it is wrong or very wrong if they used marijuana.

- Average is 98.2% in MS and 91.2% in HS.
- In HS, fewer Bisexual (72.1%) and Gay/Lesbian (75.2%) and Transgender students (78.1%) than Straight students (92.3%).

MS/HS: Percentage of students who think people who smoke marijuana once or twice a week have a moderate or great risk of harming themselves physically or in other ways.

- Average is 79.9% in MS and 66.1% in HS, generally decreasing, from 78.6% in 6th grade to 59.7% in 12th grade.
- Fewer Bisexual (68% in MS and 45.8% in HS) and HS Gay/Lesbian (52.6%) than Straight students (81.3% in MS and 66.7% in HS).

MS/HS: Percentage of students who think their friends would feel it is wrong or very wrong for them to smoke marijuana.

- Average is 91.2% in MS and 60.3% in HS, steadily decreasing, from 96.1% in 6th grade to 45% in 12th grade.
- In HS, fewer Multiracial (51.9%) and White students (51.5%) than Hispanic/Latinx students (70.6%).
- Fewer Bisexual (81.9% in MS and 41.5% in HS) and HS Gay/Lesbian (46.2%) than Straight students (91.4% in MS and 62.1% in HS).

Prescription Pain Medication:

This section focuses on use, access, and perceptions of harm of prescription pain medications.

2023 Key Takeaways:

1. Bisexual, Gay/Lesbian and Transgender youth are far more likely to use, and increase use from MS to HS.
2. All youth shared approximately the same perception of harm, which essentially stayed the same from 6th to 12th grade.

Historical Trends:

No major changes over the last few years. Questions are also slightly different, which makes comparison difficult.

Key results by question:

MS/HS: Percentage of students who have ever used prescription pain medicine not prescribed to them or differently than how a doctor told them to use it.

- Average is 5.4% in MS and 8% in HS.
- More Bisexual (10.9% in MS and 18.5% in HS) and HS Transgender students (16.7%) than Straight students (4.9% in MS and 7.3% in HS).

HS: Percentage of students who took prescription pain medicine not prescribed to them or differently than how a doctor told them to use it one or more times in the past 30 days.

- Average is 3.4%, with no noticeable changes from 9th to 12th grade.
- In HS, more Bisexual students (8.5%) than Straight students (3.2%).

MS/HS: Percentage of students who feel it would be sort of easy or very easy to get prescription pain medicine not prescribed to them.

- Average is 16.8% in MS and 19.9% in HS.
- In HS, more Bisexual (40.2%) and Transgender students (40.4%) than Straight students (18%).

MS/HS: Percentage of students who think it is wrong or very wrong for someone of the same age to use prescription pain medicine without a doctor's prescription.

- Average is 91.2% in MS and 92.1% in HS.

MS: Percentage of students who used prescription pain medicine not prescribed to them or differently than how a doctor told them to use it for the first time before age 11.

- Average is 3.1%.

HS: Percentage of students who used prescription pain medicine not prescribed to them or differently than how a doctor told them to use it for the first time before age 13.

- Average is 3.7%
- In HS, more Transgender students at 11.5%.

MS/HS: Percentage of students who think people who use prescription drugs that are not prescribed to them have a moderate or great risk of harming themselves physically or in other ways.

- Average is 83.3% in MS and 89.4% in HS.
- Fewer Bisexual students (72.7% in MS and 78.1% in HS) than Straight students (85% in MS and 89.6% in HS).

MS/HS: Percentage of students who think their parents would feel it is wrong or very wrong for them to use prescription drugs not prescribed to them.

- Average is 95.9% in MS and 95.6% in HS.

MS/HS: Percentage of students who think their friends would feel it is wrong or very wrong to use prescription drugs not prescribed to them.

- Average is 93.3% in MS and 85.1% in HS.

Other Drugs:

This section focuses on use, access and perception of harm of various drugs.

2023 Key Takeaways:

1. Most significant increase in drug use is in senior year, 12th grade.
2. Male youth used other drugs more than Females.
3. Multiracial youth used other drugs far more than the other races.
4. Far more drug usage by Bisexual youth. Limited data on Gay/Lesbian and Transgender youth.

Historical Trends:

No major changes over the last few years. Questions are also slightly different, which makes comparison difficult.

Key results by question:

HS: Percentage of students who ever used cocaine.

- Average is 3.6%, increasing from 1% in 9th grade to 6.1% in 12th grade.
- In HS, more Male students (4.8%) than Female students (1.9%).
- In HS, more Multiracial students at (5.9%).
- In HS, more Bisexual students (6%) than Straight students (3.5%).

HS: Percentage of students who ever sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high.

- Average is 2%.
- In HS, more Multiracial students at (4.4%).

HS: Percentage of students who ever used heroin.

- Average is 0.8%, limited data otherwise.
- In HS, more Multiracial students at (2.5%).

HS: Percentage of students who ever used methamphetamines.

- Average is 1.5%, limited data otherwise.
- In HS, more Male students (2.2%) than Female students (0.7%).
- In HS, more Multiracial students at (3.5%).

HS: Percentage of students who ever used ecstasy in their life.

- Average is 2.4%.
- In HS, more Male students (3.1%) than Female students (1.3%).
- In HS, more Multiracial students at (5.5%).

HS: Percentage of students who have ever used psychedelics.

- Average is 5.4%.
- In HS, more Male students (7.6%) than Female students (2.8%).
- Significant increase from 3.3% in 10th grade to 9% in 11th grade.
- In HS, more Multiracial students at 9.3%.

HS: Percentage of students who have ever used fentanyl.

- Average is 1.2%.
- In HS, more Male students (1.5%) than Female students (0.6%).
- In HS, more Multiracial students at 4.4%.

HS: Percentage of students who have ever used kratom.

- Average is 0.9%.
- In HS, more Male students (1.3%) than Female students (0.4%).
- In HS, more Multiracial students at 3.3%.

HS: Percentage of students who have ever used hemp-derived, intoxicating cannabinoid products like Delta-8 and Delta-10 THC.

- Average is 5.1%, generally increasing, from 1.9% in 9th grade to 7.1% in 12th grade.
- In HS, more Male students (6%) than Female students (4%).
- In HS, more Multiracial (7.5%) and White students (6.9%) than Hispanic/Latinx students (2.8%).
- In HS, more Bisexual students (13.6%) than Straight students (4.3%).

HS: Percentage of students who have ever used stimulants not prescribed to them or differently than prescribed.

- Average is 5.4%, increasing from 2.8% in 9th grade to 7.4% in 12th grade.
- In HS, more Male students (3.8%) than Female students (6.7%).
- In HS, more Multiracial (7.6%) and White students (7.5%) than Hispanic/Latinx students (3%).
- In HS, more Bisexual students (12%) than Straight students (5.1%).

HS: Percentage of students who think it would be sort of easy or very easy to get illegal drugs.

- Average is 26.5%, steadily increasing, from 20.2% in 9th grade to 33.4% in 12th grade.
- In HS, more Male students (30.1%) than Female students (22.2%).

Sexual Behaviors:

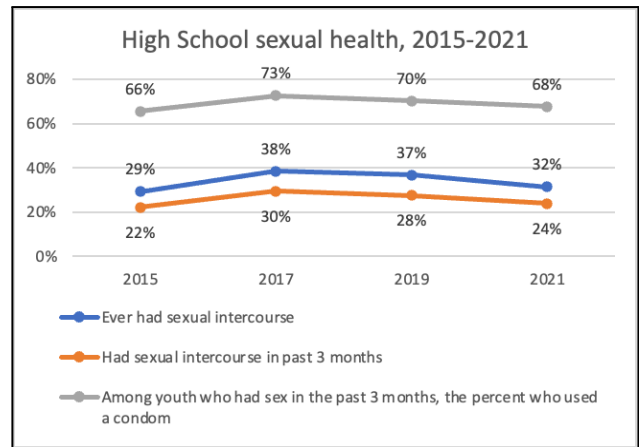
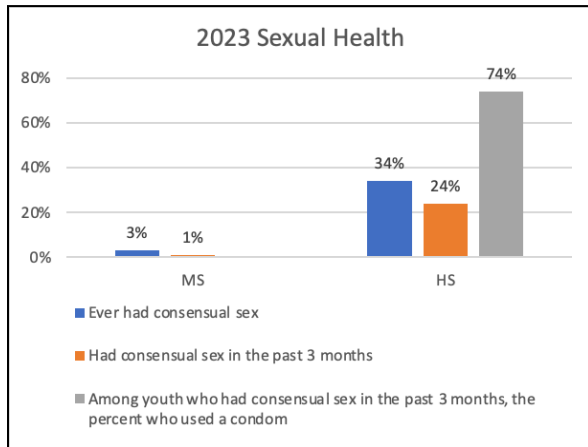
This section focuses on sexual activity and safety of youth.

2023 Key Takeaways:

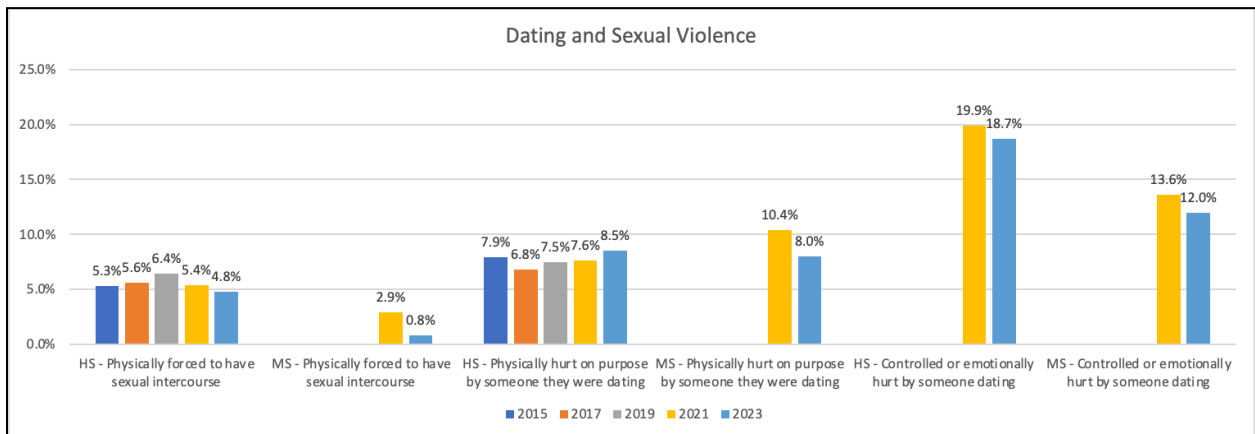
1. Fewer Female youth are using contraception than Male youth.
2. 60.2% of youth have had sex by 12th grade.
3. Condoms are the most common form of protection/birth-control.
4. Gay/Lesbian students are more sexually active than Straight youth.

Historical Trends:

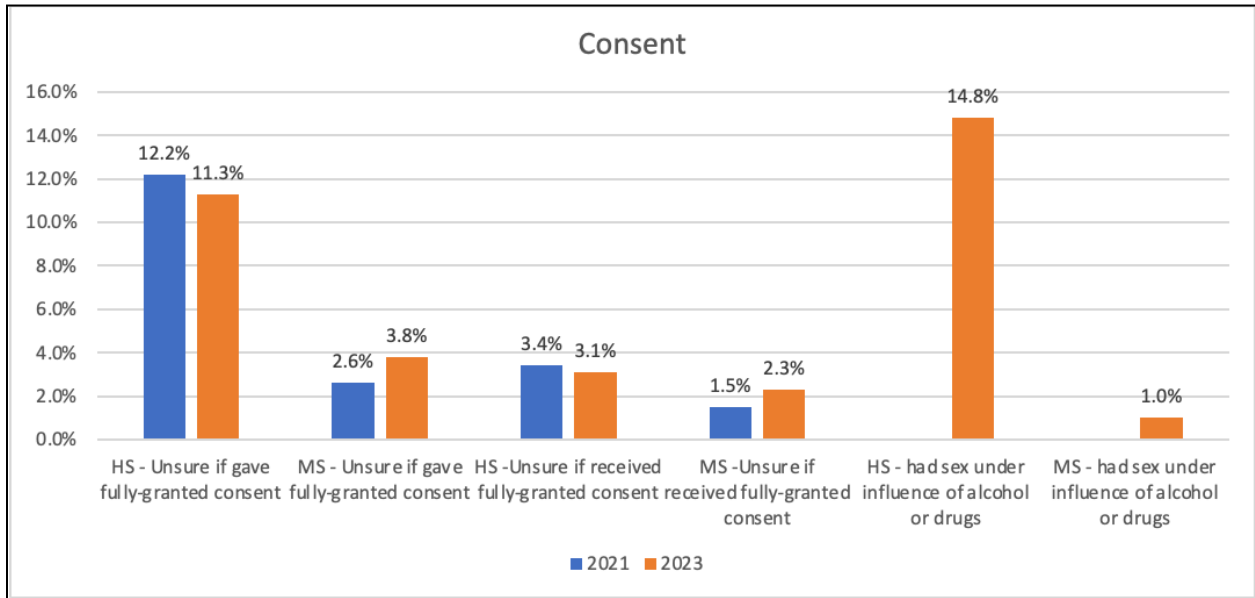
Not much change in the amount of sexual intercourse over the last several years.



In 2023, fewer overall youth being physically and emotionally controlled by someone that they are dating.



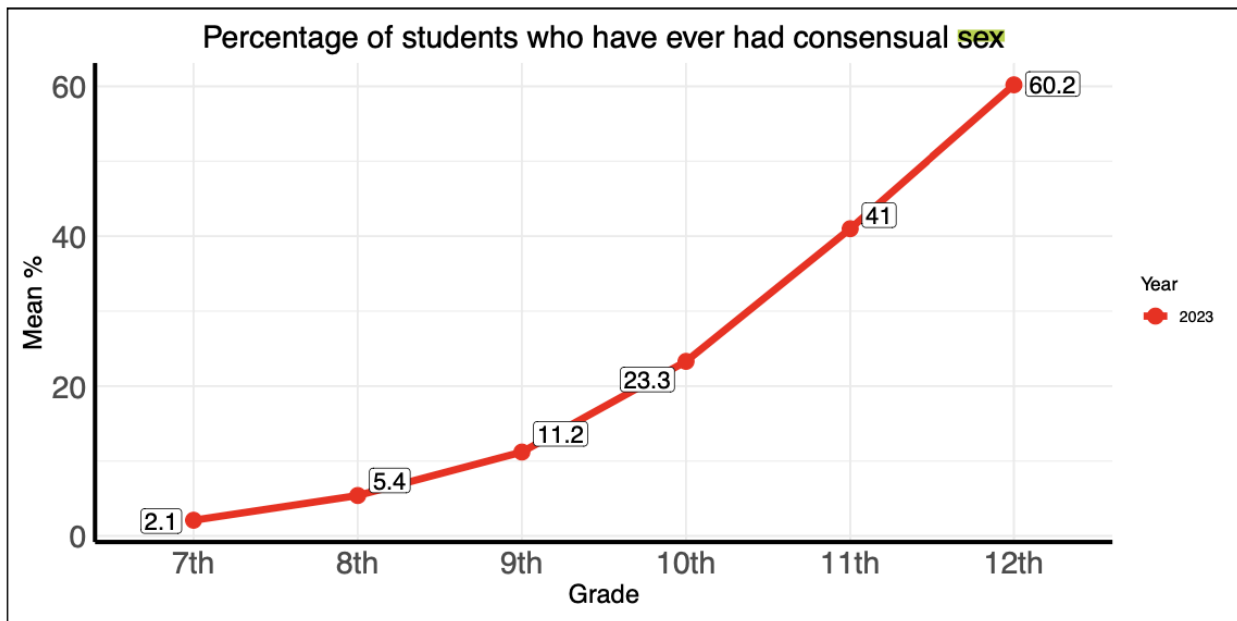
In 2023, improvement of sexual consent in high school, but worse behavior amongst middle schoolers.



Key results by question:

MS/HS: Percentage of students who have ever had consensual sex.

- Average is 2.6% in MS and 34.4% in HS, steadily increasing from 2.1% in 7th grade to 60.2% in 12th grade.

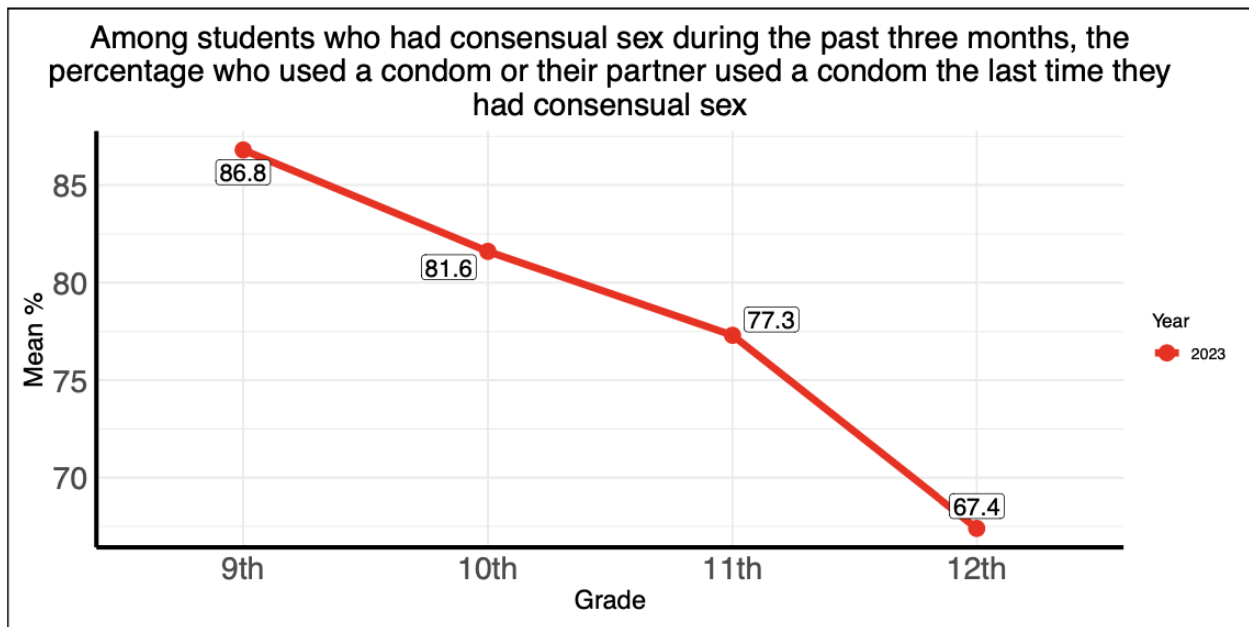


HS: Percentage of students who had consensual sex in the last three months.

- Average is 23.9%, increasing from 8.1% in 9th grade to 43.5% in 12th grade.
- In HS, more Gay/Lesbian (39.8%) and Bisexual students (28.4%) than Straight students (24.1%).

HS: Among students who had consensual sex during the past three months, the percentage who used a condom or their partner used a condom the last time they had consensual sex.

- Average is 74.1%, steadily decreasing from 86.8% in 9th grade to 67.4% in 12th grade.
- In HS, fewer Female students (65.8%) than Male students (83.2%).
- In HS, fewer Multiracial (66.9%) and Hispanic/Latinx students (70.8%) than White students (77.8%).



HS: Among students who had consensual sex during the past three months, the percentage who used or their partner used any method of contraception the last time they had consensual sex.

- Average is 90.2%.
- In HS, slightly fewer Female students (87.2%) than Male students (93.9%).
- In HS, fewer Multiracial (82.3%) and Hispanic/Latinx students (88.8%) than White students (92.4%).

Nutrition:

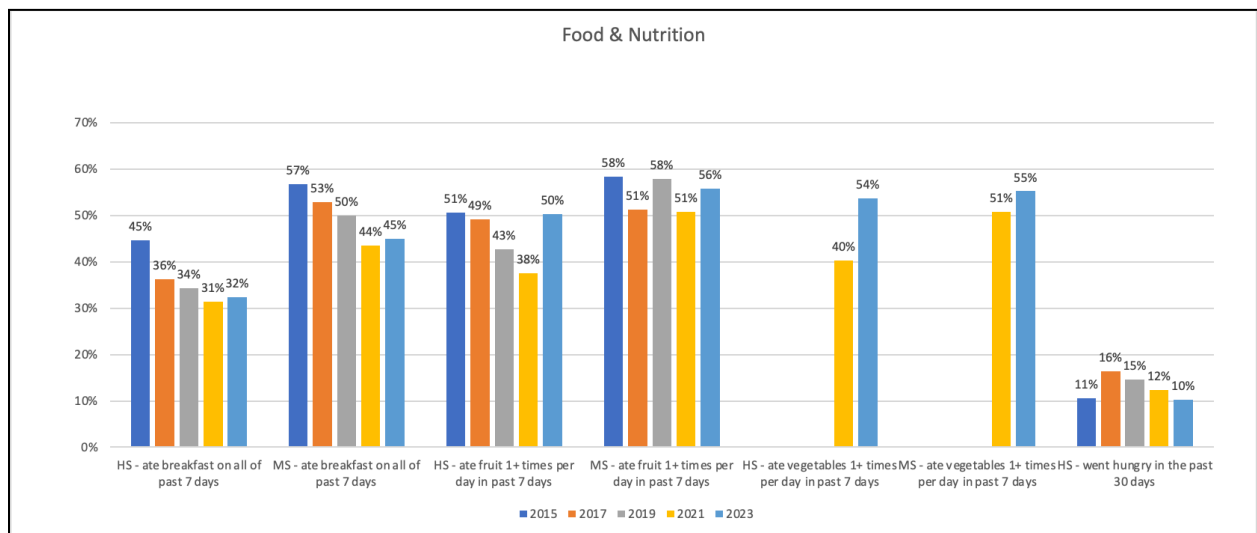
This section focuses on diet and access to food amongst youth.

2023 Key Takeaways:

1. The percentage of youth who ate breakfast on all of the past seven days is much lower for Multiracial and Hispanic/Latinx youth.
2. Multiracial and Hispanic/Latinx youth appear to have access to far less healthy food than White youth.

Historical Trends:

In 2023, students are eating breakfast more frequently, along with fruit and vegetables. This is the first year since 2015 where the overall trend of nutrition behavior and access has improved. Fewer students are going hungry and more have access to food. While the numbers in 2023 are not near 2015, the trend of worsening access seems to have changed.



Key results by question:

MS/HS: Percentage of students who ate fruit one or more times per day in the past seven days.

- Average is 55.8% in MS and 50.3% in HS.
- Fewer Hispanic/Latinx students (48.9% in MS and 43.5% in HS) than Multiracial (56.1% in MS to 54.9% in HS) and White students (63.2% in MS to 56.3% in HS).
- Fewer Bisexual students (36.4% in MS and 40.7% in HS) than Straight students (57.2% in MS and 51.4% in HS).

MS/HS: Percentage of students who ate vegetables such as green salad, potatoes, carrots, or other vegetables one or more times per day in the past seven days.

- Average is 55.2% in MS and 53.6% in HS.
- Fewer Hispanic/Latinx students (45.4% in MS and 40.7% in HS) than Multiracial (55.7% in MS to 61.9% in HS) and White students (65.7% in MS to 64.5% in HS).
- Fewer Bisexual students (44.2% in MS and 47% in HS) than Straight students (55% in MS and 53.9% in HS).

MS/HS: Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day in the past seven days.

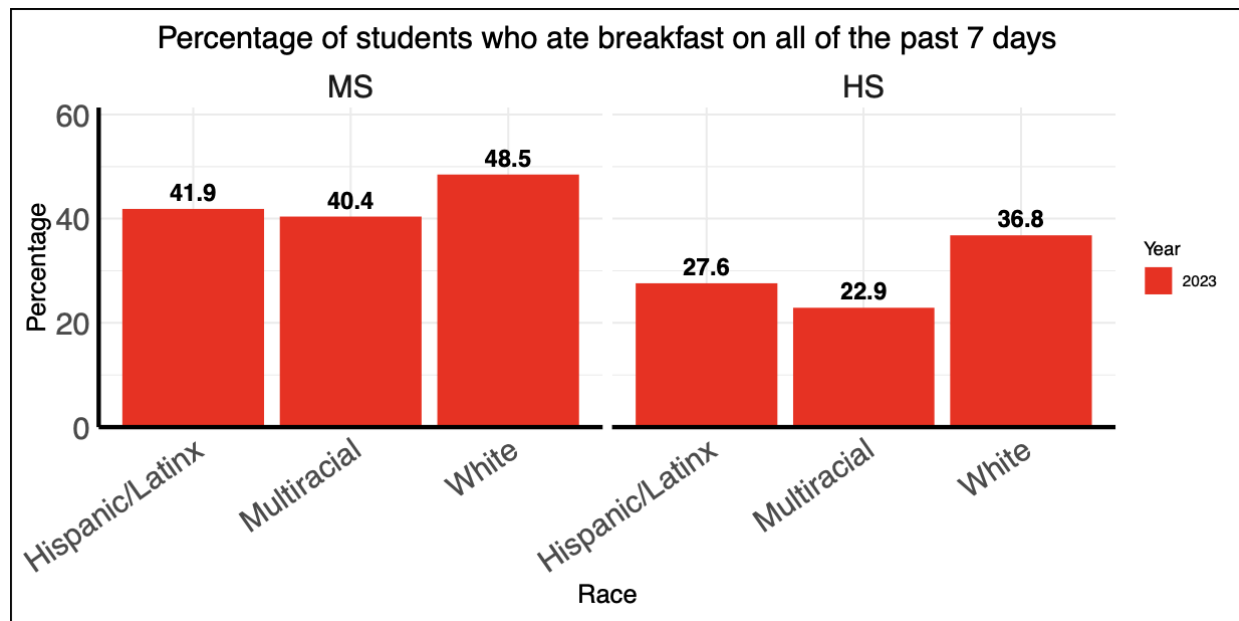
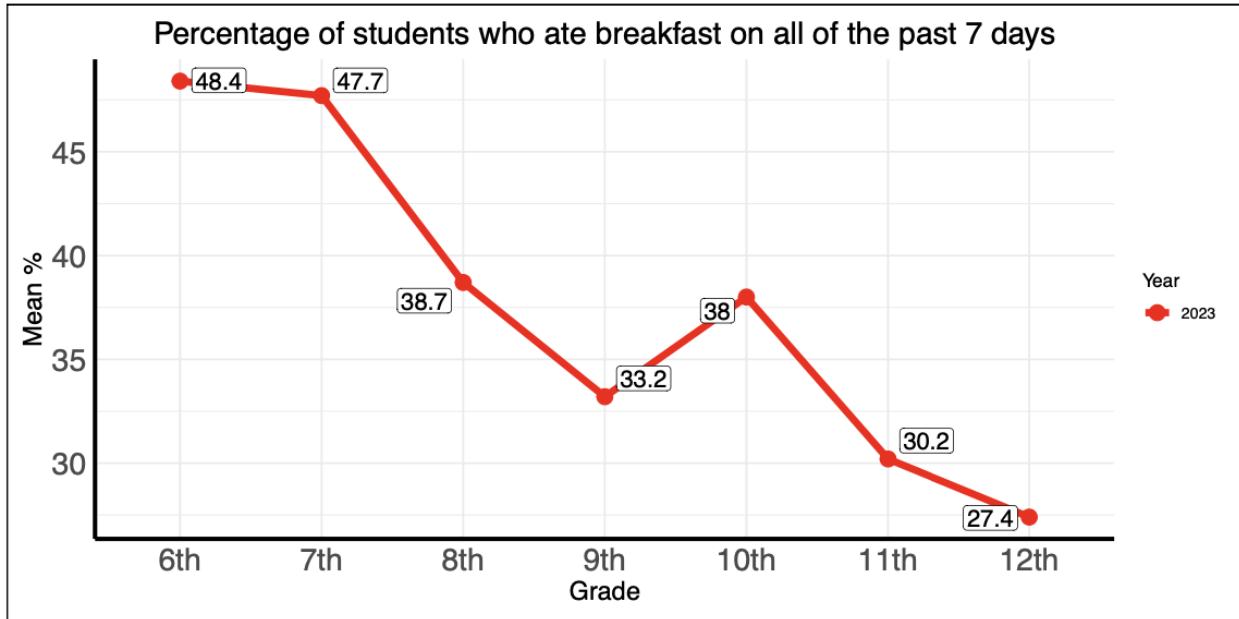
- Average is 18.9% in MS and 22.1% in HS.
- More Male students (19.4% in MS and 26.5% in HS) than Female students (18.5% in MS and 17.4% in HS).
- More Hispanic/Latinx (27.1% in MS and 26.4% in HS) and Multiracial students (20.5% in MS and 25.1% in HS) than White students (10.6% in MS and 17.8% in HS).

MS/HS: Percentage of students who drank a sports drink, energy drink, or other sweetened beverage one or more times in the past 7 days.

- Average is 67.1% in MS and 69.1% in HS.

MS/HS: Percentage of students who ate breakfast on all of the past seven days.

- Average is 44.9% in MS and 32.3% in HS.
- Fewer Female students (37.9% in MS and 25.1% in HS) than Male students (51.8% in MS and 39% in HS).
- Fewer Multiracial (40.4% in MS and 22.9% in HS) and Hispanic/Latinx students (41.9% in MS and 27.6%) than White students (48.5% in MS and 36.8% in HS).
- Fewer Bisexual students (32.3% in MS and 15.7% in HS) and HS Gay/Lesbian students (9.9%) than Straight students (44.9% in MS and 34.1% in HS).



MS/HS: Percentage of students who sometimes, most of the time, or always went hungry in the past 30 days because of a lack of food at home.

- Average is 12.3% in MS and 10.3% in HS.
- More Hispanic/Latinx students (15.8% in MS and 11.7% in HS) and Multiracial (21.2% in MS and 17.3% in HS) than White students (8.9% in MS and 8.6% in HS).

Physical Activity:

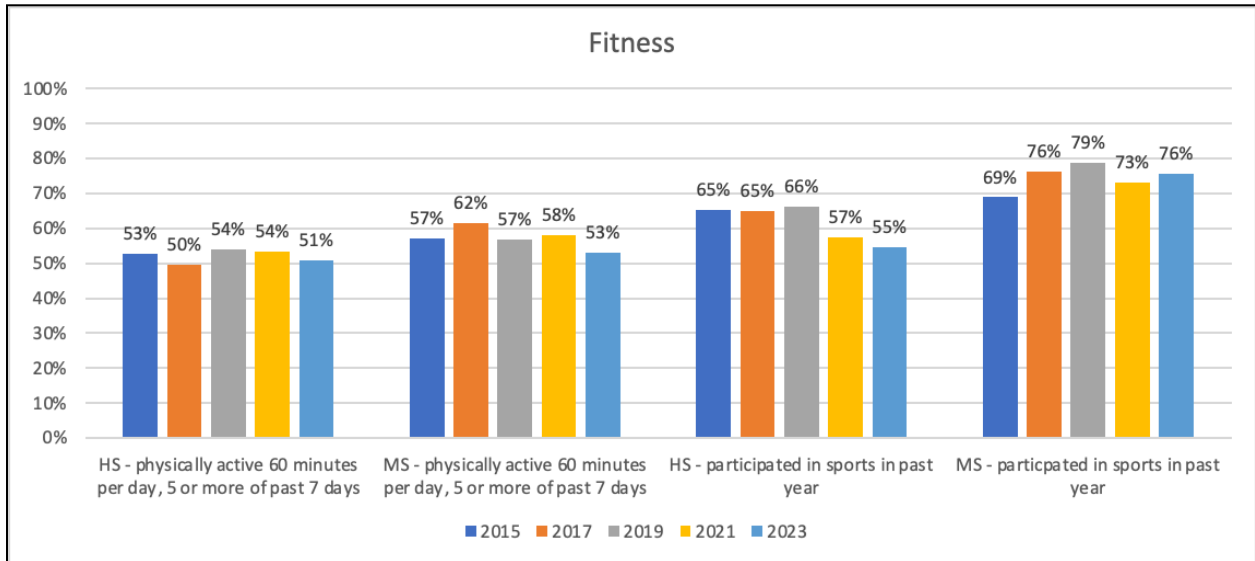
This section is focused on physical health, sleep and screen time.

2023 Key Takeaways:

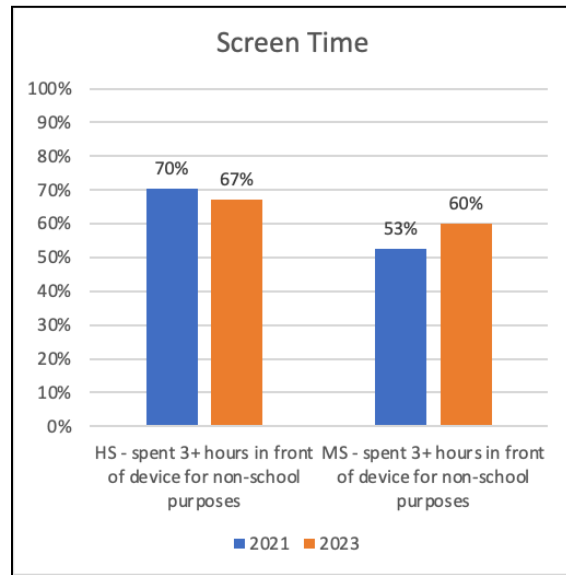
1. Male youth are more active than Females.
2. Generally, less physical activity in Hispanic/Latinx, Bisexual and Gay/Lesbian youth.

Historical Trends:

In 2023, other than slightly more middle schoolers participating in sports, there seems to be a reduction in the amount of outdoor activity and sports amongst youth, compared to the last few years.



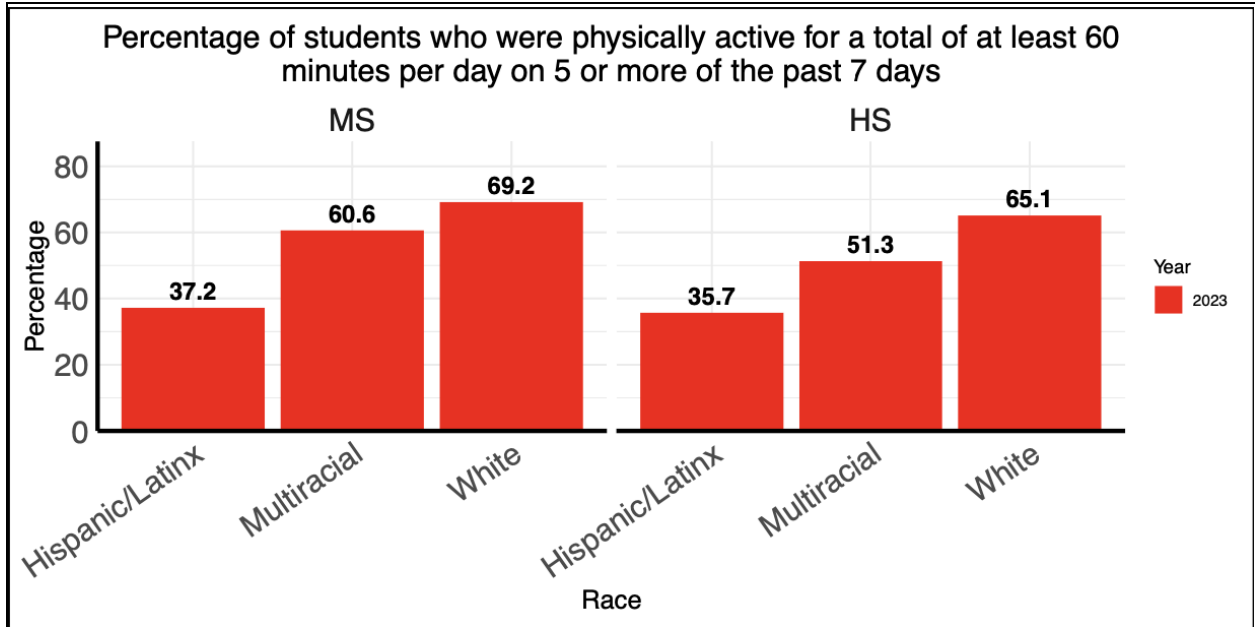
In 2023, middle schoolers are spending more time on screens, while high schoolers are spending less, compared to 2021.



Key results by question:

MS/HS: Percentage of students who were physically active for a total of at least 60 minutes per day on five or more of the past 7 days.

- Average is 53.1% in MS and 51% in HS.
- More Male students (61.1% in MS and 60% in HS) than Female students (46.4% in MS and 42.1% in HS).
- Fewer Hispanic/Latinx (37.2% in MS and 35.7% in HS) and Multiracial students (60.6% in MS and 51.3% in HS) than White students (69.2% in MS and 61.5%).
- Fewer Bisexual (26.2% in MS and 30.5%) and HS Gay/Lesbian students (26%) than Straight students (56.1% in MS and 54.2% in HS).



MS/HS: Percentage of students who spent 3+ hours in front of a TV, computer, smart phone, or other electronic device for something other than schoolwork.

- Average is 60.1% in MS and 67.1% in HS.
- More Hispanic/Latinx students (68.8% in MS and 71% in HS).
- More Bisexual students (72.5% in MS and 74.6% in HS).

HS: Percentage of students who could walk or ride a bike, scooter, or skateboard to school if they wanted to.

- Average is 41.7%.
- In HS, more Male students (44.7%) than Female students (38.9%).

HS: Percentage of students who had a concussion in the past 12 months from playing sports or being physically active.

- Average is 21.1%.
- In HS, more Male students (25.2%) than Female students (16.8%).

Home Life:

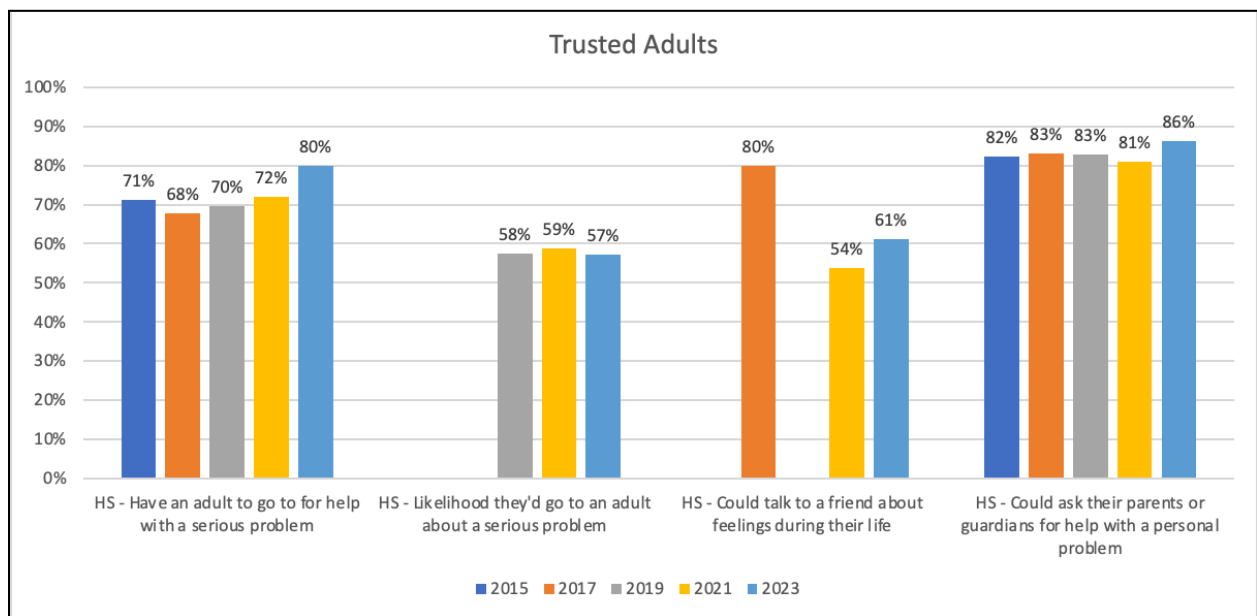
This section focuses on home relationships and family.

2023 Key Takeaways:

1. Perception of parental support and guidance in the home is much lower for Bisexual and Gay/Lesbian youth.
2. There's evidence of less engagement from parents during senior year, 12th grade.

Historical Trends:

In 2023, youth generally have more trusted adults and friends that they feel they can go to if they have a serious or personal problem. Although high schoolers don't seem more likely to go to an adult than previous years, the number of adults that they have access to has increased.



Key results by question:

MS/HS: Percentage of students who usually slept somewhere other than their home during the past 30 days.

- Average is 6.9% in MS and 8.8% in HS.
- More Male students (9.2% in MS and 11.5% in HS) than Female students (4.7% in MS and 5.4% in HS).
- More Multiracial (8.3% in MS and 15.6% in HS) and White (7.6% in MS and 10% in HS) students than Hispanic/Latinx students (6.1% in MS and 6.8%).

HS: Percentage of students who usually or definitely feel the rules in their family are clear.

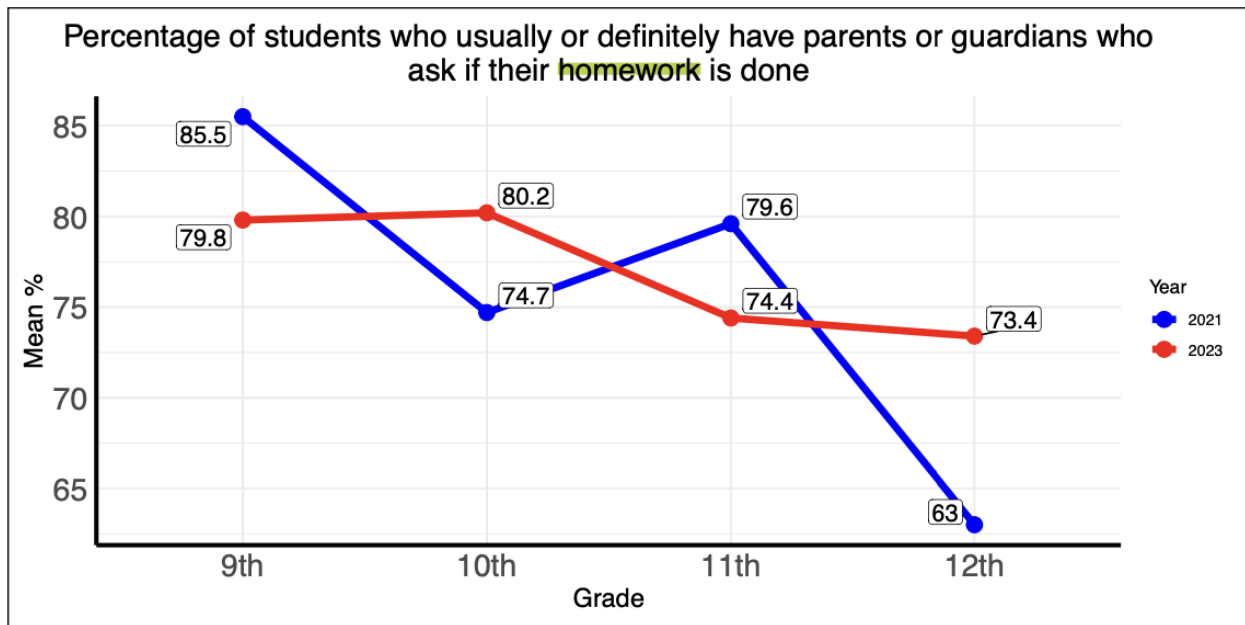
- Average is 93.4%.
- In HS, fewer Bisexual students (86%) than Straight students (94.6%).

HS: Percentage of students who usually or definitely could ask their parents or guardians for help with a personal problem.

- Average is 86.3%.
- In HS, fewer Bisexual (71.1%) and Gay/Lesbian students (71.9%) than Straight students (88.2%).

HS: Percentage of students who usually or definitely have parents or guardians who ask if their homework is done.

- Average is 76.8%, steadily decreasing (from 85.5% in 9th grade to 63.0% in 12th grade).
- In HS, fewer Female students (69.2%) than Male students (81.3%).
- In HS, fewer Hispanic/Latinx students (72.3%) than Multiracial students (77.7%) and White students (81.2%).
- In HS, fewer Bisexual (63.2%) and Gay/Lesbian students (66.3%) than Straight students (78.6%).



HS: Percentage of students who usually or definitely think they would be caught by their parents or guardians for skipping school.

- Average is 86.5%.
- In HS, fewer Bisexual (80.2%) and Gay/Lesbian students (72.4%) than Straight students (87.1%).

HS: Percentage of students who usually or definitely have chances to do fun things with their parents or guardians.

- Average is 84.9%.

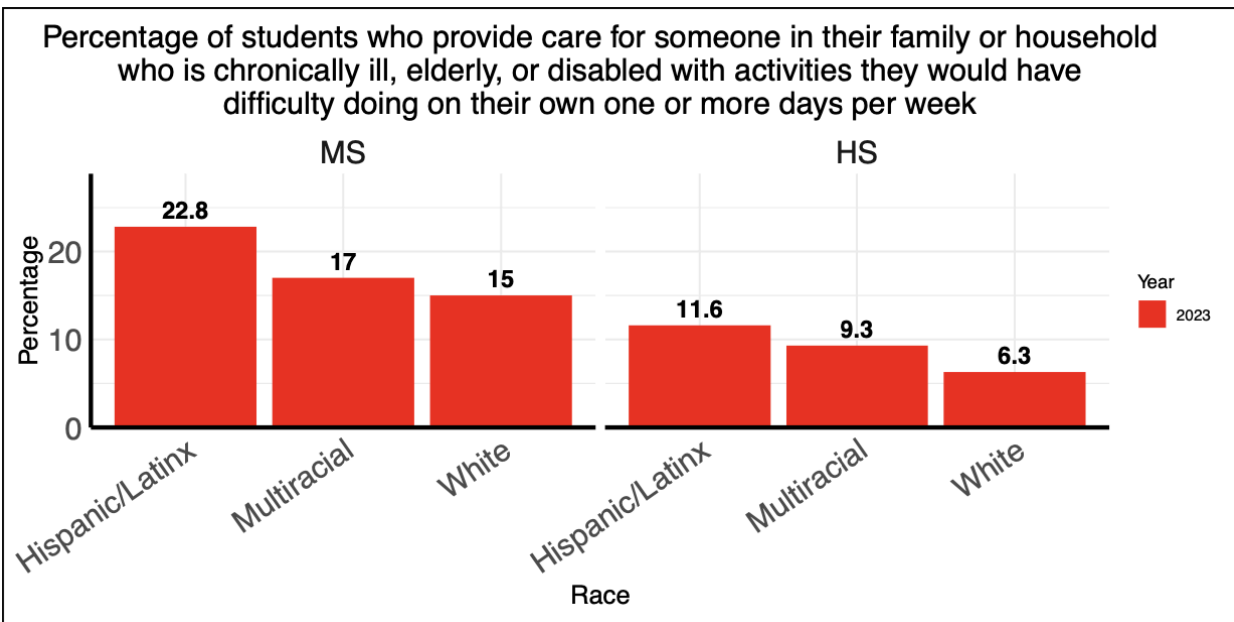
HS: Percentage of students who usually or definitely have parents or guardians who ask them what they think before most family decisions.

- Average is 72.7%.
- In HS, fewer Bisexual (50.6%) and Gay/Lesbian students (56.6%) than Straight students (75%).

MS/HS: Percentage of students who usually or definitely feel safe in their neighborhood.

- Average is 95.1% in MS and 96.4% in HS.

MS/HS: Percentage of students who provide care for someone in their family or household who is chronically ill, elderly, or disabled with activities they would have difficulty doing on their own one or more days per week.



- Average is 18.5% in MS and 9% in HS.
- More Hispanic/Latinx (22.8% in MS and 11.6% in HS) and Multiracial (17% in MS and 9.3% in HS) than White students (15% in MS and 6.3% in HS).

School:

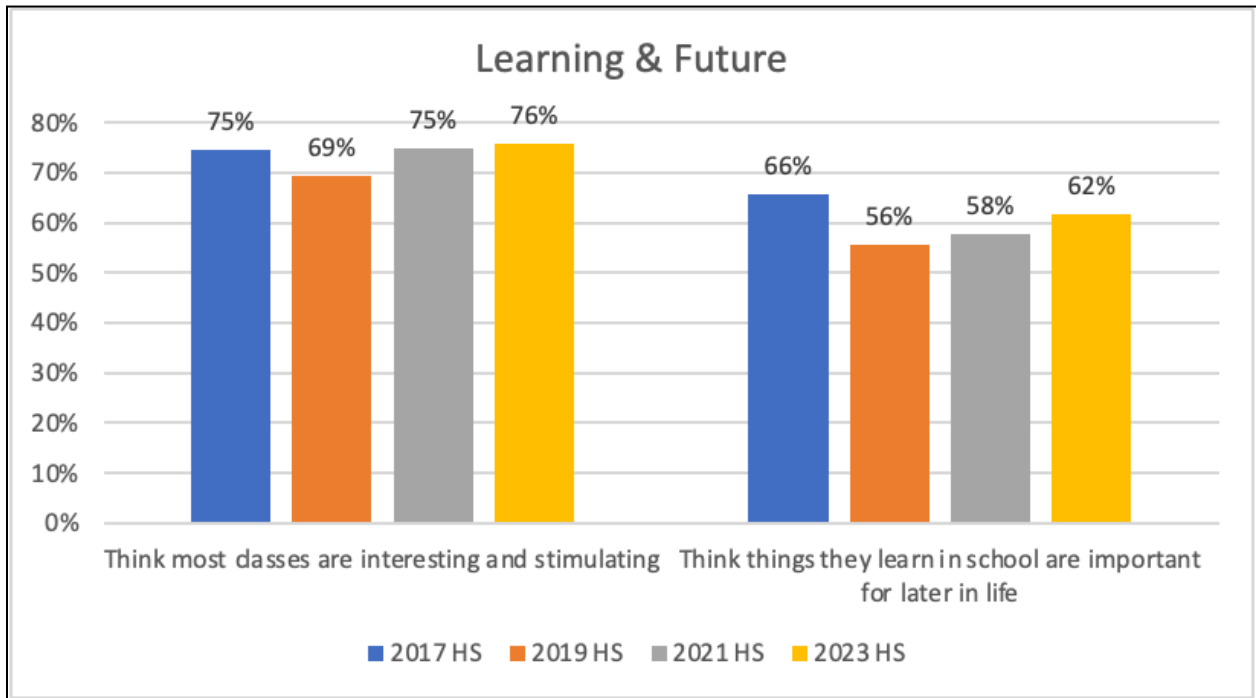
This section focuses on academic behavior in the classroom and future planning of education pathways.

2023 Key Takeaways:

1. Far fewer Female, Hispanic/Latinx, Multiracial, Bisexual youth enjoy and/or feel they belong at school.
2. Fewer Male youth think that school is important and try their best.

Historical Trends:

In 2023, there is not much change in the engagement of students and how important they believe school to be across the various years.



Key results by question:

MS/HS: Percentage of students who usually or definitely think their grades are better than most students in class.

- Average is 64.1% in MS and 70.4% in HS.
- Fewer Hispanic/Latinx (51.4% in MS and 58.7% in HS) and Multiracial students (64% in MS and 65.4% in HS) than White students (75.8% in MS and 81.2% in HS).
- Fewer MS Bisexual students at 49.4%.

HS: Percentage of students who participated in organized community services as a non-paid volunteer one or more times during the past 30 days.

- Average is 26.1%, generally increasing, from 20.3% in 9th grade to 33.3% in 12th grade.
- In HS, about twice as many White students (34.9%) than Multiracial (26.3%) and Hispanic/Latinx students (16.4%).

HS: Percentage of students who skipped one or more whole days of school during the past four weeks.

- Average is 28.5%, increasing, with the largest jump senior year from 26.9% in 11th grade to 35.8% in 12th grade.
- In HS, more Hispanic/Latinx (32.6%) and Multiracial students (31.2%) than White students (24.8%).

HS: Percentage of students who usually or definitely feel safe at school.

- Average is 94.5%.
- In HS, fewer Bisexual students (89.6%) than Straight students (95.2%).

MS: Percentage of students who think it is important or very important to finish high school.

- Average is 96.6%.

HS: Percentage of students who usually or definitely think their school lets their parents or guardians know when they have done something well.

- Average is 45.2%.

HS: Percentage of students who usually or definitely think their teacher notices when they do a good job and lets them know about it.

- Average is 79.5%.

HS: Percentage of students who think most of their classes are fairly, quite, or very interesting.

- Average is 75.0%.

HS: Percentage of students who think the things they are learning in school are going to be important or very important for later in life.

- Average is 61.8%.
- In HS, more Female students (69.8%) than Male students (54.8%).

HS: Percentage of students who most of the time or always tried to do their best work in school over the last year.

- Average is 69.7%, with the largest decrease from 9th to 10th grade.

- In HS, fewer Male students (62.7%) than Female students (78%).
- In HS, fewer Hispanic/Latinx (63.7%) and Multiracial students (65.8%) than White students (76%).
- In HS, fewer Bisexual students (62.3%) than Straight students (70.4%).

HS: Percentage of students who most of the time or always enjoyed being in school over the last year.

- Average is 42.2%.
- In HS, fewer Bisexual students (37.2%) than Straight students (42.5%).

MS/HS: Percentage of students who agree or strongly agree that they belong at their school.

- Average is 72.2% in MS and 71.4% in HS.
- Fewer Female students (61.7% in MS and 68.9% in HS) than Male students (82.3% in MS and 75.2% in HS).
- Fewer Hispanic/Latinx (67% in MS and 68.1% in HS) and Multiracial students (66.9% in MS and 61.1% in HS) than White students (77.8% in MS and 75.5% in HS).
- Fewer Bisexual (50.5% in MS and 65.4% in HS) and HS Gay/Lesbian students (51.4%) than Straight students (74.1% in MS and 73.3% in HS).

HS: Percentage of students who think most of their classes are fairly, quite, or very interesting.

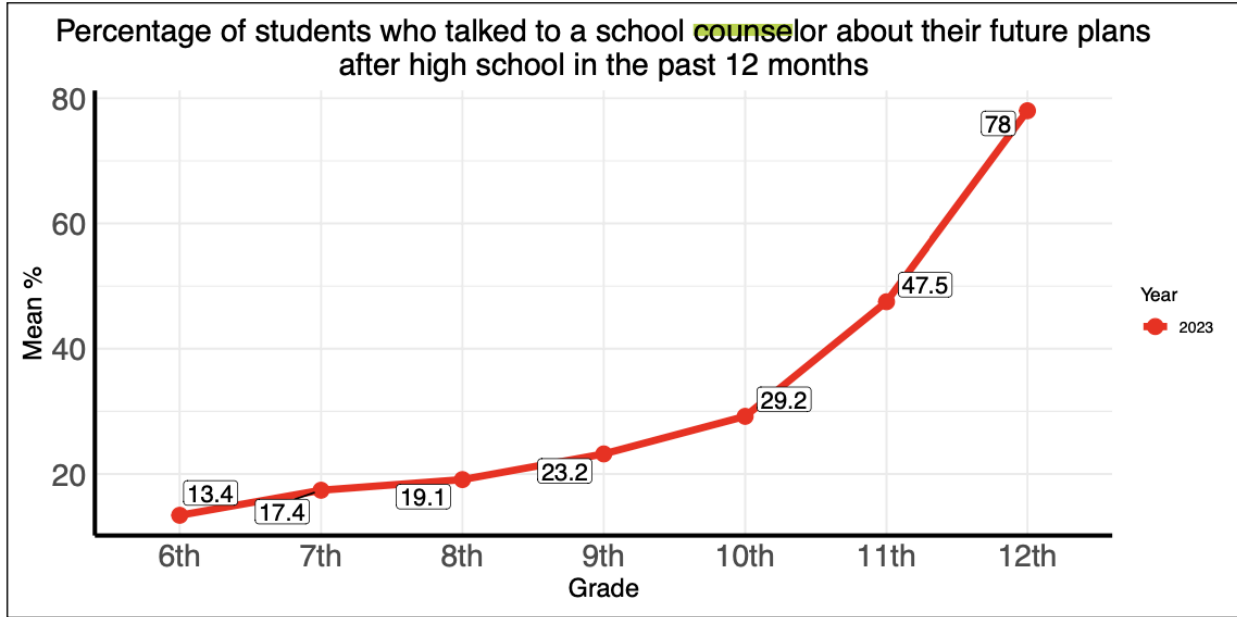
- Average is 75.8%.

MS: Percentage of students who usually or definitely feel safe at school.

- Average is 90.6%.
- In MS, fewer Bisexual students (73.2%) than Straight students (92.2%).

MS/HS: Percentage of students who talked to a school counselor about their future plans after high school in the past 12 months.

- Average is 16.8% in MS and 45% in HS, steadily increasing, from 13.4% in 6th grade to 78% in 12th grade.
- Fewer Male students (12.6% in MS and 42.7% in HS) than Female students (20.6% in MS and 47.9% in HS).



MS/HS: Percentage of students who talked to a teacher about their future plans after high school in the past 12 months.

- Average is 35.3% in MS and 56.9% in HS.
- Fewer Male students (30.7% in MS and 51.6% in HS) than Female students (40.2% in MS and 63.6% in HS).

MS/HS: Percentage of students who talked to an administrator about their future plans after high school in the past 12 months.

- Average is 4.9% in MS and 11.3% in HS, with a large increase from 6.8% in 11th grade to 21.1% in 12th grade.

MS/HS: Percentage of students who talked to a coach about their future plans after high school in the past 12 months.

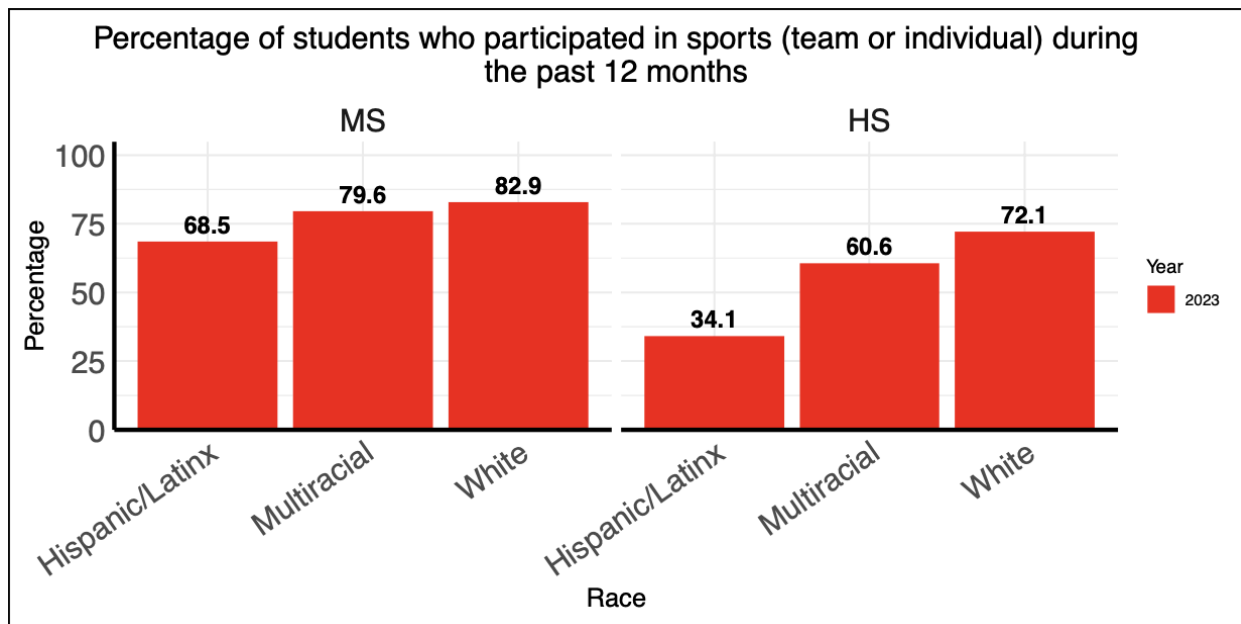
- Average is 12.2% in MS and 20.8% in HS, steadily increasing, from 8.4% in 6th grade to 27.8% in 12th grade.
- Fewer Female students (10.3% in MS and 17.5% in HS) than Male students (14.4% in MS and 24.2% in HS).
- In HS, fewer Hispanic/Latinx students, at 9.8%.

MS/HS: Percentage of students who talked to another school staff member (who is not a school counselor, teacher, administrator, or coach) about their future plans after high school in the past 12 months.

- Average is 8.6% in MS and 13.4% in HS, with a large increase from 10.8% in 11th grade to 21.3% in 12th grade.

MS/HS: Percentage of students who participated in sports (team or individual) during the past 12 months.

- Average is 75.6% in MS and 54.5% in HS.
- Fewer Female students (75.1% in MS and 49.2% in HS) than Male students (77.9% in MS and 60.4% in HS).
- Fewer Hispanic/Latinx (68.5% in MS and 34.1% in HS) and Multiracial students (79.6% in MS and 60.6% in HS) than White students (82.9% in MS and 72.1% in HS).
- Fewer Bisexual (53.5% in MS and 34.1% in HS) and HS Gay/Lesbian students (33.3%) than Straight students (78.9% in MS and 57.6% in HS).

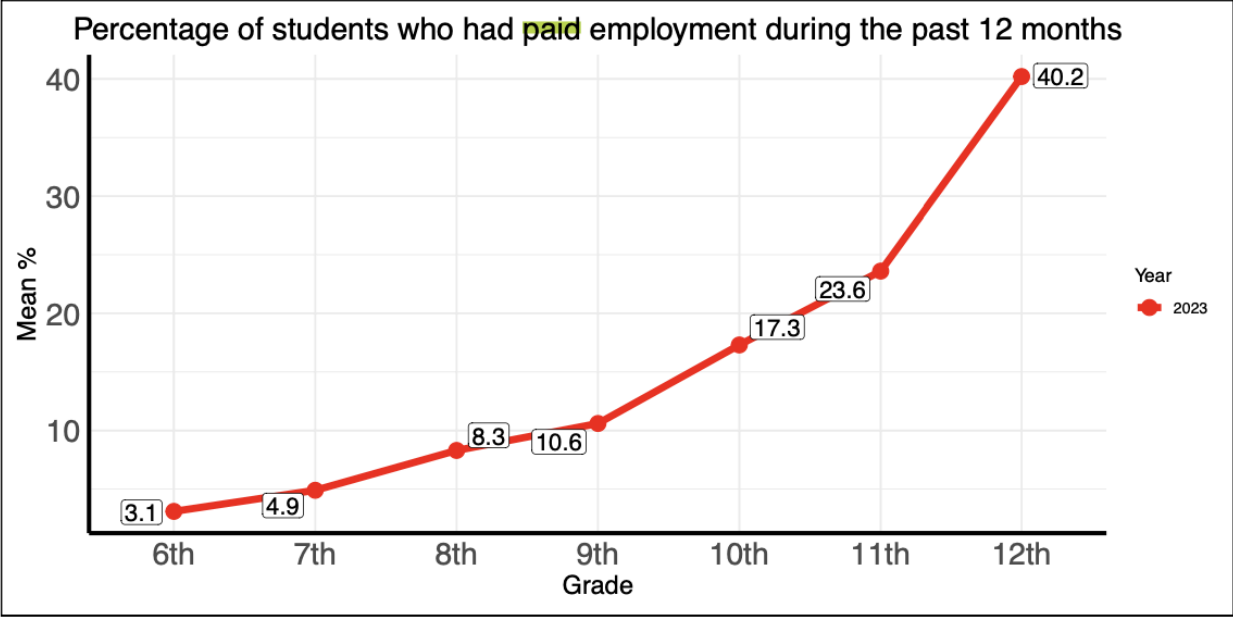


MS/HS: Percentage of students who participated in sports, band, drama, clubs, or student government at school during the past 12 months.

- Average is 87.8% in MS and 64.5% in HS, steadily decreasing, from 89.5% in 6th grade to 59.9% in 12th grade.
- Fewer Hispanic/Latinx (83.3% in MS and 42.8% in HS) and Multiracial students (87.9% in MS and 70.3% in HS) than White students (92.7% in MS and 83.2% in HS).

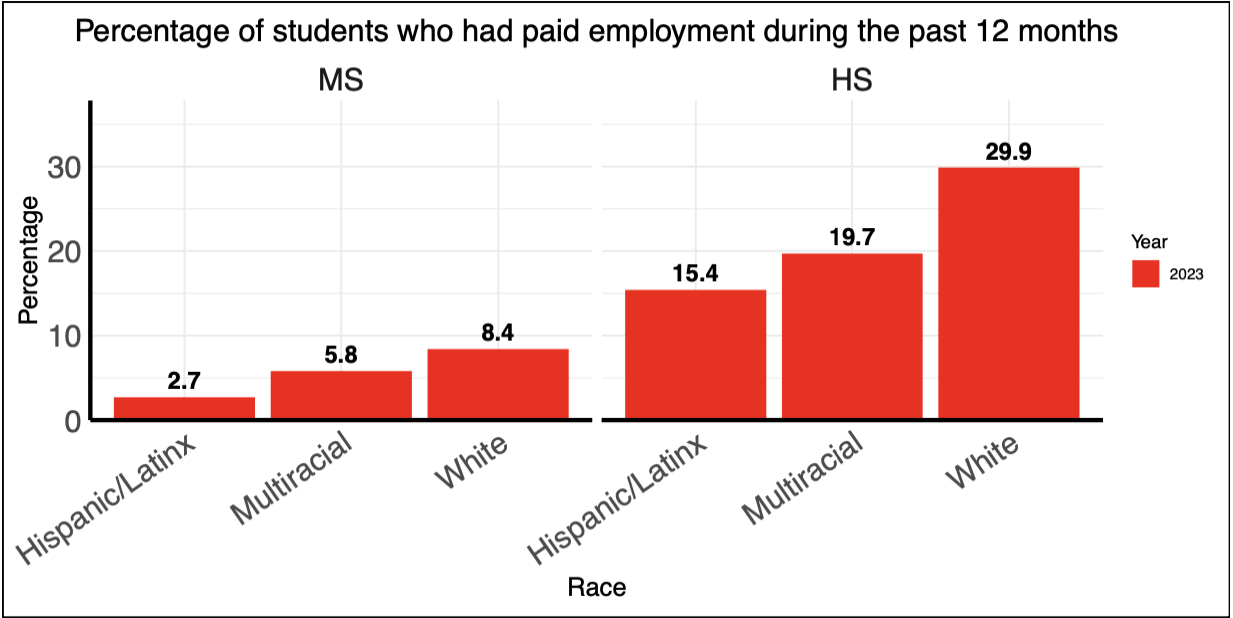
MS/HS: Percentage of students who had paid employment during the past 12 months.

- Average is 5.4% in MS and 22.9% in HS, steadily increasing, from 3.1% in 6th grade to 40.2% in 12th grade.
- Fewer Hispanic/Latinx (2.7% in MS and 15.4% in HS) and Multiracial students (5.8% in MS and 19.7% in HS) than White students (8.4% in MS and 29.9% in HS).



MS/HS: Percentage of students who participated in another activity besides sports, band, drama, clubs, student government, or paid employment during the past 12 months.

- Average is 16.5% in MS and 17.6% in HS.
- Fewer Hispanic/Latinx (12.3% in MS and 11.5% in HS) and Multiracial students (13.3% in MS and 20% in HS) than White students (20.7% in MS and 22.6% in HS).
- In HS, more Bisexual (26.9%) and Gay/Lesbian students (31.3%) than Straight students (16.7%).



MS/HS: Percentage of students who agree or strongly agree that they are supported at school around college and career planning.

- Average is 59.5% in MS and 52.4% in HS.
- Fewer Hispanic/Latinx (55.1% in MS and 44.9% in HS) and Multiracial students (53.5% in MS and 54.1% in HS) than White students (64.3% in MS and 59.4% in HS).
- In MS, far fewer Bisexual students (28.7%) than Straight students (62.3%).

MS: Percentage of students who most of the time or always tried to do their best work in school.

- Average is 76.9%.
- In MS, fewer Male students (73.3%) than Female students (82.3%).
- In MS, fewer Hispanic/Latinx (70.8%) and Multiracial students (75.8%) than White students (84.3%).
- In MS, fewer Bisexual students (64.6%) than Straight students (77.7%).

Other Health Topics:

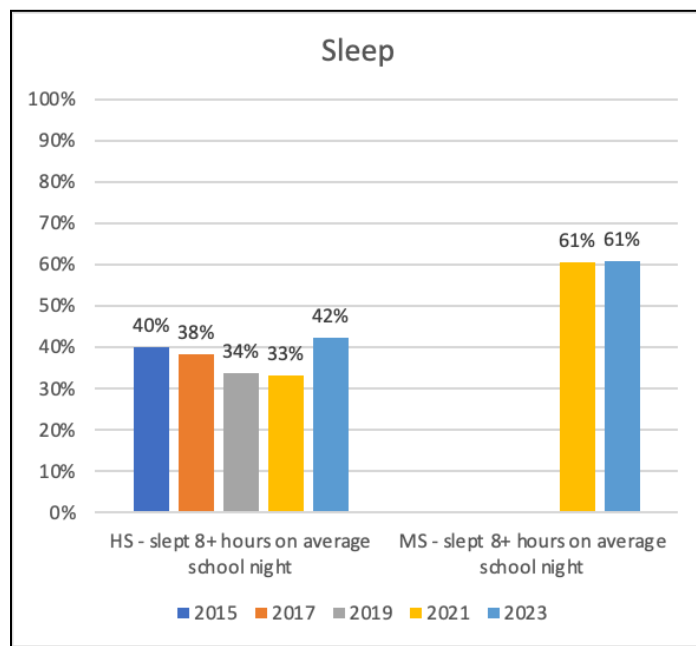
This section focuses on various topics. Some are firearm access, sleep, medical conditions and time outdoors.

2023 Key Takeaways:

1. Youth are sleeping significantly less as they get older.
2. The amount of youth with access to firearms increases as they get older.

Historical Trends:

Although the amount of sleep that youth are getting steadily decreases as they get older, the amount of sleep for high schoolers has improved to better than any previous year. The amount of sleep for middle schoolers has not changed.

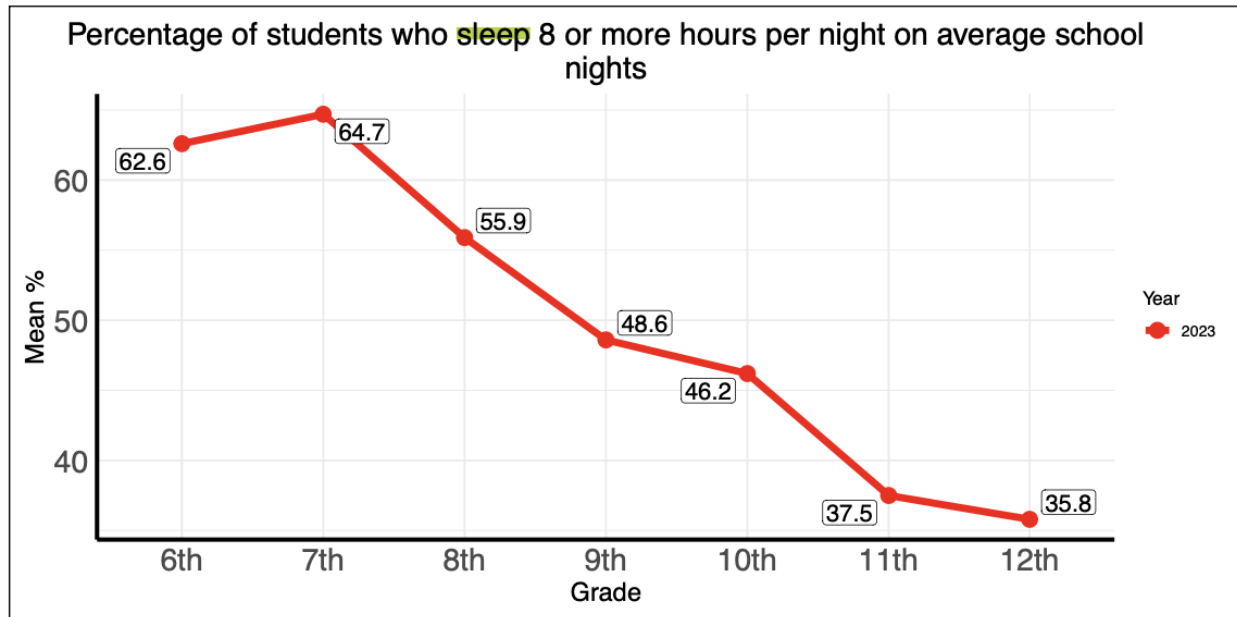


Key results by question:

MS/HS: Percentage of students who sleep eight or more hours per night on average school nights.

- Average is 60.8% in MS and 42.3% in HS, generally decreasing from 62.6% in 6th grade to 35.8% in 12th grade.
- Fewer Female students (57.4% in MS and 36.1% in HS) than Male students (65.6% in MS 48.9%).

- More White (68.3% in MS and 45.3% in HS) and Multiracial students (66% in MS and 41.6% in HS) than Hispanic/Latinx students (53.5% in MS and 38.5% in HS).
- Fewer Bisexual (36.9% in MS 36.7% in HS) and HS Gay/Lesbian students (27.5%) than Straight students (61.6% in MS and 44.1% in HS).



MS/HS: Percentage of students who could fire a loaded gun without adult permission in less than 1 hour.

- Average is 17% in MS and 18.8% in HS.
- More Male students (19.4% in MS and 22.7% in HS) than Female students (14.5% in MS and 14.6% in HS) .
- More White (19.4% in MS and 26.4% in HS) and Multiracial students (14.5% in MS and 24.8% in HS) than Hispanic/Latinx students (14.2% in MS and 9.7% in HS).

HS: Percentage of students who have experienced problems with their mouth or teeth in the past 12 months, not including braces or injuries.

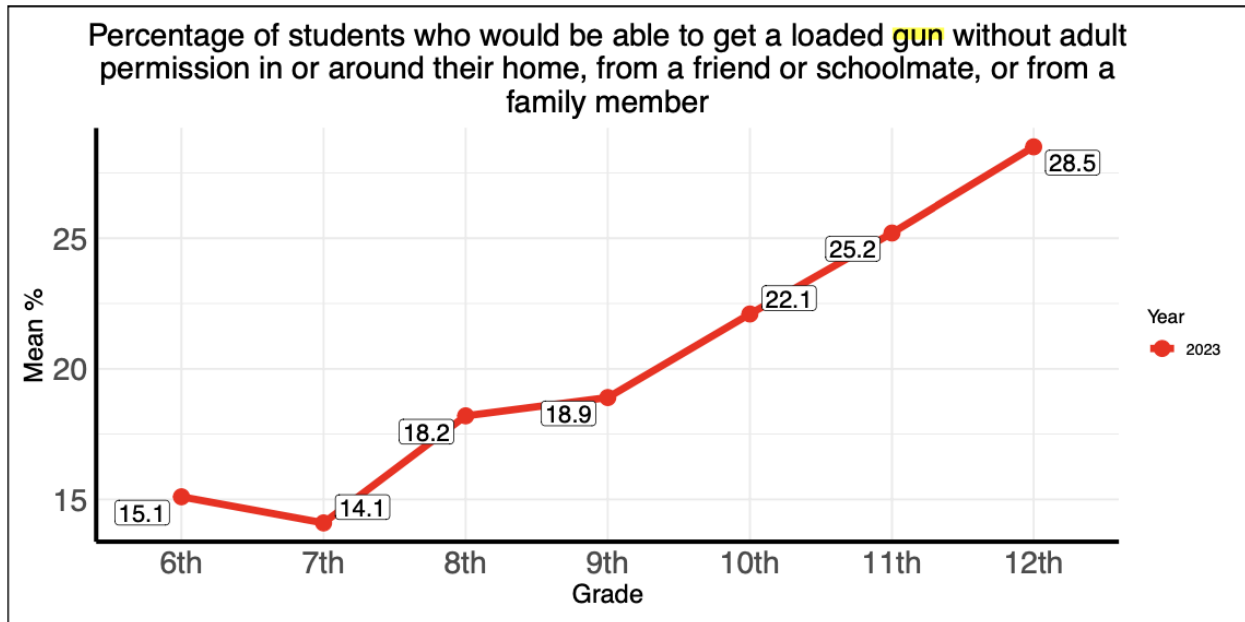
- Average is 23.7%.
- In HS, more Female students (27.1%) than Male students (19.2%).
- In HS, more Multiracial students at 29.3%.
- In HS, more Bisexual students (47.9%) and (49.5%) than Straight students (20.7%).

MS: Percentage of students who had ever been told by a doctor or nurse that they had asthma.

- Average is 8.7% in MS and 15.1% in HS.
- In MS, more Multiracial (13.3%) and Hispanic/Latinx (10%) students than White students (7.7%).

MS/HS: Percentage of students who would be able to get a loaded gun without adult permission in or around their home, from a friend or schoolmate, or from a family member.

- Average is 15.9% in MS and 23.5% in HS, generally increasing, from 15.1% in 6th grade to 28.5% in 12th grade.
- More Male students (19.5% in MS and 26.4% in HS) than Female students (11.6% in MS and 20.6% in HS).
- More White (21.4% in MS and 36.8% in HS) and Multiracial students (17% in MS and 31.5% in HS) than Hispanic/Latinx students (10.7% in MS and 8.4% in HS).



MS/HS: Percentage of students who went outdoors to spend time in nature at least once a week during the past 12 months.

- Average is 8.4% in MS and 9.5% in HS.
- Fewer Male students (5.1% in MS and 8.5% in HS) than Female students (11% in MS and 10.6%).
- Fewer White (2.4% in MS and 3.9% in HS) and Multiracial students (4.5% in MS and 11.6% in HS) than Hispanic/Latinx students (14.3% in MS and 15.6% in HS).
- Fewer Straight students (7.6% in MS and 9% in HS) than Bisexual students (24.3% in MS and 18.2% in HS).

Racism:

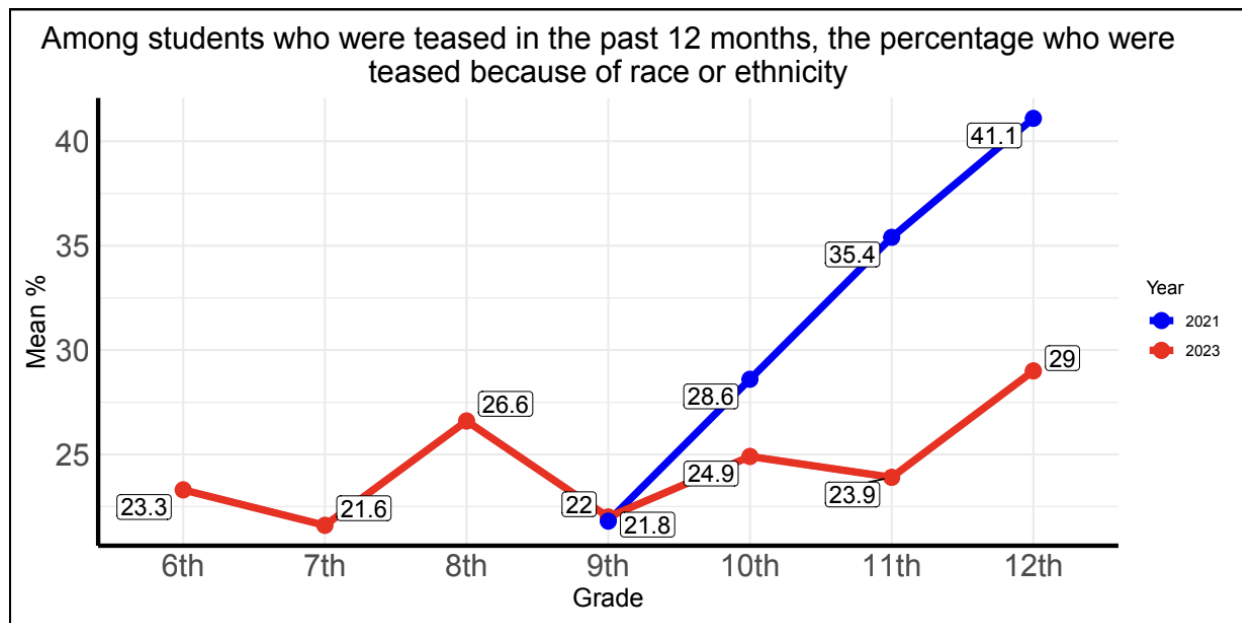
This section focuses on reports of experienced racism in the community.

2023 Key Takeaways:

1. All trends of racism were increasing as youth got older.
2. Far more Hispanic/Latinx and Multiracial youth experience racism than White youth.
3. More Female youth experience racism than Males.
4. Surprisingly, the demographic that reported the most racism was the Bisexual and Transgender community. Given that these variables do not seem to be related to racism, this is likely due to either more directed bullying attacks (some of which are racist) or a higher perception/assumption of attacks from that community.

Historical Trends:

There are no major changes in this topic except for those teased because of race or ethnicity. There was a significant improvement in 2023 from 2021 in the number of youth experiencing race based bullying.



Key results by question:

MS/HS: Percentage who were treated badly or unfairly in school because of their race or ethnicity in the past 12 months.

- Average is 6.2% in MS and 3.4% in HS.

- More Female students (7.1% in MS and 4.6% in HS) than Male students (5.5% in MS and 2.5% in HS).
- More Hispanic/Latinx students (9.4% in MS and 4.2% in HS) and Multiracial students (7.1% in MS and 7.4% in HS) compared to White students (3% in MS 2% in HS).
- More Bisexual students (11.5% in MS and 9.8% in HS) than Straight students (6% in MS and 9.8% in HS), although, this does not seem to be a variable related to Racism.

MS/HS: Percentage who were watched closely or followed by security guards or store clerks at a store or mall because of their race or ethnicity in the past 12 months.

- Average is 2.7% in MS and 3% in HS.
- More Female students (3.2% in MS and 3.8% in HS) than Male students (2.2% in MS and 2% in HS).
- More Hispanic/Latinx (4.5% in MS and 5% in HS) and Multiracial (no data in MS and 7.4% in HS) than White students (1.1% in MS and 0.8% in HS).
- In HS, more Bisexual students (3.8%) than Straight students (2.8%).

MS/HS: Percentage who were assumed less intelligent because of their race or ethnicity in the past 12 months.

- Average is 4% in MS and 6.8% in HS, steadily increasing from 3% in 6th grade to 8.2% in 12th grade.
- More Female students (4.1% in MS and 3.4% in HS) than Male students (9% in MS and 4.5% in HS).
- More Hispanic/Latinx (5.6% in MS and 11.5% in HS) and Multiracial (5.4 in MS and 9.7% in HS) than White students (2.4% in MS and 2.1% in HS).
- More Bisexual (9.1% in MS and 11.6% in HS) and HS Transgender students (10.2%) than Straight students (3.6% in MS and 6.3% in HS).

MS/HS: Percentage who saw family members treated unfairly because of their race or ethnicity in the past 12 months.

- Average is 5.3% in MS and 8.2% in HS, generally increasing, from 3.9% in 6th grade to 10.9% in 12th grade.
- More Female students (7.2% in MS and 11.2% in HS) than Male students (3.3% in MS and 5.2% in HS).
- More Hispanic/Latinx (8.6% in MS and 15% in HS) and Multiracial (11.1 in MS and 11.2% in HS) than White students (1.3% in MS and 1.3% in HS).
- More Bisexual (14.3% in MS and 13.5% in HS) and HS Transgender students (12.2%) than Straight students (5% in MS and 11.6% in HS).

Body Image & Eating Disorders:

This section focuses on body image and how it affects behavior related to physical activity, food and substances.

2023 Key Takeaways:

1. Female, Multiracial, Hispanic/Latinx, Bisexual and Gay/Lesbian youth struggle with body image and eating disorders more than other youth.
2. Generally, as students get older they struggle more with body image and physical appearance.

Historical Trends:

The questions were slightly different this year, making comparison difficult.

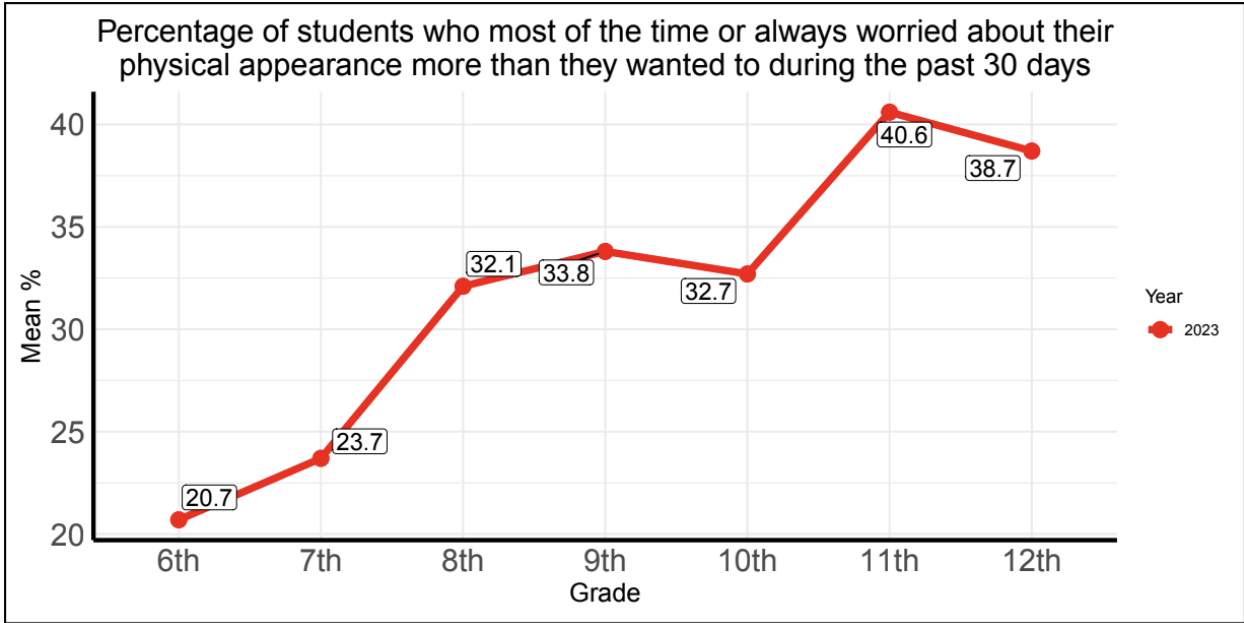
Key results by question:

MS/HS: Percentage of students who most of the time or always felt confident with their body image during the past 30 days.

- Average is 55.6% in MS and 51.2% in HS.
- More Male students (62.5% in MS and 61.7% in HS) than Female students (48.9% in MS and 39.8% in HS).
- In MS, fewer Hispanic/Latinx students at 45%.
- Far Fewer Bisexual students (26% in MS and 25.9% in HS) than Straight students (57.4% in MS and 54% in HS).

MS/HS: Percentage of students who most of the time or always worried about their physical appearance more than they wanted to during the past 30 days.

- Average is 25.7% in MS and 36.2% in HS, generally increasing, from 20.7% in 6th grade to 38.7% in 12th grade.
- More Female students (36.5% in MS and 46.7% in HS) than Male students (16.2% in MS and 26.3% in HS).
- In HS, more Multiracial students (46.8%).
- Far More Bisexual (49.8% in MS and 62.6% in HS) and HS Gay/Lesbian students (61.8%) than Straight students (24.7% in MS and 33.6% in HS).



MS/HS: Percentage of students who tried to lose weight or keep from gaining weight by going without eating for 24 hours or more; taking any diet pills, powders, or liquids; vomiting or taking laxatives; or skipping meals during the past 30 days.

- Average is 18.5% in MS and 20.1% in HS,.
- More Female students (22.4% in MS and 27.3% in HS) than Male students (14.4% in MS and 13% in HS).
- More Hispanic/Latinx (27.3% in MS and 21.3% in HS) and Multiracial students (22.9% in MS and 28.8%) than White students (9.8% in MS and 18.4%).
- More Bisexual (55.4% in MS and 41.7% in HS) and HS Gay/Lesbian students (32%) than Straight students (16.2% in MS and 18% in HS).

Extra Questions:

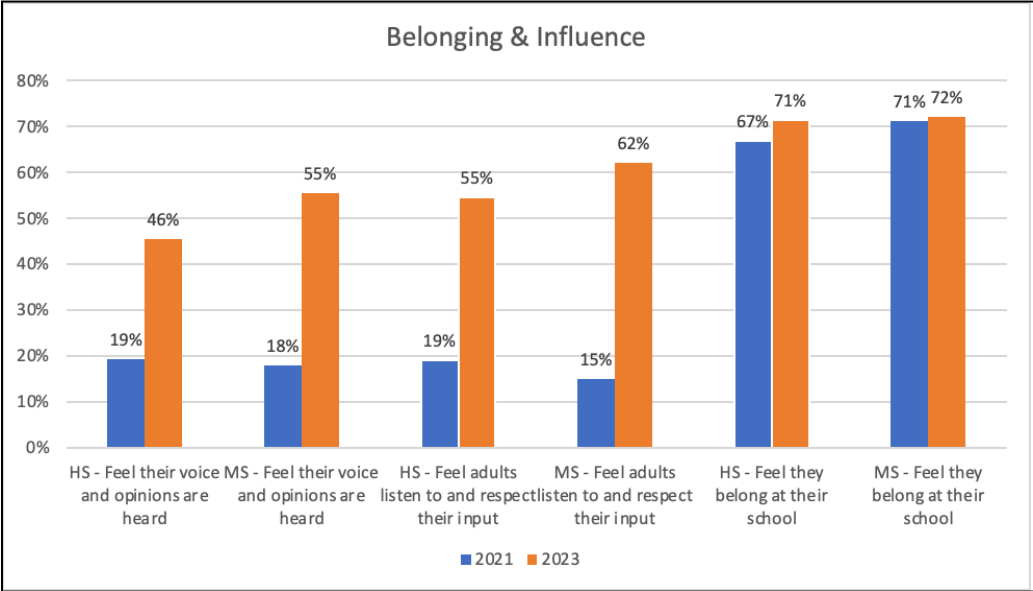
This section focuses on remaining miscellaneous questions, related to community and belonging.

Key Takeaways:

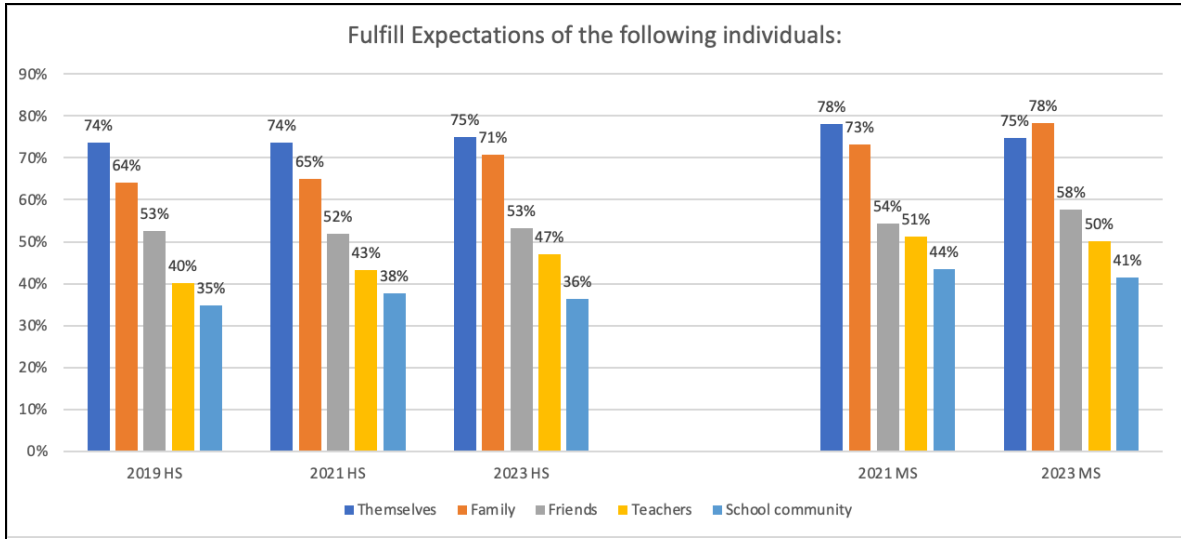
- 1. Fewer Hispanic/Latinx, Multiracial and Bisexual students feel that they are fulfilling the expectations of others in their school/community/family.

Historical Trends:

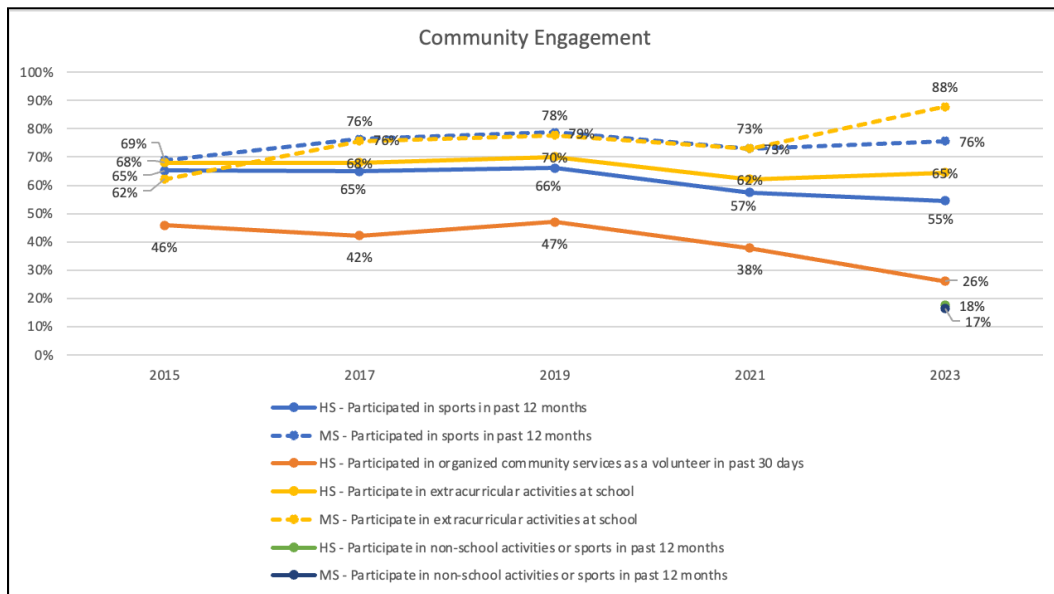
In 2023, there is a dramatic improvement in the amount that youth feel their voice is heard and the amount they feel respected by adults. There is also a slight improvement in the amount that they feel they belong at school.



In 2023, youth are also experiencing that they are fulfilling more expectations from friends, and family compared to 2021. They are feeling like they are fulfilling fewer expectations from themselves and teachers, and school however. This is an improvement in expectations outside of school and a reduction inside of school.



In 2023, the community engagement is generally improving, except for high school youth participating in organized community services. The largest improvement is middle school youth in extracurriculars.



Key results by question:

MS/HS: Percentage of students who believe that most of the time they fulfill the expectations for themselves.

- Average is 74.8% in MS and 75% in HS.
- Far fewer Bisexual students (45.6% in MS and 64.7% in HS) than Straight students (77.4% in MS and 76.4% in HS).

MS/HS: Percentage of students who believe that most of the time they fulfill the expectations of their family.

- Average is 78.4% in MS and 70.8% in HS.
- Fewer Hispanic/Latinx (74.5% in MS and 63.7% in HS) and Multiracial students (66.9% in MS and 67.7% in HS) than White students (82.2% in MS and 77.9% in HS).
- In HS, fewer Bisexual students (59.1%) than Straight students (72.3%).

MS/HS: Percentage of students who believe that most of the time they fulfill the expectations of their friends.

- Average is 57.6% in MS and 53.2% in HS.
- Fewer Hispanic/Latinx (45% in MS and 37.2% in HS) and Multiracial students (59.8% in MS and 67.7% in HS) than White students (70% in MS and 68% in HS).

MS/HS: Percentage of students who believe that most of the time they fulfill the expectations of their teachers.

- Average is 50.1% in MS and 46.9% in HS.
- More Female students (55.4% in MS and 52.6% in HS) than Male students (46.8% in MS and 42% in HS).
- Fewer Hispanic/Latinx (34.5% in MS and 31.2% in HS) and Multiracial students (47.1% in MS and 40.7% in HS) than White students (64.6% in MS and 62.1% in HS).

MS/HS: Percentage of students who believe that most of the time they fulfill the expectations of their school community.

- Average is 41.4% in MS and 36.3% in HS.
- Fewer Hispanic/Latinx (25.4% in MS and 20.3% in HS) and Multiracial students (34.7% in MS and 36.3% in HS) than White students (56.3% in MS and 51.8% in HS).

MS/HS: Percentage of students who are likely or very likely to go to an adult to talk about a serious problem if they had one.

- Average is 60.7% in MS and 57.2% in HS.
- Fewer Hispanic/Latinx (52.7% in MS and 54.9% in HS) and Multiracial students (56.6% in MS and 48.3% in HS) than White students (67.7% in MS and 60.2% in HS).
- Fewer Bisexual students (34.6% in MS and 49.3% in HS) than Straight students (62.3% in MS and 58.7% in HS).

MS/HS: Percentage of students who agree or strongly agree that their voice and opinions are heard.

- Average is 55.4% in MS and 45.5% in HS.
- In MS, fewer Female students (49.9%) than Male students (62%).
- Fewer Hispanic/Latinx (44.6% in MS and 37.3% in HS) and Multiracial students (46.5% in MS and 37.7% in HS) than White students (65.2% in MS and 53.3% in HS).
- Fewer Bisexual students (21.3% in MS and 36% in HS) than Straight students (57.4% in MS and 47.2% in HS).

MS/HS: Percentage of students who agree or strongly agree that adults listen to and respect their input.

- Average is 62% in MS and 54.5% in HS.
- In MS, fewer Female students (56.1%) than Male students (69.1%).
- Fewer Hispanic/Latinx (56% in MS and 48.8% in HS) and Multiracial students (46% in MS and 54.2% in HS) than White students (68% in MS and 59.8% in HS).
- Fewer Bisexual (34.6% in MS and 40.5% in HS) and HS Gay/Lesbian students (39.8%) than Straight students (63.95 in MS and 56.5% in HS).

MS/HS: Percentage of students who reported having one or more places (hang-out locations) where they feel safe and can socialize.

- Average is 96.8% in MS and 94.9% in HS.

MS/HS: Percentage of students who reported having no places (hang-out locations) where they feel safe and can socialize.

- Average is 3.2% in MS and 5.1% in HS.

MS/HS: Percentage of students who reported having one place (hang-out locations) where they feel safe and can socialize.

- Average is 5.7% in MS and 5.3% in HS.

MS/HS: Percentage of students who reported having two places (hang-out locations) where they feel safe and can socialize.

- Average is 11.5% in MS and 15% in HS.

MS/HS: Percentage of students who reported having three places (hang-out locations) where they feel safe and can socialize.

- Average is 15.9% in MS and 19.3% in HS.

MS/HS: Percentage of students who reported having four places (hang-out locations) where they feel safe and can socialize.

- Average is 9.4% in MS and 8.6% in HS.

MS/HS: Percentage of students who reported having five or more places (hang-out locations) where they feel safe and can socialize.

- Average is 54.2% in MS and 46.7% in HS.

